

Classes for All Ages!

CITY OF OAKLAND PARKS, RECREATION & YOUTH DEVELOPMENT 250 Frank Ogawa Plaza, Oakland, Ca 94612 Suite 3300 510.238-7275

OAKLAND PARKS, RECREATION & YOUTH DEVELOPMENT - OPRYD

Imagine, Inspire and Invest...

Experience Oakland With US!

Letter from the Director



Over the past 5 years, we've worked hard to make sure we deliver quality programs, meet the various needs of Oakland's vibrant communities, intentionally focus on removing any barriers that prohibit access to programs, service and greenspaces, while promoting health and safety for all. We've developed and sustained outstanding partnerships and collaborations that have provided

for the creative expansion of services to serve more participants. While this report highlights many of our tangible accomplishments, we have also worked extremely hard to build and sustain a reputable parks, recreation and youth development culture and environment that supports our park users and our employees. OPRYD has focused on building internal capacity by supporting the professional development of our employees in this field, resulting in many employees now achieving professional designations from the National Parks and Recreation Association (NRPA) and the National Afterschool Association (NAA).

Because we have been laser-focused on Oakland's youth, we have experienced a tremendous increase in program participation across the city. Reported pre-Covid numbers show OPRYD serving approximately 1,000 youth daily through our signature summer camp experience, "Town Camp" and approximately 800 youth daily in our new afterschool enrichment programs "Neighborhood Town Camp."

I am extremely proud of our entire OPRYD team as we were present on the front lines and serving our most vulnerable populations as the COVID 19 pandemic swept through the East Bay. We served over 2 million meals and provided safe spaces for youth and families who didn't have any other options.

Now, as we prepare for year three of COVID –19 related concerns, we are still opening our doors for youth and other program participants, we are planning for Town Camp 2022, we are safely back on the fields, back in the gyms, back in the dance and fitness studios, and back in our arts and culture programs. As we pay close and special attention to local health trends, we will continually monitor and be prepared to implement necessary safety protocols and procedures.

The future is bright for OPRYD and our patrons. Thanks to the passing of Oakland's Measure Q, the parks are improving. We are pleased with our relationship and partnership with Oakland Public Works as the responsible agency for the maintenance and capital improvement of Oakland's Parks and Recreational facilities.

The pandemic driven experiences of the past several months have elevated the understanding that parks, recreation and greenspace provide opportunities for positive mental health and for safe human connections. We welcome you to come and see for yourself. Our parks are open and inviting and waiting for you to come and enjoy the magic of being outdoors.

Overall, we continue to adapt to change in order to safely deliver services and dynamic programs to Oakland youth and the diverse community. We are confident in both our ability and capacity to change the trajectory for Oakland's kids, and we hold fast to that promise.

Super thankful for our dynamic Assistant Director, Dana Riley, and the whole executive administration team.

-J. Nicholas Williams Director

Facilities &

Amenities Oakland Parks, Recreation and Youth Development is a 107 vear old organization that takes pride in its world famous Wildlife Refuge, beautiful gardens at Lake Merritt, and 50-acre Dunsmuir Hellman Historic Estate with its landmark Carriage House and stunning grounds. Oakland residents and visitors are able to discover an array of other hidden jewels ranging from OPR's largest park - the 500-acre Joaquin Miller Park where joggers enjoy 10 trails featuring spectacular view of the entire Bay Area – to the smallest, the .1-acre Lazear Park where excited neighborhood children find solace in play. OPRYD offers a space for every-

Entities operated by OPRYD:

149 Parks

68 Athletic Fields

42 Tennis Courts

37 Recreation Facilities

24 Recreation Centers

14 Rental Venues

13 Community Gardens

5 Dog Play Areas

5 Pools

4 Skate Parks

3 Golf Courses

2 Boating Centers

2 Outdoor Fitness Courts

1 Digital Arts and Culinary Academy Center

1 Discover Science Center

1 Inclusion Center

1 Center for the Arts

1 Sports Center with Indoor Water Park

1 Studio One Art Center

Rental Facilities Recreation Centers Soutdoor Pools



AADA INCLUSION STATEMENT:

The City of Oakland Parks, Recreation & Youth Development (OPRYD)is fully committed to compliance with the provisions of the Americans with Disabilities Act. Please make accommodation requests at least 10 days prior to event. Direct all inquiries concerning program and disability accommodation to the OPRYD Inclusive Recreation Coordinator at (510) 597-5064 or email: bposada@oaklandca.gov, or call 711 for California Relay Service.

MEET THE OPRYD STAFF



Harith Aleem, Jacqueline Long, Dana Riley, Neil Valle, Donte Watson, Nicholas Williams



Armando Aguilera, Gloria Alcala-Ferguson, Diane Boyd, Jerome Casino, Priscilla Coleman, Mercedes Ervin, Wendy Johnson, Theda Lewis Jean (Yu Chun) Lin, Gail McMillon, Susan O'Brien, April Oliver, Alan Phan, Hank Phan, Zermaine Thomas, Jovita Zarate



Cynthia Armstrong, Elena Bermeo, Justice Bolden, Vinzuela Bolden, Myka Hammock, Maribel Lopez, Marcelina Sanchez, Marc Weinstei



Jessica Bustos, Rebecca Chhom, Breht Clark, Gilbert Gong, Armond Gray, George Henderson, Asmerom Kidane, Angelica Lopez, Greg McClain Carmen Medina, Alonna Mellion, Claytoven Richardson, Tony Sirivongsa, Kola Thomas, Carlos Vargas, Alethia Walker, Terri Westbrook, Rodney Williams



Program Directors: William Davis Jr., Gabriel Gipson, Vanderville Lewis, Frederick Morris III, Preston Pinkney, Bianca Posada, Margarita Rodriguez, Stephanie Siles



OPRYD VISION & MISSION

With an emphasis on Oakland's youth, Oakland Parks, Recreation, and Youth Development and its partners will provide best in class, relevant, and equitable programs and services, while meeting the specific needs of people and communities both at the neighborhood level and regionally throughout the City of Oakland. We achieve this mission through intentional engagement and by removing the barriers that prohibit equitable opportunities for all.

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1. Go to our website:

HOW TO REGISTER

www.oakland"Register online for Parks and Recreation Activities" and click on "Rigister Online for Parks and Recreation Activities" th-development



2. Click on "Register online"

Register Online for Parks and Recreation Activities

We offer online registration through our Perfect Mind System.

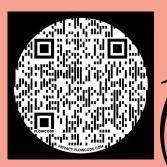


3. Browse classes or click "Login" to register



4. Click "Signup" to create an account, or login if you have one







Scan to apply for a job with **OPRYD!** <<<

Scan to Register!

Join the OPRYD Team!

Capital Improvements

Through innovative partnerships, we have renovated amenities and facilities at 11 recreation centers/ parks at ZERO **COST TO THE CITY**



- Lincoln Square Rec Center gym
- Bushrod Rec Center gym, outdoor basketball courts, and computer lab
- DeFremery outdoor basketball courts
- Willie Keys Rec Center gym, classroom, computer lab, and floors
- FM Smith Rec Center outdoor basketball court
- Rainbow Rec outdoor basketball court
- Oak Park outdoor basketball court
- Concordia Park outdoor basketball court and outdoor soccer field
- Raimondi Park baseball field
- Allendale Park outdoor basketball court
- Manzanita Park outdoor basketball court



The Oakland Parks and Recreation Foundation creates public-private partnerships with local government, community organizations and financial sponsors to support parks and expand recreational opportunities citywide. The organization partners with the City of Oakland's depart-

ment of Parks, Recreation and Youth Development to advocate for parks policy improvements, provide camp scholarships, complete capital projects and manage funds for nearly 100 groups offering recreation and stewardship programs across Oakland. Learn more and get involved at oaklandparks.org.

> **Terra Cole Brown** Executive Director of Oakland Parks and Recreation Foundation

PRAC Parks and Recreation Advisory Committee

2021 brought great rewards and produced some challenges for PRAC. We are excited about the upcoming park maintenance projects and the equity analysis reports on our parks, and we are committed to working with our council members to solve the issues that plague our city parks. **Princess Allen**

Chair of Parks and Recreation Advisory Committee (PRAC)



OVERVIEW

OPRYD Facilities & Partner Organization Directory

PARKS & RECREATION ADMINISTRATION 250 Frank H. Ogawa Plaza, #3330, 94612 (510) 238-PARK (7275)

ONLINE REGISTRATION oaklandnet.com/parks (510) 238-7557

ADA INFORMATION OFFICE OF THE CITY ADMINISTRATOR One Frank H. Ogawa Plaza 3rd Floor, 94612 (510) 238-4754, 238-2007 TTY

ACE KIDS GOLF 11450 Golf Links Road, 94605 (510) 351-0391

ALLENDALE REC CENTER 3711 Suter Street, 94619 (510) 535-5635

AQUATICS 9161 Edes Avenue, 94603 (510) 615-5838

ARROYO VIEJO REC CENTER 7701 Krause Avenue, 94605 (510) 615-5755

BROOKDALE REC CENTER 2535 High Street, 94601 (510) 535-5632

BUSHROD REC CENTER 560 59th Street, 94609 (510) 597-5031

CAMPS IN COMMON AT FEATHER RIVER CAMP (510) 336-2267 featherrivercamp.com

CAMRON STANFORD HOUSE 1418 Lakeside Drive, 94612 (510) 444-1876

CARMEN FLORES REC CENTER AT JOSE DE LA CRUZ PARK 1637 Fruitvale Avenue, 94601 (510) 535-5631

CENTRAL RESERVATIONS 666 Bellevue Avenue 94610 (510) 238-3420

CHABOT SPACE & SCIENCE CENTER 10000 Skyline Boulevard, 94619 (510) 336-7300

CHARLES PORTER GOLDEN GATE REC CENTER 1075 62nd Street, 94608 (510) 597-5032 CHILDREN'S FAIRYLAND 699 Bellevue Avenue, 94610 (510) 452-2259

CITY STABLES DIAMOND EQUINE SERVICES 13560 Skyline Boulevard, 94619 (510) 990-6170

COMMUNITY GARDENS 600 Bellevue Avenue 94610 (510) 238-2197

DAVIE TENNIS STADIUM 198 Oak Road, 94610 (510) 444-5663

deFREMERY POOL 1269 18th Street, 94607 (510) 238-2205

deFREMERY REC CENTER 1651 Adeline Street, 94607 (510) 238-7739

DIGITAL ARTS AND CULINARY ACADEMY (DACA) 5818 International Boulevard, 94621 (510) 615-5807

DIMOND REC CENTER 3860 Hanly Road, 94602 (510) 482-7831

DISCOVERY CENTER EAST 2521 High Street, 94601 (510) 535-5657

DISCOVERY CENTER WEST 935 Union Street, 94607 (510) 238-7127

DOG PARKS (510) 482-7831

DUNSMUIR HELLMAN HISTORIC ESTATE 2960 Peralta Oaks Court, 94605 (510) 615-5555

EAST OAKLAND SPORTS CENTER 9161 Edes Avenue, 94603 (510) 615-5838

FIELD RESERVATIONS 250 Frank H. Ogawa Plaza, #3330, 94612 (510) 238-3496

FM SMITH REC CENTER 1969 Park Boulevard, 94606 (510) 238-7742

FRANKLIN REC CENTER 1010 East 15th Street, 94606 (510) 238-7741

FREMONT POOL 4550 Foothill Boulevard, 94601 (510) 535-5614

INCLUSIVE RECREATION 3612 Webster Street, 94609 (510) 597-5064 **IRA JINKINS REC CENTER** 9175 Edes Avenue, 94603 (510) 615-5959

