



Michael C. Post, M.D.

*Diplomate, American Board of Physical Medicine & Rehabilitation
Diplomate, American Board of PM&R Subspecialty of Pain Management
Diplomate, American Board of Pain Medicine
Qualified Medical Examiner*

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EDUCATION

UNDERGRADUATE: Colgate University
Hamilton, New York
B.A. Biology, 1981-1985

MEDICAL SCHOOL: State University of New York
Syracuse, New York
Doctor of Medicine, 1985-1989

INTERNSHIP: Preliminary Medicine Internship
Cornell University Affiliated Hospitals:
North Shore University Hospital
Sloan-Kettering Cancer Center

RESIDENCY: Department of Rehabilitation Medicine
Stanford University Medical Center
Affiliated Hospitals:
Stanford University Hospital
Palo Alto Veteran's Hospital
Santa Clara Valley Medical Center
St. Mary's Hospital

HONORARY APPOINTMENTS

Active-Affiliate
Good Samaritan Hospital
San Jose, California

Chief Resident, Department of Physical Medicine and Rehabilitation
Stanford University Medical Center
Stanford, California, 1992-1993

Resident Liaison, Physical Medicine and Rehabilitation
Santa Clara Valley Medical Center
April 1996 to present

Adjunct Clinical Faculty
Stanford University Medical Center
1996 to 2011

EMPLOYMENT EXPERIENCE

Chief Medical Officer & Founder
RehabOne Medical Group, Inc
Los Gatos, CA
June 1, 2005 to present

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Michael C. Post, M.D., Inc
Los Gatos, CA
June 1, 2000 to May 31, 2005

EK Health Services
Independent Contractor
Medical Utilization Review
2005 to 2011

Health Education for Living with Pain (HELP)
Formerly Functional Restoration & Chronic Pain Program (FRP)
Independent Contractor for both Programs
Palo Alto & San Jose, CA
1996 to May 2000

Associate Chief, Physical Medicine and Rehabilitation,
Santa Clara Valley Medical Center, San Jose, California
General Rehabilitation and Consultation Service
Medical Director, Valley Pain Management Program
1994 to 1996

Kentfield Rehabilitation Hospital
Kentfield, California
Medical Director of Outpatient Services
Medical Director of Pain Program
1993 to 1994

Kaiser Permanente
Santa Clara, California
Minor Injury Clinic
1991 to 1993

Bay Area Rehabilitation
San Francisco, California
Inpatient Rehabilitation Service
1992 to 1993

M.A.B. Medical
San Jose, California
1992 to 1993

LICENSURE (all current)

California License: #G70217, issued November 5, 1990

DEA: BP2541060, issued November 21, 1994
XP2541060, issued February 9, 2009

CERTIFICATIONS (all current)

Board Certified, American Academy of Physical Medicine and Rehabilitation
#4549, issued May 25, 1994; renewed July 2004 & July 2014

Board Certified, American Board of Pain Medicine
#15996, issued April 1996 (Lifetime)

Board Certified, American Academy of Physical Medicine and Rehabilitation
Subspecialty in Pain Medicine
#76, issued Sept 9, 2000, renewed January 2011

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Diplomate, National Board of Medical Examiners

Qualified Medical Examiner # 925547, issued Sept 1995

CPR & First Aid (through Cintas)

PROFESSIONAL AFFILIATIONS

President California Society of Industrial Medicine and Surgery
February 2005 to January 2006

President, California Society of Physical Medicine and Rehabilitation
May 2004 to May 2005.

President-elect, California Society of Physical Medicine and Rehabilitation
June 2003 to May 2004

Vice President, California Society of Physical Medicine and Rehabilitation
June 2002 to June 2003

District Director, California Society of Physical Medicine and Rehabilitation
June 1999 to June 2002

California Society of Industrial Medicine and Surgery
Past President's Committee

California Society of Physical Medicine and Rehabilitation

American Academy of Physical Medicine and Rehabilitation

California Medical Association

Santa Clara County Medical Association

American College of Occupational and Environmental Medicine

Western Occupational and Environmental Medical Association

TEACHING EXPERIENCE

Pain Medicine Lecture Series Coordinator
Stanford University Department of PM&R
1996 to 2011

Resident Training and Didactic Presentations
Department of Physical Medicine and Rehabilitation
Santa Clara Valley Medical Center, San Jose
1994 to 1996

PRESENTATIONS

How to Manage the Challenging Patient - Panel
California Society of Industrial Medicine & Surgery
June 19, 2015

*Various presentations regarding chronic pain syndromes, anatomy,
musculoskeletal conditions, and job planning*
Stanford Pain Fellows, PM&R Residents and Physician Assistants

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2009 to present

Utilization Review Panel

Functional Restoration Programs Panel

California Society of Industrial Medicine & Surgery

June 2009

Utilization Review Panel

California Society of Industrial Medicine & Surgery

June 2007

AMA Guides: Sleep Disorders, Sexual Dysfunction and Chronic Pain

Northern California Defense Attorney Association

December 10, 2006

Utilization Review

California Society of Industrial Medicine & Surgery

June 10, 2006

Utilization Review

California Society of Physical Medicine & Rehabilitation

April 20, 2006

Conservative Management of Chronic Back Pain:

A New Era in California Worker's Comp

American Academy of Pain Management

San Diego, CA

September 22, 2005

How to become a Quality Medical Legal Evaluator:

