

News from: **City of Oakland** **FOR IMMEDIATE RELEASE**

September 12, 2020

City of Oakland Opens Respite Centers in Response to Unhealthy Air Quality

Oakland — On Friday, the City of Oakland activated respite centers in response to unhealthy air quality stemming from the ongoing wildfires in the region.

Today, the City is opening two additional sites that will operate at least through Sunday. These new locations will also be staffed by disaster service workers from the City of Oakland.

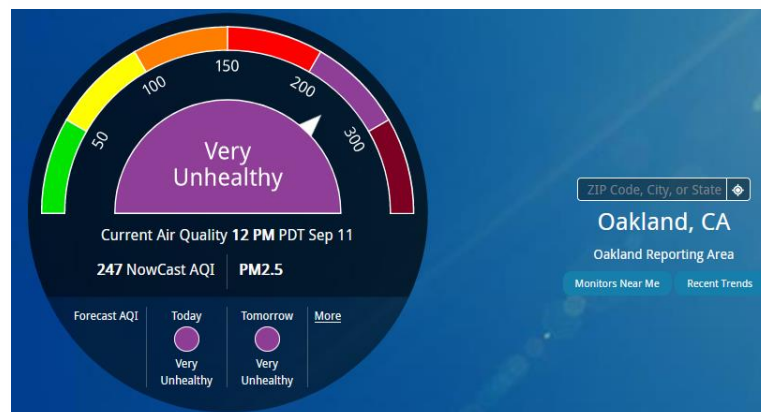
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Respite Locations in Oakland:

- **81st Street Library:** 1021 81st Ave., Oakland, 1 pm – 7pm
- **St. Vincent de Paul:** 2272 San Pablo Ave., Oakland, 9 am -3 pm
- **Dimond Library:** 3565 Fruitvale Ave., Noon – 7 pm
- **North Oakland Senior Center:** 5714 Martin Luther King Jr. Way, Noon – 5 pm

As of 9 am: The Air Quality Index (AQI) was 183, which is considered Unhealthy. The AQI is forecast to reach Very Unhealthy status later today.



People with heart or lung disease, older adults, children and teens – take any of these steps to reduce your exposure:

- Avoid strenuous outdoor activities.
- Keep outdoor activities short.
- Consider moving physical activities indoors or rescheduling them.

Everyone else – take any of these steps to reduce your exposure:

- Choose less strenuous activities (like walking instead of running) so you don't breathe as hard.
- Shorten the amount of time you are active outdoors.
- Be active outdoors when air quality is better.

Information on ongoing air quality in the area can be found on the Air District website, <http://baaqmd.gov>, and residents are encouraged to visit <http://acphd.org/air-quality.aspx> for health and safety tips.

For updates on available Respite Centers, please visit the City of Oakland website, <https://www.oaklandca.gov/>.

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