JACK LONDON AQUATIC CENTER 115 Embarcadero, 94607 (510) 238-6580

JOAQUIN MILLER COMMUNITY CENTER 3594 Sanborn Drive, 94602 (510) 482-7871

JUNIOR CENTER FOR ART & SCIENCE 558 Bellevue Avenue, 94610 (510) 893-5777

LAKE CHABOT GOLF COURSE 11450 Golf Links Road, 94605 (510) 351-5812

LAKE MERRITT BOATING CENTER 568 Bellevue Avenue, 94610 (510) 238-2196

LAKE MERRITT SAILBOAT HOUSE 568 Bellevue Avenue, 94610 (510) 238-3420

LAKESIDE PARK GARDEN CENTER 666 Bellevue Avenue, 94610 (510) 238-3420

LEONA LODGE4444 Mountain Blvd. 94611
510-238-3420

Lions Pool 3860 Hanly Road, 94602 510-482-7852

Morcom Rose Garden 500 Jean Street 94610 (510) 238-3420

OAKLAND LAWN BOWLING CLUB (510) 625-9937

OAKLAND MUSEUM OF CALIFORNIA 1000 Oak Street, 94607 (510) 238-2200

OAKLAND PARKS & RECREATION FOUNDATION PO Box 13267, 94610

(510) 465-1850

OAKLAND ZOO 9777 Golf Links Road, 94605 (510) 632-9525 **OPD SPECIAL EVENT PERMITS** 2651 73rd Avenue (appointment only) (510) 777-8525

OVERVIEW

PERALTA HACIENDA HISTORICAL PARK 2465 34th Avenue, 94601 (510) 532-9142

RAINBOW REC CENTER 5800 International Blvd, 94621 (510) 615-5751

REDWOOD HEIGHTS RECREATION CENTER 3883 Aliso Avenue, 94619 (510) 482-7827

ROTARY NATURE CENTER 600 Bellevue Avenue, 94610 (510) 238-3739

SAN ANTONIO REC CENTER 1701 East 19th Street, 94606 (510) 535-5608

SEQUOIA LODGE 2666 Mountain Boulevard, 94611 (510) 238-3420

SHEFFIELD VILLAGE REC CENTER 247 Marlow Drive, 94605 (510) 638-7190

SPORTS DEPARTMENT 250 Frank H. Ogawa Plaza, #3330, 94612 (510) 238-7275

STUDIO ONE ART CENTER 365 45th Street, 94609 (510) 597-5027

TASSAFARONGA REC CENTER975 85th Avenue, 94621
(510) 615-5764

TDD – CITY OF OAKLAND (510) 238-2007

TDD - PARKS AND REC (510) 615-5883

TEMESCAL POOL 371 45th Street, 94609 (510) 597-5013

WEST OAKLAND YOUTH CENTER 3233 Market Street, 94608 (510) 595-3223

WILLIE KEYES REC CENTER 3131 Union Street, 94608 (510) 597-5042

WOODMINSTER SUMMER MUSICALS 3300 Joaquin Miller Road, 94602 (510) 531-9597

Town After School Program School Year

Oakland Parks Recreation and Youth Development Town After School Program provides structured games and activities, homework club, STEAM activities. Creative play is a center theme that focuses on developing much needed social and emotional skills. Cultural Awareness projects and provided to help participants explore diverse perspectives, ideas, beliefs an customs. OPRYD's Town After School Program is a place where every child has the opportunity to learn and explore

in a safe and enriching environment. Our program is an extension of your child's school day experience and a part of your community. Program begins at school dismissal time – Program ends at 6:00pm | Program fees fluctuate depending on how many program days there are in a month.

Town After School Program and Town Camp at the following recreational sites:

Allendale 3711 Suter St. 510-535-5635

Arroyo Viejo 7701 Krause Ave. 510-615-5755

Bushrod 560 59th St. 510-597-5031

Carmen Flores 1637 Fruitvale Ave. 510-535-5631

CP Golden Gate 1075 62nd St. 510-597-5032

deFremery 1651 Adeline St. 510-238-7739

Dimond 3860 Hanly Rd. 510-482-7831

FM Smith 1969 Park Blvd. 510-238-7742

Franklin 1010 East 15th St. 510-238-7741

Ira Jinkins 9175 Edes Ave. 510-615-5959

Lincoln Square 250 10th St. 510-238-7738

Manzanita 2701 22nd Ave. 510-535-5625

Montclair 6300 Moraga Ave. 510-482-7812

Mosswood 3612 Webster St. 510-597-5038

Rainbow

5800 International Blvd. 510-615-5751

Redwood Heights 3883 Aliso Ave. 510-482-7827

Tassafaronga 978 85th Ave. 510-615-5764

Willie Keys 3131 Union St. 510-238-7738





Studio One Art Center

365 45th St. Oakland, Ca 94609 | 510.597.5027 | Studiooneartcenter.net

AFTER SCHOOL ARTS ACADEMY

When school is out, art is in! In our afterschool program, we offer a daily snack, homework help and 2 classes/day in a range of mediums including painting, drawing, clay, dancing, drumming, singing, and more. Students can be dropped off after school gets out. Staff pickup and walk students from Emerson and Piedmont Elementary Schools.

Ages: k - 5th graders | Afterschool - 6:00pm | M-F | Jan 3 - May 20 | \$575 Monthly

Neighborhood Town Summer Camp Sites Listed on Page 10

Neighborhood Town Summer Camp (NTC) Oakland Residents: \$370 | Non-Residents: \$444 | 2-week sessions

Dates: June 6 – July 29 | Monday - Friday | 8:30a – 5:30a | 2 week sessions Provides opportunity for participants to learn leadership skills and develop self-confidence in a safe and inclusive environment. Town Camp is an 8-week summer experience that aids our youth ages 5-13 with academic, enrichment and recreational programs. Each week of camp incorporates an exciting theme in addition to weekly swimming, field trips, crafts, games, and cooking projects. Our "Reading is Fun" and "Math Power Hour" return as positive skills

reinforcement. Participants will build self-confidence, healthy living, and personal growth. Attendees must register online. There will be strict adherence to Covid regulations.

Session 1: 6/6 - 6/17

Week 1: Lets have a Ball

Come one, come all and Lets Have a Ball! Campers will get to participate in your traditional ball sports like Soccer, Baseball, basketball alongside nontra-

ditional ball games like 4 Square, Gaga Ball, Bocce Ball and more!

> Campers will also get to learn basic Ballroom dancing, learn to juggle, and make yummy popcorn balls! Week 2: Suit up for Science Get ready for a week of exciting activities, excursions and games! Learn about space, the world around us, the forces of

flight and more, with fun hands-on activities, that include making flying contraptions and launching rockets!

Session 2: 6/20 - 7/1

Week 1: Bay Area Back Yard Adventure

Join us for a week of exploring, learning, and growing in the outdoors! Backvard Adventure week gives campers the unique chance of exploring and learning about the flora and fauna (plants and animals) in and near their neighborhood through daily wild adventure, nature, and stewardship activities. Hiking, animal and plant identification, nature journaling, and more.



Week 2: Towns Got Talent

Step into the spotlight and come shine on stage! Young performers will have the opportunity to learn about physical comedy, stage presence, playwriting, improv, prop making, theatrical production and much more! Ending in a performance.

Session 3: 7/5 - 7/15

Week 1: Splash Back

Cannonball into a week of fun splashing with friends while we dive into water-based activities, water education and unexplored depths of your imagination!

Week 2: Tinkers Week

Tap into your natural curiosity and imaginative minds with engineering design challenges, make and take projects, and expressive free form activities that will be sure to inspire further exploration and creativity.

Session 4: 7/18 - 7/29

Week 1: International Palate

Pack your forks and let's get ready to travel the world! Campers will explore a variety of cultures through food. Join us on this international adventure as we learn how to cook and prepare dishes while learning about healthy eating, kitchen safety and explore the evolution of a meal from garden to table while learning about diverse foods from all parts of

the world. Week 2: The Town Challenge

Prepare yourself for a crazy fun week of Wacky Olympics, color wars, and a race against time with minute-to-win-it games. Only teamwork, determination, and a whole lot of fun can get you through this week of crazy competition. Are you up for the challenge?



Town Summer Camp + Swim

Ages: 5-12 | M-F | 8:30-5:30

Sessions: 4 weeks | Fee Oakland Resident: \$860; Non Resident \$1,032

Town Camp + Swim is designed to provide children ages 5-12 with the opportunity to learn how to swim and feel more comfortable and confident in the water Campers will participate in swim lessons weekly Monday – Thursday. Town Camp curriculum is also included with a variety of fun filled themed outdoor activities

provide social, emotional, & physical opportunities in a safe environment for all.

Session 1: 6/6 - 7/1:

Lets Have a Ball, Suit up for Science, Bay Area Backyard Adventure, Town's Got Talent Session 2: 7/5 - 7/29:

Splash Back, Tinkerer's Week, International Palate, The Town Challenge

Participating Sites:

DeFremery | Ira Jinkins | Lincoln Square | Carmen Flores | Tassafaronga

OPRYD Feather River Camp (FRC)

Feather River Camp is an adventure waiting for you! Have fun, make friends, & build confidence in the Plumas National Forest!

Campers spend time immersed in nature and learn the fundamentals of how a clean and healthy environment is necessary for a healthy lifestyle. Campers will enjoy a wide variety of activities nature hikes, swimming, arts & crafts, campfires, music, drama, camp talent show,

star gazing, fishing and horseback trail ride. While at Feather River, campers will stay in wooden cabins or rustic wooden platform canvas style tents nestled amongst the trees or overlook the Spanish Creek. All tents and cabins are furnished with cots or beds with a table, bench, and shelves for your convenience and sleep up to four.

We will be following safety guidelines and procedures.

Session 1: July 31 – Aug. 3 (3 Nights) Session 2: Aug. 3- Aug. 6 (3 Nights) Ages: 8-14 | Fee: \$185. Oakland Residents



Rotary Nature Center 600 Bellevue Ave, Oakland, CA 94610 | 510. 238.3739

OPRYD Town Camp Presents: Touch the Earth Town Camp

Learn about nature under the redwoods in Oakland's historic

Joaquin Miller Park. Campers will experience nature
hikes arts and crafts, environmental awareness

hikes, arts and crafts, environmental awareness games, swimming, music, and more.

After-Care: 4-6 pm | Ages: 5 - 10 Location: Joaquin Miller Park 3300 Joaquin Miller Rd. | 6/6 - 7/22 Weekly Sessions | 9 am – 4 pm | Fee: \$325

OPRYD Town Camp Presents: Shake, Rattle, and Roll Camp

Our week-long wilderness survival camp teaches several outdoor living skills to Oakland youth. These skills include but are not limited to cordage, water purification, toolmaking, tool, and knife safety. After-Care: 4-6 pm

Ages: 11-15 | dates: 6/6 - 7/22 | 9 am - 4 pm

Weekly Sessions | 9 am - 4 pm | Fee: \$325

OPRYD Town Camp Presents: Rotary Nature Center Jr. Naturalist Camp

Under the guidance of OPRYD Naturalist, campers will be introduced to a variety of nature-based activities, while learning about the flora and fauna of Lake Merritt. After-Care: 4-6 pm | Location: Rotary Nature Center Ages: 5 – 11 | dates: 6/6 - 7/22 | Weekly Sessions | 9 am – 4 pm | Fee: \$325

STUDIO ONE ART CENTER at FEATHER RIVER ART MEETS NATURE OVERNIGHT CAMP

This one week over night camp will become a memory of a life time. A partnership with Camps in Common and OPRYD. Kids will enjoy creating art and participating recreation activities in the beautiful backdrop of Feather River located in Quincy California. Nature walks, star gazing and water activities will inspire their creative juices. Studio One Art Center's Master Artist will



accompany us on this trip and guide youth through a variety of creative and expressive activities. Pre-registration is required for this activity. Call for Registration fee. Fee includes: transportation, horse rides, room and board. Limited scholarships are available. Vist the Camps in Common: Feather River Camp website at http://featherrivercamp.

Ages: 9 - 14 | Dates: July 25 - 30 Resident Rate: \$325 Non-Resident Rate: \$390

Studio On Art Center 365 45th St. Oakland, Ca | 510.597.5027 | Studiooneartcenter.net SUMMER ART PODS

Ages: 5-13 | 8:30am - 5:30pm | Days: M-F

Join us for a 3 week extensive arts tutorial. Campers are guided by our master artists in areas such as dance, drumming, cooking, comedy improv, photography, ceramics, wheel throwing, sculpture, drawing, painting, paper-crafts, and much more. Lunch and afternoon snack will be provided. Studio One will follow CDC guidelines. All participants and staff must wear masks at all times in the building. Food will be eaten outdoors. Students will be in stable pods over the 3 weeks.

