

Mayor's Commission on Aging
City of Oakland Human Services Department
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City of Oakland Mayor's Commission on Aging

February 5, 2020 at 10:00 a.m.
North Oakland Senior Center
5714 Martin Luther King Jr. Way
Oakland, CA 94609

Special Meeting - Annual Retreat

Minutes

1. Call to order at 09:00 a.m. by Chairperson Bryan Ricks
2. *Quorum Met* (See Exhibit A)
3. **Approval of minutes**

Motion to approve minutes by Commissioner Jacqueline N. Phillips, second by Commissioner Michael Coleman

- All in favor:
- Ayes – All
- Any oppose:
- Noes – None the motion was carried by consensus

4. **Agenda Modification and Approval:**

- Agenda Modification – Livable Oakland Retreat Agenda
- Motion to approve Agenda Modification by Commissioner Jacqueline N. Phillips, second by Commissioner Tomye Neal-Madison
 - All in favor:
 - Ayes – All
 - Any oppose:
 - Noes – None the motion was carried by consensus

5. **Public Comments (Limit 3 minutes). Please fill out a speaker card**

- *None*

6. **Reports/Announcements: Commissioners**

- *None*

7. **Beginning of the 2020 Commission on Aging Retreat**

Procedural overview and introductions:

- Scott Means, Human Services Department/Aging and Adult Services Division Manager

Retreat Facilitator:

- Valerie Coleman, Master of Urban + Regional Planning
- www.linkedin.com/in/vcoleman

Livable Oakland Retreat Agenda

Wednesday, Feb 5, 2020, 9 a.m.-3:00 p.m.

North Oakland Senior Center

(5714 Martin Luther King Jr. Way

Oakland, CA 94609

1. BEGINNING OF THE 2020 COMMISSION ON AGING RETREAT

Procedural Overview (Scott)

Introductions (Valerie)

- **Ice breaker.**
- **Roles.**
- **Meeting ground rules & timeline.**

2. HISTORIC OVERVIEW

- **Oakland Aging by numbers (Scott)**
- **WHO 8 domains (Commissioners)**
- **2018 Listening Sessions (Commissioners)**
- **Livable Oakland 3 focus areas**

3. LIVABLE OAKLAND PLAN FACILITATION

Developing a framework to prioritize initiatives (Valerie)

- **Why & what makes a project SMART**
- **WORKING lunch**
- **Agreeing on SMART**

4. RETREAT BREAKOUT RESULTS

HEALTH & WELLNESS/FOOD INSECURITY

Goal: Optimize a healthy life span for all Oaklanders and enable them to thrive

Recommendation: Provide consistent support for food security

Actions: a) Collaborate with providers to develop a real 3-year budget gap analysis b) identify funding sources from existing resources (e.g. Measure AA funding, parking fee fund) c) research opportunity to build a public trust renewable fund support hunger organizations

Recommendation: Assist the city in identifying seniors with medical risk of becoming homeless

Action: Utilize senior centers as healthcare navigation portal for people at higher risk of becoming homeless; b) use senior centers as hubs to reach marginalized populations...become resource center c) rebrand senior centers as “community centers” to reach all Oaklanders (led by what is right for seniors)

Recommendation: Solve for gap areas in which residents have no access to fresh foods, fruits and vegetables

Action: a) extend the reach of Mercy Brown Bag program to add routes in areas with high density of +55 population (low-income areas); b) recommend partnership opportunities between city and local home delivery food providers....also consider larger players (Safeway, Lucky) who may have the infrastructure to provide a stable program faster than upstart providers (like Good Eggs)

COMMUNICATION

Goal: Every Oakland resident can access robust information about senior services in a format that works for them

Recommendation A: Create a central Hub of senior resources that cuts across communication, economic and funding silos

Action 1 Create an RFP recommendation for the City by April 1, 2020

Action 2 Identify potential partners - RFPs due by June 30, 2020

Action 3 Analyze RFPS (data housed, costs, ability to include partners and vetting of partner updates and long-term upkeep costs) by September 1, 2020

Action 4 Make a recommendation to the City of Oakland in October, 2020

Recommendation B: Advocate for permanent funding to support getting information to residents

Recommendation C: Support communication to various information partners to cut through trust/fear issues and promote more robust information available for every Oakland resident

Action 1 Identify and prioritize resource information partners (churches to county to city to door-dash)

Action 2 Convene education groups

Recommendation D: Support information distribution in various formats and languages

Recommendation E: Support a campaign to Oakland Residents

HOUSING

Goal: Keep Seniors in Housing

Recommendations: Keep seniors in housing through monitored shared housing program which gets' potential roommates and supports their rental relationship

Actions: 15-month pilot program that we have funding for. Need to produce an RFP and choose the best service provider for this program. Then we need to find continued funding and maintain this program

Goal: Seniors have access to information about vetted home repair services and supports for safety modifications to their homes

Recommendation: Develop a paper and online directory for seniors. Connect with Rotary and other volunteer groups to coordinate home repairs. Connect with AARP to see if there is a model out there that we can use. Investigate the equity of the current Home Repair Program in the City of Oakland - potential to connect with a Policy student on a project on this subject.

Actions: Map current resources for seniors. By June 2020 map current resources and establish these partnerships.

Goal: Seniors have a voice in the decisions around housing in Oakland.

Recommendation: Better engagement with SPUR and Oakland United Seniors.

Actions: Establish a liaison to these groups, identify meetings where Senior voice is needed, share agendas and other information about current happenings with these groups, recruit seniors from these groups and others to attend meetings and make public comments.

Goal: Support the Mayor's mandate on homelessness

Recommendation: Learn more about the mandate and the actions being taken to carry it out. Engage seniors around these actions and listen to their recommendations.

Action: Host a listening session specific to the mandate on homelessness.

OPEN SPACE

Goal:

To have Oakland Public Spaces open, welcoming, engaging, and safe for all ages.

Recommendations(s):

Signage visible at all times (parks, streets, buildings, etc.)

Streetlights for safety.

Street crossing lights - buttons consistent at all crossings! (some change without being pushed, some never change unless they're pushed, but there's no way to know which ones are which).

Exercise equipment available and accessible for all ages and abilities.

Actions(s):

Create collaboration between various city departments that have jurisdiction over these.

Public

Works

Traffic

Planning Department &

Commission Parks and Recreation

Parks and Recreation Foundation

Study the actual rules and regulations pertaining to recommendations.

Gain community support.

Set a meeting with the various departments, our committee, and the community.

Contact Tanya Bustamante of Berkley, working on same issues.

Timeline:

Within a month of this retreat.

Support efforts to enhance park accessibility and safety.

Look for opportunities for Commission on Aging involvement. Convene ad-hoc committee to identify next steps.

NEXT STEPS.

5. SUSTAINABILITY ROAD MAP

6. IN CLOSING

7. Meeting Adjourned

Exhibit A – Mayors Commission on Aging Annual Retreat

February 5, 2020

Roll Call

Quorum Established Yes X	Present	Excused Late	Arrived Late	Leave Early	Absent	Excused	NonVoting Status
Members Present 11							
Chairperson Bryan Ricks	X						
Vice Chairperson Martha (Mattie) Scott	X						

COMMISSONERS

Asha Beene-Clarke	X						
Michael Coleman	X						
Dianna Garrett	X						
Toni Gomez	X						
Shannon McDonnell	X						
Cheryl Moore	X						
Tomye Neal-Madison	X						
Jacqueline N. Phillips	X						
Jennifer Seibert	X						

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