Guidelines for the Pain Specialist

American Academy of Pain Management

San Diego, CA

September 22, 2005

Chronic Pain Syndromes

Stanford PM&R Residents

June 2004

Management of Axial Spine Injuries

California Society of Industrial Medicine and Surgery

Annual meeting

June 2004

Permanent Disability

California Society of Industrial Medicine and Surgery

March 2003

Overview of Chronic Pain

California Society of Industrial Medicine and Surgery

Annual meeting

June 2002

Complex Regional Pain Syndrome:

Stanford PM&R Residents

January 2001, August 2002

Panel Physician Rating for Disability:

California Applicants Attorney Assoc

December 2000

Thoracic Outlet Syndrome:
PRN Nurse Case Managers
January 2000

Chronic Pain:
American Osteopathic College of Rehab Medicine
November 1999

Complex Regional Pain Syndrome:
California Bar Association
April 1999

Pain Medicine:
South Bay Industrial Claims Association
November 1998

Chronic Pain and Functional Restoration:
California Society of Physical Medicine
And Rehabilitation Annual Meeting
May 1998

Chronic Pain Syndrome:
Nurse Case Managers
CNA Insurance
San Bruno, CA
October 1997

Chronic Pain:
Stanford Physical Medicine Residents
Stanford University, Stanford, CA
August 1997

Chronic Pain Syndromes: Diagnosis & Treatment Options
Nurse Case Managers
Santa Clara County Medical Association, San Jose CA
June 1996

RING Presentation
Rehab Insurance Nurses Group
Dublin, CA
February 1996

Pain in Multiple Sclerosis
A Multidisciplinary Approach to
Multiple Sclerosis Treatment
MS Society, Millbrae, CA
January 1996

Pain Management
Primary Care Physicians
Valley Health Center, San Jose, CA
October 1995

Occupational Medicine
Physicians and Case Managers
Santa Clara Valley Medical Center, San Jose, CA
October, 1995

Intro to Rehab: Pain Program

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Medicine Grand Rounds
Santa Clara Valley Medical Center, San Jose, CA
July 1995

Shoulder & Elbow Exam
Rehab Grand Rounds, Resident Workshop
Santa Clara Valley Medical Center, San Jose, CA
May 1995

Understanding Chronic Pain Management in Worker's Compensation
"Catastrophic Injury - Catastrophic Cost"
18th Annual Neurorehabilitation Conference, San Jose, CA
May 1995

Chronic Pain
In-service, Physical Medicine Staff
El Camino Hospital, Mt. View, CA, March 1995
Pain Lecture Series
Education Day for Nurses/Staff Development
Santa Clara Valley Medical Center, San Jose, CA
February 1995

Concepts in Pain Management
Nursing Education Series - P. Viale, RN
Santa Clara Valley Medical Center, San Jose, CA
February 1995

Chronic Pain Management
Neuro Science Grand Rounds,
Santa Clara Valley Medical Center, San Jose, CA
December 1994

Reflex Sympathetic Dystrophy
Rehabilitation Education Series, Case Managers
Santa Clara Valley Medical Center, San Jose, CA
December 1994

Reflex Sympathetic Dystrophy
North Bay Worker's Comp Association, Marin, CA
June 1994

Carpal Tunnel Syndrome
Kentfield Rehabilitation Hospital, Marin, CA
March 1994

Repetitive Strain Injuries
Kentfield Rehabilitation Hospital, Marin, CA
March 1994

Abdominal Emergencies in Acute Spinal Cord Injury
Post MD, Wilmot CB - Abstract
ASIA Annual Meeting
May 1993

Duchene's Muscular Dystrophy
Palo Alto Veteran's Hospital, Palo Alto, CA
May 1992

Acute Abdomen in Spinal Cord Injury

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Santa Clara Valley Medical Center, San Jose, CA
April 1992

Post-Polio Syndrome
Palo Alto Veteran's Hospital, Palo Alto, CA
October 1991

PUBLICATIONS

California Worker's Compensation Enquirer
January 1997 Neck pain
February 1997 Shoulder pain
January 1998 Hip pain and injuries

California Society Physical Medicine and Rehabilitation – PULSE
July 2004 President's message
December 2004 President's message
March 2005 President's message

SPECIAL SEMINARS ATTENDED

Division of Workers' Compensation Annual Conference
Oakland, CA
February 28th and March 1st, 2019

Traumatic Brain Injury Seminar
California Applicants' Attorneys Association
Napa, CA
March 9th and 10th, 2019

CSIMS Town Hall Meetings
California Society of Industrial Medicine & Surgery
Oakland and San Jose
February 2009; February 2010; February 2011

*2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2015, 2017, 2018
Mid-Summer Seminar*
California Society of Industrial Medicine & Surgery
Various Locations

2005, 2006, 2007, 2009, 2010, 2011, 2012, 2019 Annual Meeting
California Society of Physical Medicine & Rehabilitation
Various Locations

2006 Annual Meeting
California Defense Attorneys Association
Monterey, CA
December 3, 2006

2006 Annual Rating Seminar
California Applicants' Attorneys Association
Monterey, CA
December 2-4, 2006

2005 Annual Rating Seminar
California Applicants' Attorneys Association
San Jose, CA
December 3-5, 2005

2004 Annual Rating Seminar

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California Applicants' Attorneys Association
San Jose, CA
December 4-5, 2004

Intro to Computer Assisted Impairment Rating
California Society of Industrial Medicine and Surgery
San Francisco, CA
June 4, 2005

AMA Guides in Workers' Compensation
American Medical Association
San Francisco, CA
November 8-9, 2004

*Clinical Update: Botulinum Toxin Type A in the
Treatment of Back Pain and Muscle Spasm*
University of South Florida
San Francisco, CA
August 9, 2003

Revised 04/19/2017