Oakland Residents: \$805 | Non-Resdents: \$965

Fine Art Camp Pods Session 1: 5/31 - 6/17
Theme: Adventures in Place | Final Showcase: Friday, 6/17
Fine Art Camp Pods Session 2: 6/20 - 7/8, no camp 7/4
Theme: Mind, Body, Heart | Final Showcase: Friday, 7/8
Fine Art Camo Pods Session 3: 7/11 - 7/29

Theme: Visual Poetry | Final Showcase: Friday, 7/29

SUMMER CAMP



Preschool Aquatics Level 1

Your child is introduced to basic skills. These skills lay

the foundation for developing water competency and the future skill development of swimming strokes. In addition, your child starts to develop positive attitudes and safe practices.

Preschool Aquatics Level 2

Continues laying the foundation for developing water competency and further skill development. This level marks the beginning of independent aquatic locomotion skills. Children continue to explore using simultaneous and alternating arm and leg actions on the front and back to gain greater proficiency in preparing for performing strokes.



Preschool Aquatics Level 3

Our instructors follow a plan to introduce new swimming and water safety skills that are developmentally appropriate for young children and help further your child's development or water competency.

Youth Learn to Swim Level 1

Introduction to Water Skills (6-14 years), your child is introduced to basic skills as the foundation for future skills and the development of water competency (the basic minimum skills needed for water safety). Level 1 skills may be performed with assistance.

Youth Learn to Swim Level 2

Fundamental Aquatic Skills (6-14 years) builds on skills learned in Level 1. Your child begins to perform skills at a slightly more advanced level and begins gaining rudimentary propulsive skills on both the front and the back. This level marks the beginning of independent aquatic locomotion skills.

Youth Learn to Swim Level 3

Stroke Development (6-14 years), our instructors follow a plan to introduce new swimming and water safety skills to build on previously learned skills. Your child learns to swim the front crawl and elementary backstroke at rudimentary levels, is introduced to the scissors and dolphin kicks, learns the survival float and increases the time duration for treading water. Your child also learns the rules for headfirst entries from a seated position at poolside (if the water is at least 9 feet deep).

Youth Learn to Swim Level 4

Fundamental Aquatic Skills (6-14 years) builds on skills learned in Level 1. Your child begins to perform skills at a slightly more advanced level and begins gaining rudimentary propulsive skills on both the front and the back. This level marks the beginning of independent aquatic locomotion skills.

Parent & Child

Introduces you and your child to basic skills. One parent or guardian must work in the water with the child under the direction of the instructor. As parents, you learn how to safely work with your child in the water, including how to appropriately support and hold your child in the water and how to prepare and encourage your child to participate

fully and try the skills. Swim diaper and necessary swim wear for participants mandatory in the water (CA health code). Swim diaper available for purchase on site.

Private Swim Lessons

Taught with a student to teacher ratio of 1:1. Private swim lessons are available for swimmers who may be in need of a more individual approach to their learning. Each instructor will assess and instruct to the swimmer's starting level and individualize each swim lesson

and session. Individual goals will be discussed and American Red Cross Learn to Swim Program will be applied.

Swim Stroke Clinic

This swimming class is appropriate for students who have successfully passed out of Youth Levels 1-4. Students will begin to learn additional stroke techniques, flip turns, and other competitive swimming skills.

Adult Lessons

Adult Group Swim Lessons (14 years and up) are held to help participants gain basic aquatic skills and swimming strokes. Skills and concepts are taught in a safe and structured environment in which participants also learn to stay safe in and around the water and to help themselves or others in an aquatics emergency. Participants will learn to increase comfort levels in the class, experience breath control, experience buoyancy,

moving through the water, and improve on fundamental aquatic skills such as building on endurance and effectiveness and efficiency of swimming strokes.

Junior Lifeguard

Our Junior Lifeguard program (11-15 years) incorporates the American Red Cross Junior Lifeguarding Leaders Guide. This class is designed to guide youth to the American Red Cross Lifeguarding course by building a foundation knowledge, of attitudes and skills for future life-**Participants** guards. not required to master or perfectly execute skills. They should learn techniques and build stamina during this program. The Junior Lifeguard program does not certify participants in first aid, CPR or AED or as a lifeguard.

Youth Swim Team

The youth recreational swim team program (6-18 years) serves as an introduction to competitive swimming. The program emphasizes sportsmanship and the joy of thesportwhilemaintaininganenvironment of cooperation, discipline, community and

SWIMMING POOL LOCATIONS deFREMERY POOL

1269 18th Street (510) 238-2205 defremerypool@oaklandca.gov

EAST OAKLAND SPORTS CENTER 9161 Edes Avenue | 510) 615-5838

eoscpool@oaklandca.gov

FREMONT POOL

4550 Foothill Boulevard (510) 535-5614 fremontpool@oaklandca.gov

LIONS POOL

3860 Hanly Road | (510) 482-7852 lionspool@oaklandca.gov

TEMESCAL POOL

371 45th Street | (510) 597-5013 temescalpool@oaklandca.gov

team spirit. Swim meets are held on Saturday mornings. Championships will be held at 17 the end season (Saturday trials and Sunday Finals).

AQUATICS

DeFremery Weekday Lessons (Morning)

Activity Name	Fee (Oakland Resident/Non-Res)	9:30 AM	10:00 AM	10:40 AM	11:20 AM
Preschool Level 1	\$40/\$48		V		
Preschool Level 2	\$40/\$48			~	
Preschool Level 3	\$40/\$48				
Youth Level 1	\$35/\$42		V		V
Youth Level 2	\$35/\$42		V		V
Youth Level 3	\$35/\$42			V	
Youth Level 4	\$35/\$42			~	
Special Needs	\$35/\$42				V
Private Lesson (Week 1)*	\$100/\$120				V
Private Lesson (Week 2)*	\$100/\$120				V

^{*}Private Lessons are scheduled each week from Monday-Thursday. You will receive four 30 minute lessons.

Week 1 dates are for the first week of each session. Week 2 dates are for the second week of each session.

DeFremery Weekday Lessons (Evening)

Activity Name	Fee (Oakland Resident/Non-Res)	5:15 PM	5:55 PM	6:35 PM	7:15 PM		
Parent and Child	\$50/\$60	V					
Preschool Level 1	\$40/\$48	V	v				
Preschool Level 2	\$40/\$48		~	V			
Preschool Level 3	\$40/\$48			V			
Youth Level 1	\$35/\$42	V			V		
Youth Level 2	\$35/\$42	V					
Youth Level 3	\$35/\$42		· ·		~		
Youth Level 4	\$35/\$42				V		
Adult Learn To Swim	\$50/\$60				V		
Private Lesson (Week 1)*	\$100/\$120			V			
Private Lesson (Week 2)*	\$100/\$120			✓			
Swim Team	\$50/\$60	6-18 Years 6/6-7/29 M-F 3:30-5:00pm					
Junior Lifeguard	\$40/\$48	11	-15 Years 6/6-7/22	MWF 5:15-6:45p	om		

Fremont Weekday Lessons (Morning)

Activity Name	Fee (Oakland Resident/Non-Res)	10:00 AM	10:40 AM	11:20 AM	12:00 PM
Preschool Level 1	\$40/\$48	~	~		
Preschool Level 2	\$40/\$48	V	~		
Preschool Level 3	\$40/\$48		~		
Youth Level 1	\$35/\$42			V	~
Youth Level 2	\$35/\$42			V	~
Youth Level 3	\$35/\$42			V	~
Youth Level 4	\$35/\$42				
Private Lesson (Week 1)*	\$100/\$120				V
Private Lesson (Week 2)*	\$100/\$120				~

^{*}Private Lessons are scheduled each week from Monday-Thursday, You will receive four 30 minute lessons

Week 1 dates are for the first week of each session. Week 2 dates are for the second week of each session.

Fremont Weekday Lessons (Evening)

	Fee (Oakland								
Activity Name	Resident/Non-Res)	5:00 PM	5:40 PM	6:30 PM	7:10 PM				
Parent and Child	\$50/\$60	~							
Preschool Level 1	\$40/\$48	~	~						
Preschool Level 2	\$40/\$48		~	~					
Preschool Level 3	\$40/\$48			~					
Youth Level 1	\$35/\$42	~			V				
Youth Level 2	\$35/\$42	~							
Youth Level 3	\$35/\$42		~		V				
Youth Level 4	\$35/\$42				V				
Adult Learn To Swim	\$50/\$60				V				
Private Lesson (Week 1)*	\$100/\$120			~					
Private Lesson (Week 2)*	\$100/\$120			~					
Swim Team	\$50/\$60	6-18 Years 6/6-7/29 M-F 3:15-4:45pm							
Junior Lifeguard	\$40/\$48	1	11-15 Years 6/6-7/22 MWF 1:30-3:00pm						

Swim Lesson Schedule Summer 2022

Weekday Lessons are Monday-Thursday | 30 minutes lessons | 8 lessons per session

Session 1: 6/6-6/16 Session 2: 6/20-6/30 Session 3: 7/5-7/14 Session 4: 7/18-7/28

Parent & Child: 6 Months-3 Years Preschool: 4 Years-5 Years Youth: 6 Years-14 Years Private Lesson / Special Needs: 3 Years+

See Pg. 35 For East Oakland Sports Center Swim Schedule

Lions Weekday Lessons (Morning)

Activity Name	Fee (Oakland Resident/Non-Res)	9:15 AM	9:55 AM	10:35 AM	11:15 AM
Preschool Level 1	\$40/\$48	011071111	0.007	v	V
Preschool Level 2	\$40/\$48			V	V
Preschool Level 3	\$40/\$48				V
Youth Level 1	\$35/\$42	V	~		
Youth Level 2	\$35/\$42	V	V		
Youth Level 3	\$35/\$42		V	V	
Youth Level 4	\$35/\$42			V	
Private Lesson (Week 1)*	\$100/\$120	V	V		
Private Lesson (Week 2)*	\$100/\$120	V	· ·		

^{*}Private Lessons are scheduled each week from Monday-Thursday. You will receive four 30 minute lessons.

Week 1 dates are for the first week of each session. Week 2 dates are for the second week of each session.

Lions Weekday Evening & Saturday Morning Lessons

		M-TH	M-TH	Sat AM	Sat AM	Sat AM	
Activity Name	Fee (Oakland Resident/Non-Res)	5:45 PM	6:25 PM	9:00 AM	9:40 AM	10:20 AM	
Parent and Child (Saturday)	\$25/\$30			V	v	V	
Parent and Child (Weekday)	\$50/\$60	v	V				
Youth Level 3	\$35/\$42						
Adult Learn To Swim	\$50/\$60	v	V				
Swim Team*	\$50/\$60	6-18 Years 6/6-7/29 M-F 4:00-5:30pm					
Junior Lifeguard**	\$40/\$48	11-15 Years 6/6-7/22 MWF 2:15-3:45pm					

Temescal Weekday Lessons (Morning)

Activity Name	Fee (Res/Non-Res)	8:45 AM	9:25 AM	10:05 AM	10:45 AM
Parent & Child	\$50/\$60				V
Preschool Level 1	\$40/\$48	V			
Preschool Level 2	\$40/\$48				✓
Preschool Level 3	\$40/\$48			v	
Youth Level 1	\$35/\$42	V		✓	
Youth Level 2	\$35/\$42	V		~	
Youth Level 3	\$35/\$42			✓	
Youth Level 4	\$35/\$42	V			
Adult Learn to Swim	\$50/\$60				v
Private Lesson (Week 1)*	\$100/\$120				v
Private Lesson (Week 2)*	\$100/\$120				v
Swim Team	\$50/\$60	6-	18 Years 6/6-7/29	M-F 3:30pm - 5:00	pm
Junior Lifeguard	\$40/\$48	11	-15 Years 6/6-7/22	MWF 2:00 - 3:30	pm

^{*}Private Lessons are scheduled each week from Monday-Thursday. You will receive four 30 minute lessons.

Week 1 dates are for the first week of each session. Week 2 dates are for the second week of each session.

