

Support Groups for the Loss of a Child or Infant

Support groups led by people who understand what you are going through may help you recover from your loss and feel hopeful about your ability to rebuild your life.

Oakland

Compassionate Friends

Offering friendship, understanding, and hope to bereaved families that have experienced the death of a child. <u>https://www.compassionatefriends.org/</u> Chapter Phone Line: (510)-835-3579 Meeting Info: 2nd Tuesday of each month 7:00-9:00pm

Crisis Support Services

A safe and supportive environment for people who are grieving the death of a significant other.

https://www.crisissupport.org/programs/grief-counseling/

Main Line:(510)420-2460Confidential Line:(800)260-0094

Circle of Care-East Bay Agency for Children

Circle of Care offers a variety of support services to children and families including families impacted by the death of a parent or sibling including sudden loss.

https://www.ebac.org/services/circle-support.aspPhone:(510)268-3770 or (510) 531-7551Email:Info@ebac.org

Camp Erin Oakland

Free grief support weekend in Sonoma County for children and teens, ages 6-17, who are coping with loss. <u>https://hospicebythebay.org/event/camp-erin-youth-</u> <u>retreat-weekend/</u> Phone: (415) 230-6310

Sutter VNA and Hospice

(Emeryville, Oakland, San Leandro), https://www.sutterhealth.org/services/home-healthhospice/grief-bereavement-support (510) 450-8596

When you or someone you care about is coping with the loss of a loved one, the grief can feel overwhelming. You are not alone. Sutter Care at Home is here for you with a range of individual and group support services for all ages.

Bay Area

Hope Hospice - Children's & Family Grief Services

6500 Dublin Blvd., Ste 100 Dublin, CA 94568 <u>http://hopehospice.com</u> (925) 829-8770

Centre for Living with Dying (Santa Clara)

https://www.billwilsoncenter.org/services/all/living.html (408) 243-0222 Offers individual and group support for adults, children and families.

Josie's Place for Bereaved Youth and Families

(415) 513-6343

https://josiesplace.org/

Josie's Place provides facilitated peer-support groups to children and teens in the San Francisco Bay Area who are grieving the death of a parent, sibling, close relative or friend. Our groups offer a safe environment for the expression of feelings and thoughts about the death of a loved one. Trained facilitators assist participants in the healing process.

Bay Area Jewish Healing Center

(415) 750-4197

https://jewishhealingcenter.org/

Offers bereavement spiritual support groups, individual counseling, healing prayer and bereavement camp for children and families.

Hospice East Bay

https://www.hospiceeastbay.org/about/service-area Offering emotional, spiritual, and grief support for the entire family



Support Groups for the Loss of a Child or Infant

National

Centering Corporation

(866) 218-0101 https://centering.org/

A non-profit organization dedicated to providing education and resources for both professionals and the families they serve. Provides books, magazines and workshops on grief and loss for caregivers and families.

The Dougy Center

(866) 775-5683 https://www.dougy.org/

Provides grief support resources specifically for grieving children, teens and their families. Offers an excellent selection of relevant books, brochures and suggested activities, as well as connections to nationwide centers offering grief counseling and related services.

Actively Moving Forward® (AMF)* HealGrief

The AMF App provides a national network of young adults all connected, heard, and understood by other like-minded young adults grieving a similar death loss, in a way young adults communicate best, digitally, and 24/7. All through the App, community members have access to facilitated virtual support groups, tools, resources, reading, videos, supportive quotes, community engagement via direct messaging, group chats, posts, and interactive comment boards that bereavement care professionals monitor. 888-489-9654

https://healgrief.org/amf-app/

National

Bereaved Parents of the USA

https://www.bereavedparentsusa.org/

Founded in 1995 by a group of bereaved parents from across the country to offer support, understanding, encouragement and hope to fellow bereaved parents, siblings and grandparents after the death of their loved one. BPUSA Virtual Bereaved Sibling Chapter is hosting a monthly Zoom meeting on the last Thursday of every month at 8 pm EST. Please email <u>bpvirtualsiblingchapter@gmail.com</u> for the zoom link.

Comfort Zone Camp*

(804) 377-3430

http://www.comfortzonecamp.org

Comfort Zone Camp is a nonprofit 501(c)3 bereavement organization that transforms the lives of children who have experienced the death of a parent, sibling, or primary caregiver. Our programs are free of charge and include trust building activities and agebased support groups that break the emotional isolation grief often brings. Comfort Zone's programs are offered to children ages 7-17, and their families for the family programs, plus we offer young adult programs for 18-25 year old's.

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