AQUATICS

Summer 2022 Lap Swim Schedule

DeFremery	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM Lap Swim						
Noon Lap Swim	12:00pm-1:30pm	12:00pm-1:30pm	12:00pm-1:30pm	12:00pm-1:30pm	12:00pm-1:30pm	
Public Recreational Swim	1:45pm-3:15pm	1:45pm-3:15pm	1:45pm-3:15pm	1:45pm-3:15pm	1:45pm-3:15pm	1:00pm-5:00pm
PM I an Swim						

Fremont	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM Lap Swim						
Noon Lap Swim						
Public Recreational Swim	1:30pm-3:00pm	1:30pm-3:00pm	1:30pm-3:00pm	1:30pm-3:00pm	1:30pm-3:00pm	1:00pm-5:00pm
PM Lap Swim						

Lions	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM Lap Swim		6:30am-9:00am		6:30am-9:00am		
Noon Lap Swim	12:00pm-2:00pm	12:00pm-2:00pm	12:00pm-2:00pm	12:00pm-2:00pm	12:00pm-2:00pm	11:00am-2:30pm
Public Recreational Swim	2:15pm-3:45pm	2:15pm-3:45pm	2:15pm-3:45pm	2:15pm-3:45pm	2:15pm-3:45pm	3:30pm-5:30pm
PM Lap Swim	7:00pm-8:30pm	7:00pm-8:30pm	7:00pm-8:30pm	7:00pm-8:30pm		

Temescal	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM Lap Swim	6:30am-8:30am		6:30am-8:30am			
Noon Lap Swim	11:45am-1:45pm	11:45am-1:45pm	11:45am-1:45pm	11:45am-1:45pm	11:45am-1:45pm	11:00am-2:30pm
Public Recreational Swim	2:00pm-3:30pm	2:00pm-3:30pm	2:00pm-3:30pm	2:00pm-3:30pm	2:00pm-3:30pm	3:30pm-5:30pm
PM Lap Swim	5:00pm-7:00pm	5:00pm-7:00pm	5:00pm-7:00pm	5:00pm-7:00pm	5:00pm-7:00pm	

East Oakland Sports Center	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM Lap Swim	6:30am-8:00am		6:30am-8:00am			
Learn to Swim (swim Lessons)						9:00am-11:30pm
Water Aerobics	8:30am-9:30am	8:30am-9:30am	8:30am-9:30am	8:30am-9:30am	8:30am-9:30am	
Noon Lap Swim/Water Walking*	11:00am - 12:00pm					
Aquatic Playtime and Inclusion Swim	11:00am - 12:00pm					
Water Park Hours (water slide)	1:00pm-4:00pm	1:00pm-4:00pm	1:00pm-4:00pm	1:00pm-4:00pm	4:00pm-7:30pm**	1:00pm-4:00pm
Learn to Swim (swim Lessons)	5:00pm-7:30pm*	5:00pm-7:30pm*	5:00pm-7:30pm*	5:00pm-7:30pm*		
Water Aerobics				5:30pm - 6:30pm		

In-Service Traning Friday 9:00am-11:00am

*No Lap Swim/water walking during swim lessons or water aerobics

^ 1 sessions of water aerobics 8:30 - 9:30am

** 2 sessions of water park 4:00pm-5:30pm and 6:00pm-7:30pm

SWIMMING POOL LOCATIONS

deFREMERY POOL defremerypool@oaklandca.gov

EAST OAKLAND SPORTS CENTER 9161 Edes Avenue | 510) 615-5838

FREMONT POOL

4550 Foothill Boulevard (510) 535-5614 fremontpool@oaklandca.gov

LIONS POOL 3860 Hanly Road | (510) 482-7852 lionspool@oaklandca.gov

TEMESCAL POOL 371 45th Street | (510) 597-5013 temescalpool@oaklandca.gov

YOUTH BOATING

Boating Camps @ Lake Merritt Boating Center 1 Week Sessions | Oakland Resident: \$250, Non-Resident: \$300

Explorer Camp

Ages 7- 10 | 6/13 - 6/17

Explore Lake Merritton avariety of vessels including pedal boats. dragonboats, kayaks, and canoes. Adventures abound learning about maps, arts and crafts, and local lakeside plants and wildlife, including visits to the bird sanctuary and botanical gardens.

Basic Sailing

Ages 10 - 17 | 6/13 - 8/5

This entry level sailing class gives kids a chance to get their "sea legs". The campers start by learning the parts of the sailboat, and by week's end understand wind direction as it relates to propelling, and more importantly, controlling their sailboat. Games and drills on the water help to teach these basic skills.

Intermediate Sailing

Ages 10 - 17 | 6/20 - 8/5

Sailors are taken to the next level while keeping an emphasis on safety and fun! More advanced sailing skills are covered on faster, more challenging sailboats. Intermediate Sailing gets you ready to sail at JLAC on the

Junior Leadership

Ages: 14 - 17 | 6.13 - 6.17 | M - F | 9am - 3:30pm Oakland Resident: \$250, Non-resident \$300

Designed for sailors who want to pursue future camp/sailing instructor opportunities. This fun, small-group, hands-on training is focused on developing yourself as a role model and leader for younger kids, learning skills to help safely lead

camp games and activities, and the fundamentals of teaching boating safety and skills. Selected individuals will have the opportunity to sign up for the counselor in training program for the summer camp season. Prerequisite: Estuary (JLAC) Sailing Camp

Boating Camps @ Jack London Aquatic Center 1 Week Sessions | Oakland Resident: \$300, Non-resident: \$360

Ages: 12-17 | M-F | 9:15 am - 3:45 pm

Advanced Sailing Camp

Join us at the Oakland Estuary and build your sailing skills. Learn basic racing techniques. Knowledge brings confidence when you're riding the wind in a high-performance Byte sailboat. Prerequisite: Passing Intermediate sailing camp with Estuary recommendation. Session 1: 6/20 - 6/24 | Session 2: 7/4 - 7/8

Catamaran Camp

Learn to sail smaller versions of the catamarans used in the America's Cup with this great introduction to multi-hull sailing. Sail Hobie 16s on the Estuary and learn to trapeze! Prerequisite: Passing Intermediate Sailing camp with Estuary recommendation. **Session 1:** 6/27 – 7/1 | **Session 2:** 7/11 – 7/15

Basic Small Boat Sailing

A basic sailing course taught aboard 8'-14' sailboats on Lake Merritt. Learn the basics of sailing-safety, boat handling, sail trim, points of sail, knots, crew overboard, and sailing language. Perfect for the novice or returning sailor. Skills card issued upon successful completion of written and on-water evaluations. No Experience Needed.

Ages: 18 and up | Location: Lake Merritt Boating Center | 10:30am - 5pm

Resident Fee: \$195 Non-resident: \$234

Class Sessions are 3 days; Saturday, Sunday and the following Saturday

Spring: 5/7, 5/8, & 5/14 Summer Session 3: 8/6, 8/7, & 8/13 Summer Session 1: 6/11, 6/12, & 6/18 Fall Session 1: 9/10, 9/11, & 9/17 Summer Session 2: 7/9, 7/10, 7/16 Fall Session 2: 10/8, 10/9, & 10/15

Solo Small Boat Sailing

Apply your basic small boat sailing skills to sail our faster Sunfish and learn to single-hand the 14-foot keelboats. Skills include rigging, using your weight to trim the boat, rules of the road, and capsize recovery. Skills card issued upon successful completion of written & on-water evaluations. Prerequisite - Basic Small Boat Sailing or equivalent.

Ages: 18 and up | Location: Lake Merritt Boating Center | Sat/Sun | 10:30am - 5pm

Resident Fee: \$130 Non-resident: \$156

Session 1: 6/25 & 26 Session 2: 8/20 & 21

Session 3: 9/24 & 25 Session 4: 10/22 & 10/23

Estuary Advanced Small Boat Sailing

Expand your sailing skills in the JY-15s on the Oakland Estuary. Skills emphasized include crew work, person overboard procedures, tides and currents considerations, rules of the road and an introduction to racing. US Sailing Record book issued upon successful completion of written and on-water evaluations. Prereguisite - Basic and Solo Small Boat Sailing or equivalent.

Ages: 18 and up | Location: Jack London Aquatic Center | Sat/Sun | 10:30am - 5pm

Residential Fee: \$150 Non-resident: \$180

Session 1: 8/27 & 8/28 Session 2: 9/24 & 9/25 Session 3: 10/29 & 30

Private Lessons

Is your schedule tight? Can't find time to take a class? Want to learn with your child? Personal instruction is available. Call to schedule.

Resident Fee: \$50/hr per person, \$60 Non-resident \$38/hr per person

Lake Temescal Boat Rental Rates | 568 Bellevue Ave., Oakland, 94610 Fax (510) 238-7199

Boats	Deposit (in addition to rental fee)	1 hour: Oakland Resident	1 hour: Non Resident
Pedal Boats (1-3 people)	\$20	\$15	\$18
Rowboats (1-3 people)	\$20	\$15	\$18
Canoes (1-3 people)	\$20	\$15	\$18
Kayaks (single/double)	\$20	\$15/20	\$18/24

Sail Boats	Deposit (in addition to rental fee)	1 hour: Oakland Resident	1 hour: Non Resident
El Toro* (1-2 people)	\$20	\$15	\$18
Sunfish* (1-2 people)	\$20	\$15	\$18
14' Keelboat* (1-4 people)	\$30	\$25	\$30
Catamaran* (1-4 people)	\$30	\$25	\$30



Bushrod Recreation Center

560 59th St. Oakland, CA 94609 | (510) 597-5031

Town After School Program and Neighborhood Town Camp Site

Dinner @ 6

Join us for a healthy cooking and eating program designed to give teens a safe space to engage over community issues and healthy eating practices. Ages14-18

Session 1 - Spring

Dates: 4/1 - 5/6 | Friday | 6 Sessions | 6PM |

Session 2 - Summer

Dates: 5/20 -6/24 | Friday | 6 Sessions | 6PM | Free

Bushrod's Buzy Bee'z

Children will develop language, literacy, social, emotional, physical and cognitive skills.

Ages 1-4 Spring | 4/5 -5/31 | Tuesday&Thursday | 11

AM - 12PM



Ages 55 and up | 1/03 - 5/23 | Monday- Friday | 12 - 2PM |

Tumbling Acrobatics - Flip into the sun Ages 3-7 | 2/23 - 3/16 | Wednesday | 6 - 6:30 PM | \$60 **Tumbling Acrobatics**

Ages 7-12 | 2/23 - 3/16 | Wednesday

7:30 - 8:15 PM | \$60

Discovery Center

Arroyo Viejo Recreation Center 7701 Krause Avenue, Oakland, CA 94605 email: dsamaniego@oaklandca.gov

Discovery Workshop

Experience Firsthand the thrill of Exploration and Making. Learn about the forces of physics with electricity, magnetism, and car building activities. Get creative with making kinetic structures and simple animation projects. Experiment with kitchen chemistry projects. Suitable for youth ages 7 to 11. Free Program!



5:00 pm

Monday, Wednesday, Friday 1 pm to

Summer Session 1: 6/6/2022 - 7/1/2022

Summer Session 2: 7/6/2022 - 7/29/2022



Charles Porter Golden Gate Recreation Center

1075 62nd St. Oakland, CA 94608 | (510) 597-5032

CP Golden Gate is a Neighborhood Town Camp (NTC) & After-School Program (TAP) site!

Social and Cultural Enrichment Skills for Boys and Girls

Participants learn skills in etiquette, confidence, coping with stress, managing anxiety, hygiene, and physical care. Ages 5 - 12 | 3/26 - 6/30 | Tuesday | 4:00 PM 4:45 PM Oakland Resident: \$5/Class | Non-Resident \$7/Class

Excelling in Chess and Checkers: The Art and the Game!

Teaches planning and thinking strategically outside the box. Ages 5 - 12 | 3/26 -6/30 | Saturday | 10:00 AM 11:00 AM Oakland Resident: \$5/Class | NR \$7/Class

Golden Gate Play Group (for Kids 0-5 and Parents/Caretakers)

Circle time with sing-a-long, story time, counting and more. Outdoor play and community building. Ages 0 - 5 | 3/26 - 6/30 | Tuesdays | 10:00 AM - 11:00 AM Oakland Resident: FREE. Collaboration with Trybe Inc & NorOak Tribe. Registration required: www.oaklandca.gov/parks

The Art of Kick Boxing and Self Defense!

Introduces kids to art of self-defense using techniques taken from boxing and martial arts enabling development of agility, confidence and coordination and overall physical fitness. Ages 5 - 12 | 3/26 - 6/30 | Saturday | 11:00 AM 12:00 PM Oakland Resident: \$5/Class | Non-Resident \$7/Class

Financial Literacy for Kids, Adults and Seniors!

Teaches participants how to get in control of their finances and using money to make informed choices thereby building greater life satisfaction. All Ages | 3/26

6/30 | Saturday | 10:00 AM 11:00 AM Oakland Resident: \$5/Class | NR-\$7/Class

You've Got Talent Friday: Last Friday Open Mic, Jazz, Comedy & Poetry for All Provides opportunity for presenting your talent. Bring your own Instruments ... All Ages | 3/26 - 8/30 | Last Friday/Month | 5:30 PM 7:00 PM Oakland Resident: \$5/Meeting | Non-Resident \$7/Meeting

Earn California Safe Food Handlers Certificate: Adult Cooking for Health

Academy for Adults (CFHA) Free hands-on six weekly cooking and nutrition classes covering culinary skills, food preparation and earning Food Handler's Certification by completing Academy Classes and online exam. In collaboration with Nutrition Services program of Alameda County Public Health Department Adults only 3/15 - 4/26 | Tuesdays | 5:3 o PM - 7:3 o PM | FREE

Digital Arts and Culinary Academy (DACA)

5818 International Blvd. Oakland, CA 94621 (510) 615-5807

Daca Culinary/ Music Partnership

24

This Spring Daca will be partnering with Youth Alive to provide Culinary classes and music classes for teens who participate in their program. The goal of this partnership is to help the participants understand culture through food and music. Other benefits include improving social skills, self-esteem, and discipline to name a few.

Mosswood Recreation Center

3612 Webster Street Oakland, CA 94609 (510) 597-5038

Mosswood is a Neighborhood Town Camp (NTC) & After-School Program (TAP) site!

Mosswood Tweens & Teens Garden to Table Program

Tweens and Teens will learn to grow, harvest and consume fruits, veggies and herbs at peak ripeness and use them to create simple, healthy meals. Teens will vibe and learn in this green environment. 4/2 - 5/7 | Saturday | 1:00 - 3:00PM | Free

Mosswood Toddler Fitness Fun

Children and parents will have fun in this class blending audio, visual and kinesthetics to physical movement. The program incorporates letter and number recognition, build motor skills, and outdoor games and play specifically designed for children in this age group. All Covid-19 protocols will be followed. March 5 - April 23 | Saturday | 10:30 - 12:00PM | \$20

Mosswood Virtual Recreation Exploration

Kids will have the opportunity to explore new art and science projects that bewilder the mind, using home-based materials. Kids will have fun creating and tinkering.

Ages 5-13/ | March 17 - April 21 | Thursday | 3:30 - 4:45 | Once you register you will receive the zoom link and instructions. Free

Mosswood Youth Tennis Advantage see pg. 30 Mosswood Youth Basketball see pg. 30 Mosswood Soccer Champions Clinic see pg. 30 Mosswood Co-ed Volleyball see pg. 30 Mosswood Adult Tennis see pg. 34

Get involved in open spaces! Join Mosswood Recreation Advisory Council (RAC)

Willie Keves Recreation Center

3131 Union St. Oakland, Ca 94608

Programs provides opportunity for participants to learn leadership skills and develop self-confidence in a safe and inclusive environment. Participants will build self-confidence, healthy living, and personal growth. There will be strict adherence to Covid regulations.

Town After School Program (TAP) Neighborhood Site Town Summer Camp + Swim (NTC+) Site

Fancy Dance Team

Ages 8-14 | Ongoing | mon-fri | 6 - 9pm

Support Oakland Artists Antonio Davis Fellowship & Basketball

Adults | All seasons, on going | Sundays | 11am - 1pm

Why Not You Fellowship

Adult | on going | mon & wed | 8-9pm

Bay Area Charter H.S Basketball League...Pg. 30 Willie Keyes Wild Wild west Hoop Tournament Series... Pg. 30



Studio One Art Center 365 45th St. Oakland, Ca 94609 | 510.597.5027 | Studiooneartcenter.net

AFTER SCHOOL ARTS ACADEMY

When school is out, art is in! In our afterschool program, we offer a daily snack, homework help and 2 classes/day in a range of mediums including painting, drawing, clay, dancing, drumming, singing, and more. Students can be dropped off after school gets out. Staff pickup and walk students from Emerson and Piedmont Elementary Schools.

Ages: k - 5th graders | Afterschool - 6:00pm | M-F | Jan 3 - May 20 | \$575 Monthly

Wheelworks for Kids

In this class, kids will create ceramic items on the wheel. Your child's' sense of hand eye coordination will be enhanced. Knowledge about the entire process from gooey clay to glazed art work will delight children. All materials provided.



Instructor: Blanka Soltys Resident Fee: \$240 | Non-Res: \$288



Adult and Child Ceramics

Saturdays | 10am - 12pm | Instructor: Phoebe Ackley

This class is for Children and Adults who enjoy putting their hands in the garden soil. Enjoy a leisurely Saturday morning while finding your creative side and bonding with a child. Our master Artist will share their knowledge about the entire process from gooey clay to glazed art work will delight children and adults alike.

> Spring Session: 3/19 - 5/7 (8 meetings) Resident Fee: \$165/adult, \$117/child Non-Res: \$197/adult, \$139/child

Intersession: 5/21 - 7/2 (7 meetings) Resident Fee: \$145/adult, \$103/child Non-Resident Fee: \$173/adult, \$122/child

Summer Session: 7/16 - 9/3 (8 meetings) Resident Fee: \$165/adult, \$117/child Non-Res: \$197/adult, \$139/child

TEEN PROGRAMS

OPRYD Counselors in Training

Our CIT program is the gateway for being OPRYD staff in the future! The goal is to transition campers into counselors, creating responsible and independent young leaders who can contribute positively to OPRYD. CITS understand camp, have lots of spirit, are positive role models, and help foster a love for camp! The program also serves as a "summer long job interview" for those that might want to work as counselors in the future. CITs are their own group at camp, overseen by a CIT Director. They attend activities, create projects, and learn the ins and outs of being a successful counselor! Available at all Neighborhood Town Camp Sites. See page 10 for list of participating sites and contact info. Contact your preffered site for more information. Ages: 13-15 | Days: M-F | Times: 9:00a-5:30p Fee: \$200.00 (residents)/ \$240.00 (non-residents) | 2 Weeks Sessions *Scholarships available

TEEN PROGRAMS

Studio One Art Center 365 45th St. Oakland, Ca 94609 510.597.5027 | Studiooneartcenter.net

Painting & Drawing - Spring

3/14 - 5/2 (8 meetings) | Mondays | 4pm - 6pm

Resident Fee: \$181 | Non-Res: \$216

Ceramics - Spring

3/16 - 5/4 (8 meetings) | Wednesdays | 4pm - 6pm

Resident Fee: \$205 | Non-Res: \$245

Coding Games & Web Design - Spring

3/8 - 5/6 (8 meetings) | 4pm - 6pm Resident Fee: \$181 | Non-Res: \$216

Painting & Drawing Week - Summer Academy

June 13 - 17 | M-F | 10am - 5pm | Resident Rate: \$300 | Non-Resident Rate: \$360

Photography & Digital Arts Week - Summer Academy

June 20 - 24 | M-F | 10am - 5pm | Resident Rate: \$300 | Non-Resident Rate: \$360

Mosswood Tweens and Teens Garden to Table Program

Learn to grow, harvest and consume fruits, veggies and herbs at peak ripeness and use them to create simple, healthy meals. Teens will vibe and learn in this green environment.

4/2 - 5/7 | Saturday | 1:00 – 3:00PM | Free 3612 Webster Street Oakland, CA 94609 (510) 597-5038

Bushrod Dinner @ 6 Ages14-18
Join us for a healthy cooking and eating program designed to give teens a safe space to engage over

community issues and healthy eating practic-

Session 1 - Spring: Dates: 4/1 - 5/6 | Friday

6 Session 2 - Summer: Dates: 5/20 -6/24 | Friday

6 Sessions | 6PM | Free

560 59th St, Oakland, CA 94609 (510) 597-5031

Boating Camps @ Lake Merritt Boating Center

1 Week Sessions

Intermediate Sailing

Ages 10 - 17 | 6/20 - 8/5 | Lake Merrit Boat House | Oakland Resident: \$250,

Non-Resident: \$300 Basic Sailing

Junior Leadership

Ages: 14 - 17 | 6/13 - 6/17 | M - F | 9am - 3:30pm | Oakland Resident: \$250, Non-resident

\$300

Boating Camps @ Jack London Aquatic Center 1 Week Sessions | Oakland Resident: \$300, Non-resident: \$360

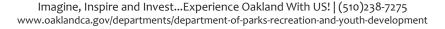
Ages: 12-17 | M-F | 9:15 am - 3:45 pm Advanced Sailing Camp

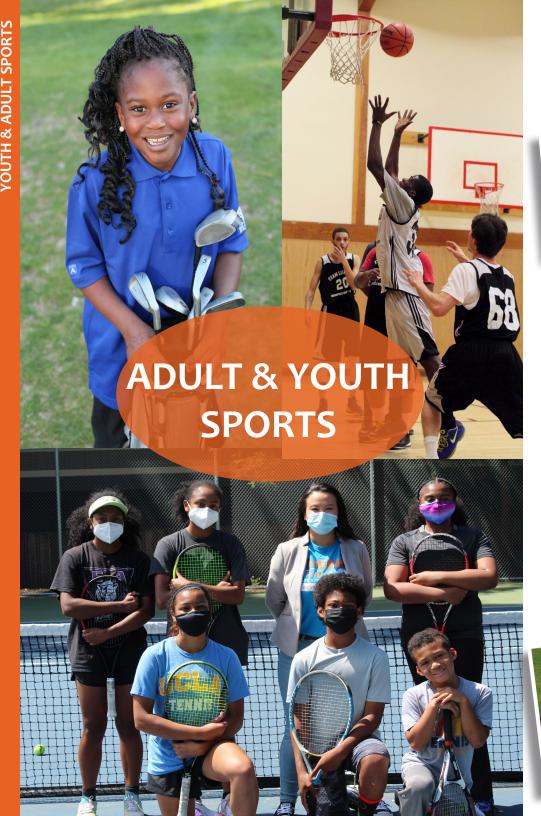
Session 1: 6/20 – 6/24 | Session 2: 7/4 – 7/8 Catamaran Camp

Session 1: 6/27 - 7/1 | Session 2: 7/11 - 7/15









Oakland Neighborhood Basketball League

The Oakland Neighborhood Basketball League (O.N.B.L.) provides boys and girls between the ages of 8 through 18 with the opportunity to participate in competitive basketball leagues. Teams will play games at Oakland Parks, Recreation and Youth Development Recreation Centers and participating High School Gyms. For more information contact Sports Coordinator Frederick Morris III at (510) 238-3496.

Ages: 8-18 | Dates: June 6-July 29 | Time: 6-9pm

Price: \$250 Per Team



Youth will compete with other recreation centers enjoying the game with family and friends cheering them on. Bushrod Lower Field - 560 59th Street

Ages 5 to 7 | Date: 7/9 | Saturday | 10AM - 2PM

Bushrod Sports Programs | 560 59th St, Oakland, CA 94609 | 510.597.5031 Spring Jam Basketball Tournament

Ages 8-14 | Dates: 4/1 & 4/2 | Saturday & Sunday 9:00 AM | \$250 per team

Spring Jam II Basketball Tournament

Ages 8- 14 | Daters: 5/14 & 5/15 | Saturday & Sunday 9:00 AM | \$250 per team

Ultimate Sports Academy

A variety of sports. Soccer, tennis, kickball baseball, pickball and so much more.

Ages 5-12 | Dates: 3/26 - 5/28 | Saturdays | 9 - 10:30 AM | Fee:



Carmen Flores Sports Programs | 1637 Fruitvale Ave, Oakland, CA 94601 | 510. 535-5631 Pee Wee Soccer Pre-Club

a great environment for fun and learning basic skills of soccer. Players will have a chance to meet and make new friends while kicking, dribbling and running around with a soccer ball. First half of skills followed by a second half of a friendly team match.

Ages: 5 to 7 | Tuesday | 4-5PM | 5 weeks | Resident Rate: \$20 Non-resident Rate: \$25 Session 1: March 1 to March 29 | Session 2: April 12 to May 10

Youth Soccer Clinic

Youth soccer clinic consists of instructional play. Our focus is to have an environment for learning proper fundamental movements skills such as running, passing, shooting, dribbling and receiving and most of all, to have fun. Ages 8 to 12 Tuesday | 5-6PM | 5 weeks | Resident Rate: \$20 Non-resident Rate: \$25

Session 1: March 1 to March 29 | Session 2: April 12 to May 10

Pee Wee Flag Football Pre-Team

Introduces fun ways of flag football to boys and girls ages 5 to 7 years old. Players will learn the fundamental of flag football including running, passing, flag pulling techniques and everyone's favorite, scoring touchdowns.

> Ages 5 to 7 | Thursday | 4-5PM | 5 weeks | Resident Rate: \$20 Non-resident Rate: \$25

Session 1: March 3 to March 31 | Session 2: April 14 to May 12

Youth Flag Football Clinic

Learn the fundamental skills of tackle football by engaging in a non-contact environment. Players will develop skills through various individual drills and team dynamics, unleashing a deeper understanding of the rules, roles and positions and leading up to an inter-squad scrimmage game. Ages 8 to 12 | Thursday | 4-5 PM | 5 weeks | Resident Rate: \$20 Non-resident Rate: \$25

Session 1: March 3 to March 31 | Session 2: April 14 to May 12

Mosswood Sports Programs 3612 Webster Street Oakland, CA 94609 | (510) 597-5038 **Mosswood Youth Basketball**

This basketball program focuses on the whole player. Youth will learn the fundamentals in shooting, ball handling, passing, rebounding, defense, teamwork, sportsmanship, offense, the importance of practice, while building selfconfidence. Boys and girls are welcome ages 6-12. Covid-19 protocols will be followed, and all participants will wear masks and do hand washing. Mosswood Basketball courts. Session 1: 3/5 - 4/23 | Session 2: 4/30 - 6/18 | Session 3: 6/25 -8/13 | Saturday | 1-3PM | Fee: \$25 | Ages 6 to 12

Mosswood Soccer Champion

This is a little bit more advance youth ages 7-12 soccer techniques and scrimmages. Players will learn dribbling, passing, defense and shooting. Fun skilled games are played at every session and each player will have a ball at the feet. Kids will scrimmage to learn to play together as a team. From defense to midfield, to forward to goalie, kids get exposed to playing every position. For Boys and girls who love to play soccer. Mosswood Grass Field Area Ages: 8 to 12 | Session 1: 3/1 to 4/19 | Session 2: 4/26 - 6/7 | Tuesday | 3:30 - 5PM | \$40



Mosswood Youth Tennis Advantage

Youth Tennis Advantage (YTA) is dedicated to serving youth in inner city communities through a comprehensive program of tennis and academic tutoring that promotes the physical, educational, and life skills necessary to prepare and empower them for leadership in their communities and success in their personal lives. YTA runs year-round program. Free

Mosswood Youth Co-Ed Volleyball

Youth will learn the fundamentals of volleyball and learn to build social skills in the process. The program will also focus on sportsmanship while experiencing the three F's: Fun, Fitness, and Fellowship. We aim to teach

life lessons and values through athletics on and off the court. Youth will Bump, Set, Spike in this fun enjoyable game. All Covid-19 protocols will be followed. Mosswood Grass Field Area | For girls and boys ages 7 - 13 March 4 to April 29 Friday | 3:30 - 5:00 PM | \$40.00

Willie Keyes Sports Programs

3131 Union St. Oakland, Ca 94608 Bay Area Charter H.S Basketball League ages 12-18 | 12/6 - 2/10 | mon-fri | 4 - 8pm

Willie Keyes Wild Wild west Hoop Tournament Series Ages 8-14 | All seasons | Sat | 9am - 4pm

Support Oakland Artists Antonio Davis Fellowship & Basketball Adults | All seasons, on going | Sundays | 11am - 1pm

Just Kicks (Soccer) Ages 5-12 | Saturdays | 2PM - 4PM

30

Davies Tennis Stadium

198 Oak Road, 94610 oaklandtennis.org

Junior Instructional Program

Classes run in continuous six week sessions throughout the school year, contact Davie Stadium at 510.444.5663 for dates and availability

Beginners

Tu/Th 3:30-4:30 and 4:30 -5:30 | Residents \$270, Non-residents \$324

Intermediates

Wed 4 – 5:30 | Residents \$180, Non-residents \$216

Summer Junior Tennis Camp

For ages 8-14, camps run in three week sessions AM Camp 8:30-12:30, PM Camp 12:30 - 4:30

Session 1: 5/30-6/17 Session 2: 6/20-7/8 Session 3: 7/11-29

Oakland Resident Rate: \$855: Non-Resident Rate: \$1,020

ACE KIDS GOLF

LAKE CHABOT GOLF COURSE: 11450 Golf Links Road, Oakland, CA, 94605

Class Times 3:45 - 5:30pm

Winter 1 Introduction

January 10 - February 2 | Mon & Wed | Fee: \$80

Winter 1 Academy 2

January 11 - February 3 | Tues & Thurs | Fee: \$150

Winter 1 Academy 3

January 11 - February 3 | Tues & Thurs | \$120

Winter 2 Introduction

February 14 - March 9 | Mon & Wed | Fee: \$80

Winter 2 Academy 2

February 15 - March 10 | Tues & Thurs | Fee: \$150

Winter 2 Academy 3

February 15 - March 10 | Tues & Thurs | Fee: \$120

Spring 1 Introduction

March 21 - April 13 | Mon & Wed

Fee: \$80

Spring 1 Academy 2

March 22 - April 14 | Tues & Thurs | Fee: \$150

Spring 1 Academy 3

March 22 - April 14 | Tues & Thurs | Fee: \$120

Spring 2 Introduction

April 25 - May 18 | Mon & Wed

Fee: \$80

Spring 2 Academy 2

April 26 - May 19 | Tues & Thur | Fee: \$150

Spring 2 Academy 3

April 26 - May 19 | Tues & Thurs | Fee: \$120



Summer Camps: Session 1: June 6-17 9am-4pm | Fee: \$360 | Ages 8-17

Session 2: June 20-July 1 9am-4pm | Fee: \$360 | Ages 8-17

Session 3: July 5-15 9am-4pm | Fee: \$360 | Ages 8-17

Session 4: July 18- 29 9am-4pm | Fee: \$360 | Ages 8-17

Imagine, Inspire and Invest...Experience Oakland With US! (510)238-7275 www.oaklandca.gov/departments/department-of-parks-recreation-and-youth-development **YOUTH & ADULT SPORTS**

SPORTS FIELD RESERVATIONS

A SPORTS FIELD RESERVATION APPLICATIONS are submitted on a first-come, first-serve basis. Applications must be submitted and received at least fourteen (14) business days and no more than ninety (90) days prior to the date requested. Request will not not be accepted less than fourteen (14) business days. For availability and to submit your Sports Field Reservation Application With Payment:

Email: Frederick L. Morris III at FMorris@oaklandca.gov

Mail To: Oakland Parks, Recreation & Youth Development

ATTN: Frederick Morris III

250 Frank H. Ogawa Plaza, Suite 3330 Oakland, CA 94612 Questions or immediate attention contact Recreation Sports Supervisor,

Myka Hammock at MHammock@oaklandca.gov or (510) 238-3896.

ATHLETIC FACILITIES

		,							
		Tenni	Pickle	all IFO	othall Baseba	itress (July Bas	etid 1888	switchning
Recreation Center			Sign C	occer Ko	80/	ithe	ndoor Bas	setball setball	swinning
Allendale				*			*		
Arroyo Viejo	*								
Brookdale	*			*			*		
Bushrod	*	*	*	*		*	*		
Carmen Flores									
Charles Porter Golden Gate	*		*	*	*	*	*		
deFremery	*	*		*			*	*	*
Dimond	*							*	
East Oakland Sports Center									
FM Smith									
Franklin									
Ira Jinkins	*								
Lincoln Square					*	*	*		
Manzanita									
Montclair	*	*		*	*				*
Mosswood	*		*	*			*		
Rainbow			*			*	*		*
Redwood Heights									
Tassafaronga									
Willie Keyes				*		*	*		

* Mosswood: Halfcourt Outdoor Basketball

ADULT SPORTS

250 Frank H. Ogawa Plaza, Suite 3330, Oakland, CA 94612 PH: (510) 238-3496 | www.oaklandca.gov/parks Frederick L. Morris III, FMorris@oaklandca.gov

Co-Ed Softball

YOUTH &

ADULT SPORTS

Let's play ball with OPRYD Adult Sports! Joining a co-ed Women's and Men's team is a great way to broaden your social network, enjoy the out-

doors and relax playing a sport that you love. The emphasis is purely recreational and is based on fun, good

sportsmanship and friendship.

Our league is competitive and offer play with playoffs tournaments and Championship games. The purpose is to get Oaklanders active! So, whether you are an old pro, or have never touched a ball before-this is the place for you. Teams MUST submit their ADULT SOFTBALL WAIVER, FEES AND COVID FORM signed by ALL PLAYERS before the teams first scheduled game begins.



Mosswood Adult Tennis

Mosswood Adult Tennis Program is a great way to build your skills at any level of the game. It is a great way to stay active and improve your game. This program is for beginners and intermediate level players to meet other players in your area. Ages 21 and older. |Session 2: March 3 - April 7 | Session 3: April 14 – May 19 |Thursday

6:00 - 7:30PM PM | \$40 per session.



National Fitness Campaign (NFC Courts)

"Get Out, Get Active! Workout on our newly installed National Fitness Campaign (NFC) courts at Arroyo Viejo Park and Lowell Park. Download the app @ National Fitness Campaign and become a fitness ambassador, receive workout trainings, access locations, outdoor fitness, and challenges. The

fitness court is a 7 minute-7 movement

full body circuit training workout. Fitness courts are designed for ages 12 and up workouts are FREE!"

Lowell Park-1180 14th Street, Oakland, CA & Arroyo Viejo Park 7701 Krause Avenue Oakland,CA

Ages 12 and up | Open to the Public | Free 7 days a week | 6AM - 9PM

Download the app @ National Fitness Campaign

Bay Area Soccer League Willie Keyes | 3131 Union St. Oakland, Ca 94608

_____ Adults | Thursdays | 7-10pm



Davies Tennis Stadium 198 Oak Road, 94610 oaklandtennis.org

Adult Instructional Program runs throughout the year in ongoing eight week sessions. New classes post on the last day of current session. Registration is done online at cityofoakland.perfectmind.com



Carlos Vargas, Center Director, cvargas@oaklandca.gov William Davis, Aquatics Program Director, wdavisir@oaklandca.gov Stephanie Siles, Recreation Program Director of Performance Dance and Language, ssiles@oaklandca.gov

The East Oakland Sports Center (EOSC) offers a variety of membership plans for families and individuals, as well as corporate wellness plans including Silver & Fit, Active & Fit, Silver Sneakers, and Prime. We also offer enrollment activities such as youth gymnastics, martial arts, and dance.

MEMBERSHIP INCLUDES:

Access to treadmills, elliptical, a Jacob's latter, free weights, resistance machines, and more. A variety of group exercise classes such as group cycling, zumba, water aerobics, aqua zumba, yoga, and more. Check monthly Group Exercise schedule for more details. Locker rooms with showers and day

use lockers. Drop-in use of the pool. See pool schedule for details. Our pool features a full size Whitewater slide, zero depth activity pool, lazy river, and lap pool.

All-Inclusive Facility Fees:

Daily Adult: 8\$ |Senior: 6\$ |Teen (13yrs-17yrs): 3\$ Monthly Adult: 55\$ |Senior: 40\$ |Teen (13yrs-17yrs): 25\$ Yearly Adult: 495\$ |Senior: 360\$ |Teen (13yrs-17yrs): 225\$

Pool-only Youth Fees (5yrs-12yrs): Daily: 3\$ | Monthly: 15\$ | Yearly: 135\$

EOSC Introductory School of Dance

A safe and encouraging community setting where students of all experience levels are welcome! Participants learn movement skills and techniques, history of their chosen activity, respect, self-confidence, and the value of community. Offering classes in Gymnastics, Martial Arts, and Dance(Including Ballet and Jazz). Agés 3.5-18 year-round, on going Resident Fee: \$48.00 Non-Resident: \$58.00

East Oakland Dance Ensemble

34

The EODE provides opportunities for enthusiastic dancers of all levels to perform several times a year. The EODE also competes annually at a local dance competition. To schedule an audition please contact Stephanie Siles at ssiles@oaklandca.gov Ages 7-18 year-round, on going | Fridays | 4:00pm-7:00pm



EOSC Weekend Lessons (Saturday Mornings) | 30 mins | 4 lessons/session

Session 1: 6/4-6/25. Session 2: 7/2-7/23

3033011 1. 0/4-0/23, 30331011 2. 7/2-7/23							
Activity Name	Fee (Res/Non- Res)	9:00am	9:40am	10:20am	11:00am		
Parent and Child	\$30/\$36		V				
Preschool Level 1	\$27/\$33	~	~				
Preschool Level 2	\$27/\$33		~	~			
Preschool Level 3	\$27/\$33				~		
Youth Level 1	\$25/\$30	~					
Youth Level 2	\$25/\$30	~		~			
Youth Level 3	\$25/\$30			~			
Swim Stroke Clinic	\$25/\$30						
Adult Learn To Swim	\$30/\$36				~		
Special Needs	\$25/\$30				~		
Private Lesson	\$100/\$120	~	~	~	~		

EOSC Weekday Lessons (Evening) - Monday-Thursday | 30 minutes lessons | 8 lessons/session Session1: 6/6-6/16 | Session 2: 6/20-6/30 | Session 3: 7/5-7/14 | Session 4: 7/18-7/28

Activity Name	Fee (Res/Non- Res)	5:00pm	5:40pm	6:20pm	7:00pm
Preschool Level 1	\$50/\$60	V		~	
Preschool Level 2	\$50/\$60	~			~
Preschool Level 3	\$50/\$60			~	
Youth Level 1	\$48/\$58	~			~
Youth Level 2	\$48/\$58		~		
Youth Level 3	\$48/\$58		~		
Swim Stroke Clinic	\$48/\$58				~
Adult Learn To Swim	\$60/\$72			~	
Private Lesson (Week 1)*	\$100/\$120	~	~	~	~
Private Lesson (Week 2)*	\$100/\$120	~	~	~	~

*Private Lessons are scheduled each week from Monday-Thursday. You will receive four 30 minute lessons Week 1 dates are for the first week of each session. Week 2 dates are for the second week of each session.



East Oakland Sports Center	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM Lap Swim	6:30am-8:00am		6:30am-8:00am			
Learn to Swim (swim Lessons)						9:00am-11:30pm
Water Aerobics	8:30am-9:30am	8:30am-9:30am	8:30am-9:30am	8:30am-9:30am	8:30am-9:30am	
Noon Lap Swim/Water Walking*	11:00am - 12:00pm					
Aquatic Playtime and Inclusion Swim	11:00am - 12:00pm					
Water Park Hours (water slide)	1:00pm-4:00pm	1:00pm-4:00pm	1:00pm-4:00pm	1:00pm-4:00pm	4:00pm-7:30pm**	1:00pm-4:00pm
Learn to Swim (swim Lessons)	5:00pm-7:30pm*	5:00pm-7:30pm*	5:00pm-7:30pm*	5:00pm-7:30pm*		
Water Aerobics				5:30pm - 6:30pm		

In-Service Traning Friday 9:00am-11:00am

*No Lap Swim/water walking during swim lessons or water aerobics

^{^ 1} sessions of water aerobics 8:30 - 9:30am

^{** 2} sessions of water park 4:00pm-5:30pm and 6:00pm-7:30pm

OPRYD Inclusive Services

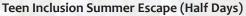
Mosswood Recreation Center 3612 Webster St, Oakland Ca 94609 | 510-597-5064 Bianca Posada, by emailing bposada@oaklandca.gov Office Hours: Monday - Friday 10:00am - 5:00pm

OPRYD Inclusive Services is a resource network for participants with intellectual and developmental disabilities. As a vendor with Regional Center of the East Bay, we are able to connect individuals to city-wide recreational

opportunities, as well as specialized programs supervised by a Certified Therapeutic Recreation Specialist (CTRS). Some services that are provided include: development of goals and behavior support plans, programs with 1:4 staff to participant ratios, connections to family resources, and more!

If you are seeking accommodations, or changes to support full participation in OPRYD program activi-

ties, you can reach out to our Program Director of Inclusive Services, Bianca Posada (contact info above).



This program is open to teens and young adults with disabilities who are attending OUSD's Extended School Year program. After a morning of summer school learning, escape to Mosswood Park for some fresh air and activities that center around creative expression, health and wellness, and sports and leisure education.

Ages: 13-18 | June 6 - July 1 | Mon - Fri | Weekly Sessions | 12PM - 6PM

Teen Inclusion Summer Camp (Full day)

This program is catered to teens with and without intellectual or developmental disabilities and will be under the supervision of a Certified Therapeutic Recreation Specialist. Activities will include community walking

excursions, gardening, yoga, meditation, dance, karaoke, and other forms of creative expression. Join us for a summer of fun and community!

Ages: 13 - 18 | July 5 - July 29 | Mon - Fri | Weekly Sessions | 8:30AM - 6PM

More info: oaklandca.gov/services/join-the-ada-inclusion-center Register at: cityofoakland.perfectmind.com



COMMUNITY GARDENS

ESOURCES

Community Gardens address 600 Bellevue Avenue Oaklandparks.communitygardens@gmail.com

The Community Gardening program provides gardening opportunities for the physical and social benefit of Oakland's residents and neighborhoods. Year round, community gardening brings people of all backgrounds and ages together to grow organic vegetables, herbs, fruits, and flowers throughout the city. Our gardens, developed and operated by volunteers with support from OPRYD staff, offer a variety of classes and activities for a broad range of gardeners. We offer over 12 community gardens which provide

rental plots for a full calendar year. Five additional gardens are operated in partnership with community nonprofit organizations.

RENTAL PLOT GARDEN LOCATIONS

Allendale 3711 Suter St

Arroyo Viejo 78th Avenue & Arthur St

Bella Vista 11th Avenue & E. 28th St

Bushrod 584 59th St

Mosswood MacArthur Blvd & Webster St

Cesar Chavez 3705 Foothill Blvd

Golden Gate 1068 62nd St

Lake Merritt 600 Bellevue Avenue

Lowell Park 1180 14th St

San Antonio 16th Ave & E. 19th St Temescal 876 47th St

Verdese Carter 96th Ave & Bancroft Ave

NONPROFIT PARTNER-RUN GARDENS:

Dover St, between 57th & 58th

Fitzgerald 34th & Peralta King Estates 8251Fontaine Street

Marston Campbell 16th St & Market St

Tassafaronga 83rd & E St

Imagine, Inspire and Invest...Experience Oakland With US! | (510)238-7275 www.oaklandca.gov/departments/department-of-parks-recreation-and-youth-development

Studio One Art Center

365 45th St. Oakland, Ca 94609 | Studiooneartcenter.net | 510.597.5027

Session Dates:

Spring: March 14 - May 7 Registration Opens January 25

Intersession: May 16 - July 2 (No class 5/30) | Registration Opens February 15

Summer: July 11 - September 3 | Registration Opens March 8

Register Online: Visit www.cityofoakland.perfectmind.com OR by phone

Painting

MIX THOSE MEDIA: Tues | 6:30pm - 9:30pm | Instructor: Mira M. White THE WAY OF WATERCOLOR: Wed | 6:30pm - 9:30pm | Instructor: Mira M. White ACRYLIC PAINTING: Thurs | 6:30pm - 9:30pm | Instructor: Mokhtar Paki

Drawing

SKETCHING NATURE IN PEN & INK: Mondays | 6:30pm - 9:30pm | Instructor: Danny Neece BASIC DRAWING: Tuesdays | 6:30pm - 9:30pm | Instructor: Mokhtar Paki INK DRAWING: Wednesdays | 6:30pm - 9:30pm | Instructor: Mokhtar Paki FIGURE DRAWING: Thursdays | 6:30pm - 9:30pm | Instructor: Bill Roth

Jewelry

Beginning & Intermediate Metal Jewelry Mon or Tues | 6:30 - 9:30pm | Anthony Stillman Jewelry Casting: Thursdays | 6:30pm - 9:30pm | Instructor: Anthony Stillman

Photo & Digital Arts

Darkroom Printing Refresher Course: 1-on-1 | by appointment Dark Room Photo Lab | Saturdays | 11am - 4pm

Beginning DSLR & Photo Editing | Thurs | 6:30-9:30pm | Instructor: Carolyn Moore Beginning Photoshop & Lightroom | Wed | 6:30-9:30pm | Instructor: Carolyn Moore Black & White Film Photography | Thurs | 6:30-9:30pm Instructor: Carolyn Moore

Glass

GLASS FUSING AND Beyond | Wed | 6:30pm - 9:30pm | Instructor: Reddy Lieb GLASS FUSING AND Beyond | Fridays | 9:30am - 12:30pm | Instructor: Reddy Lieb GLASS FUSING AND SLUMPING | Tuesdays | 9:30am - 12:30pm | Instructor: Janet Hebert

Sculpture

CHARACTER MAQUETTE SCULPTURE | Tuesdays | 6:30pm - 9:30pm | Instructor: Bill Roth FIGURE SCULPTURE | Wednesdays | 6:30pm - 9:30pm | Instructor: Bill Roth

Adult Ceramics

We e offer ceramics classes multiple times a week each session with several ceramics teachers. Visit our website for more specific schedule. Classes offered:

Monday-Thursday evenings 6:30 - 9:30pm, instructor vaires Saturday afternoons 1-4pm
Tuesday afternoons, Wednesday mornings - Spring session only



MALONGA CASQUELOURD CENTER FOR THE ARTS (MCCA)

1428 Alice Street, Oakland 94612

ph: (510) 238-7217 | web: Mccatheater.com

Operates 24/7 for Resident Tenants | SRO Leasing: (510) 238-7219

Administrative Office: M-F; 9:00am-5:00pm

Hours of Operation: M-Sa; 8am-10pm, Su; 8am-6pm

MCCA Reservations: (510) 238-7526

This popular multicultural, multidisciplinary performing arts complex has been serving the community dating back to the 1920's. MCCA provides a safe environment, positive role models, physical and educational activities as well as cultural awareness and enrichment. We offer a 350 seat theater with professional lighting and sound capabilities. The theater's depth and high ceiling make it perfect for dance performances, plays, seminars, lectures, business meetings,



dance video shoots and more. MCCA has conference rooms and five studios available for rehearsals, auditions, and workshops (event space is limited). For an application, list of fees, permit information and City of Oakland rental procedures and policies, call or visitour website.

MCCA is also home to a number of resident companies for performing arts in addition to visiting art companies. Our beautifully renovated Single Room Occupancy apartments are available for rent to local artists please inquire about pricing. Our high-rise facility has onsite management, 24-hour desk clerk services, and video security cameras in all common areas. There is easy access to public transportation, local colleges, libraries and art activities throughout the San Francisco Bay Area.

The Oakland Community Orchestra

Instructor: Sue Crum

2/4 - 5/27, No rehearsal 4/8 | Fridays

Leona Lodge | 9:30-noon

The Oakland Community Orchestra is one of the Bay Area's only volunteer, daytime orchestras, providing amateur musicians the opportunity to fulfill their passion for music without having to rehearse at night. Our musicians vary in age and experience, but our love of orchestral music is what brings us together.

Resident Rate: \$120 | Non-Resident Rate: \$144



Oakland Civic Orchestra

Wednesdays | 7:30pm - 9:45pm Instructor: Martha Stoddard

The Oakland Civic Orchestra (OCO) is an award-winning adult community orchestra sponsored by the CIty of Oakland. Now in our 28th season we are emerging from the pandemic with live, in-person music making. Composed of dedicated adult amateur musicians, OCO welcomes new members by audition only as space permits. Our primary venues are Lake Merritt United Methodist Church and

Studio One Art Center. We meet on Wednesday evening and Saturdays or Sundays and perform free community concerts throughout the season. Please visit our website for additional information. www.oaklandcivicorchestra.com

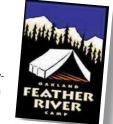
Feather River Art Camp for Adults

Office: 2512 13th Ave. Oakland, Ca 94606 | 510.601.1619

Camp Address: 5469 Oakland Camp Road Quincy, CA 95971

June 4 - June 11

Enjoy classes in watercolor, ceramics, glass bead making, felting, sewing, harp, mosaic art, plein aire oil painting, mixed media, Asian brush and more. Register online at **featherrivercamp.com**



Imagine, Inspire and Invest...Experience Oakland With US! | (510)238-7275 www.oaklandca.gov/departments/department-of-parks-recreation-and-youth-development

CITY OF OAKLAND SKATE PARKS



deFremery Skate Park 1651 Adeline Street

Rainbow Skate Park 5800 International Boulevard

Bella Vista 1025 East 28th Street

Montclair 6226 Moraga Ave, Oakland, CA 94611

Bring your own board. Safety gear must be worn by everyone who uses the skate park. Helmets and pads are required to be worn and fastened at all times. Park hours vary per site: contact recreation center for more information.

Recreation Centers:

Our recreation centers, parks, and pools are available for meetings, workshops, parties, family events, and social gatherings. We can accommodate small groups or as large as 200! Call the individual center to schedule your event. Advance schedule required for rental of bounce houses.

Allendale
Arroyo Viejo
Brookdale
Bushrod
Carmen Flores
Charles Porter Golden Gate
Davie Tennis
deFremery
Digital Arts & Culinary Academy
Dimond
East Oakland Sports Center
FM Smith
Franklin
Fremont Pool
Ira Jinkins

Lake Merritt Boating Lincoln Square Malonga Center Manzanita Montclair Mosswood Rainbow Redwood Rotary Nature San Antonio Sheffield Village Tassafaronga Temescal Pool Studio One Arts Willie Keyes

CITY OF OAKLAND DOG PARKS

Dogs Allowed On-Leash

Athol Park	1750 Lakeshore Ave, Oakland, CA 94606
Dimond Park	3860 Hanly Rd, Oakland, CA 94602
Eastshore Park	550 El Embarcadero, Oakland, CA 94607
Grove Shafter Park	Martin Luther King Jr Way & 36th Street, Oakland, CA 94609
Hardy Park	491 Hardy St, Oakland, CA 94618
Jefferson Square Park	618 Jefferson St, Oakland, CA 94607
Joaquin Miller Park (ex- cluding the amphitheater)	3590 Sanborn Dr, Oakland, CA 94602
Knowland Park east of Golf Links Road	Whitecliff Rd, Oakland, CA 94605
Lakeside Park	666 Bellevue Avenue, Oakland 94610
Leona Park east of Mountain Blvd	4444 Mountain Boulevard, Oakland 94619
Mandana Plaza	Mandana Boulevard & Lakeshore Avenue
Montclair Railroad Trail	1901-1903 Asilomar Dr, Oakland, CA 94611
Mosswood Park	3612 Webster St, Oakland, CA 94611
Oak Glen Park	3390 Richmond Blvd, Oakland, CA 94611
Pine Knoll Park	1850 Lakeshore Ave, Oakland, CA 94606
Rockridge-Temescal Greenbelt	5500 Claremont Ave, Oakland, CA 94618
Snow Park	Harrison St & 19th St, Oakland, CA 94612
Union Point Park	2311 Embarcadero, Oakland, CA 94606

COMMUNITY FACILITIES

Dogs Allowed Off Leash

Estuary Park	115 Embarcadero, Oakland, CA 94607
Glen Daniel/King Estates Park	8501 Fontaine Street, Oakland 94605
Park Boulevard Plaza	Park Boulevard Oakland, CA 94606
South Prescott Park	Jack London Square, 3rd St, Oakland, CA 94607

Fenced Dog Play Area (Off-Leash)

Grove Shafter Park Dog play Area	Martin Luther King Jr Way & 36th Street, Oakland, CA
Hardy Park Dog Play Area	491 Hardy St, Oakland, CA 94618
Jefferson Square Park Dog Park Area	618 Jefferson St, Oakland, CA 94607
Joaquin Miller Park Dog Play Area	3590 Sanborn Dr, Oakland, CA 94602
Mosswood Park Dog Play Area	3612 Webster St, Oakland, CA 94611

CENTRAL RESERVATIONS

Where Memories Last Forever

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Lakeside Park Pergola and Colonnade

Located at the east end of Lake Merritt between Grand and Lakeshore Avenues, the Lakeside Park Pergola and Colonnade was constructed in 1913 and renovated in 2007. The location is ideal for wedding ceremonies, photo shoots and other public and private gatherings.

Lake Merritt Boulevard Amphitheater

Located at the south end of Lake Merritt, the Lake Merritt Boulevard Amphitheater is Lakeside Park's newest four acre area featuring an expansive hardscape amphitheater with terraced seating, restrooms, lush landscaping and beautiful scenic views of the Lake. The Amphitheater is a perfect location to host company picnics, receptions and public or private gatherings.





Edoff Memorial Bandstand

Built in 1913, the Bandstand graces Lake Merritt's shore within Lake Merritt's shore within Lakeside Park. With its elegant Italian design and spectacular location, the bandstand attracts many people and organizations hosting concerts, wedding ceremonies, walkathons, and other unique private and public gatherings. The bandstand is also home to the Oakland Municipal band who hosts free summer concerts.

Rental Facilities

Oakland Parks and Recreation offers convenient, affordable and accessible indoor and outdoor rental facilities, suitable for birthday parties, weddings, corporate meetings, retreats and seminars, and special occasions of all kinds! We have the perfect venue for your next event. Friendly, experienced staff will help you manage every detail. Email cru@oaklandca.gov or visit our website: oaklandca.gov/services/rentals-and-reservations for rental guidelines, detailed facility information and current rental rates.

DUNSMUIR HELLMAN HISTORIC ESTATE

... a house for every season and reason

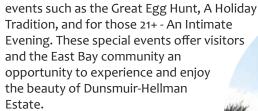
Built in 1899, the 37-room Neoclassical Revival mansion sits on 50-acres of beautifully landscaped grounds with an elegant garden pavilion overlooking a pond and gazebo. The Dunsmuir-Hellman Historic Estate is a perfect location for special event rentals. Whether your event is inside or outdoors, the Estate creates a spectacular backdrop. The Estate's Dinkelspiel



RENTAL FACILITIES

House provides an intimate atmosphere, while the Carriage House offers a rustic ambience. The facilities and grounds can accommodate small and large groups and is one of Oakland's premier locations for romantic weddings.

Aside from weddings, the Estate is home to many year-round OPR special events. Thousands of children, families and friends have started traditions by attending







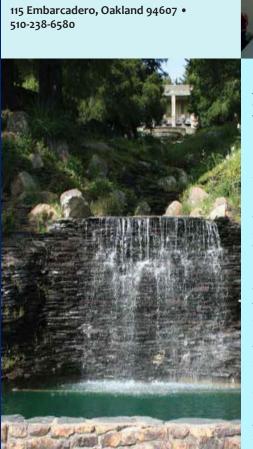


RENTAL FACILITIES

JACK LONDON AQUATIC CENTER

... Oakland's gateway to the Estuary

Explore the Oakland Estuary when you make Jack London Aquatic Center the venue for your next event. This 3,750+ sq. ft. facility with ample on-site parking provides a dramatic waterfront backdrop for the enjoyment of you and your guests. With banquet seating for up to 185 guests, and a catering kitchen, this elegantly and cleverly constructed building and grounds is perfect for a wide variety of public and private celebrations. Soak up the tranquil calmness of the Bay. Surround your beautiful wedding, reception, retreat, business meeting or special event[s] with expansive views of the Estuary.





JOAQUIN MILLER COMMUNITY CENTER & WOODMINSTER CASCADE

...high in the redwoods with the Bay at your feet.

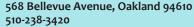
Host your next event deep in the redwoods at one of Oakland's premier facilities, Joaquin Miller Community Center in Joaquin Miller Park, or at the Woodminster Amphitheater which seats 2,500 guests. The community center offers breathtaking views of the bay with an impressive range of room options including banquet seating up to 160, a full kitchen, large wraparound decks, a fireplace with cozy gathering area, assembly and conference rooms, and numerous indoor and outdoor amenities. Visitors of the 500- acre park can experience Oakland's many natural treasures. Wander for miles on sunny hillsides or shaded forest paths, enjoy cascading waterfalls, or stop at one of the dozens of picnic sites which seats up to 250 guests.

3594 Sanborn Drive, Oakland 94602 510-482-7871

Lake Merritt Sail Boat House

...Experience beautiful Lake Merritt

The Sailboat House is adjacent to the nation's largest saltwater tidal lake, Lake Merritt, which is also home to Oakland's oldest wildlife preserve. Built in 1954, the unique landmark houses the Lake Merritt Boating Center, Lake Merritt Institute and various East Bay rowing clubs. Conveniently located near Downtown Oakland and inside Lakeside Park, it is easily accessible to highway and public transportation with plenty of offstreet parking, and its own parking lot. By day, guests are captivated by the rippling effects of sunlight dancing off the water surface. The "Necklace of Lights" consisting of 126 lampposts and 4,000 light bulbs, encircle the 3.4 miles of the shoreline and illuminate the night. Experience the magic! Enjoy numerous picnic sites, walking paths, and fabulous views of Pergola and Colonnade at the end of the eastern arm of Lake Merritt. Banquet seating accommodates 125 guests, while theater seating host up to 150.







Morcom Rose Garden was constructed in 1932, and named in honor of former Oakland Mayor, Fred N. Morcom. Nestled in a quiet residential area, the Rose Garden is precious 7+ acre green urban oasis located off Grand Avenue adjacent to the Piedmont border. Many choose the fragrant floral setting to exchange wedding vows. Garden shows, along with public and private events of all kinds, are staged here. Morcom Rose Garden also cultivates hundreds of dedicated volunteers who

700 Jean Street, Oakland 94610 • 510-238-3420

tend to its many plating's all year round.



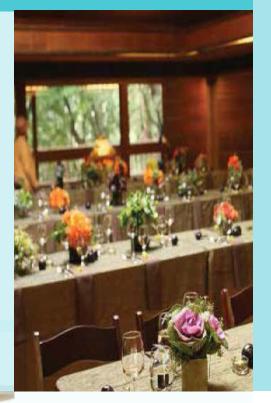
RENTAL FACILITIES

SEQUOIA LODGE

... a rustic get away

Hidden amongst fragrant eucalyptus trees and towering redwoods, Sequoia Lodge is surrounded by a wooden deck connecting indoor spaces to the outdoor beauty. A skylight in the medium sized banquet room emits abundant natural light and is flanked by a small conversation area with an exquisitely designed stone fireplace, and a kitchen area. Seating capacity for 80 people banquet style and 100 people theater style makes it a perfect venue for small weddings, receptions and meetings. Linen rental services are available at a nominal charge. On-site parking is available.

2666 Mountain Blvd., Oakland 94611 510-238-3420



LEONA LODGE

... the perfect woodlands setting

Constructed in 1959, this venue is one of Oakland's hidden treasures. The Lodge contains a medium-sized banquet room with banquet style seating for 150. With its serene and tranquil rustic setting, the lodge is a wonderful location for anniversary parties, seminars, retreats and other special events. Linen rental services are available at a nominal charge. On-site parking is available.

4444 Mountain Blvd., Oakland 94611 • 510-238-3420



... at the edge of O akland's Crown Jewel

Founded in the 1950s by the Oakland East Bay Garden Center Inc. as a culturaland educational center, The Lakeside Park Garden Center

(Marsha J. Corprew Memorial) has played a central role in Oakland's proud, national history of Park Excellence. It is centrally located inside Lakeside Park across from Lake Merritt, Lake Merritt Sailboat House and Children's Fairyland, near highways and public transportation and has plenty of parking. Today, this extraordinary community complex hosts various garden shows, public and private events and numerous volunteer activities. Guest will enjoy a lakeside beach are, a magnificent columned and marbled band stand, and dozens of other settings for outdoor inspiration and enjoyment. Capacity seating varies but includes banquet- style seating from 50-150, and theater-style seating from 75-225. The complex contains two kitchens to accommodate caterers.

Edoff Memorial Bandstand, adjacent to the Lakeside Park Garden Center provides a classic setting for an outdoor venue. The elevated bandstand is ADA accessible. Events hosted at the band stand include, but are not limited to concerts, wedding ceremonies and receptions and other public gatherings.

666 Bellevue Avenue, Oakland 94610 | 510-238-3420



IMPORTANT PHONE NUMBERS

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ADULT SPORTS (510)238-3496

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