



Mayor's Commission on Aging

City of Oakland – Human Services
Department Lionel J. Wilson Building
150 Frank H. Ogawa Plaza, Suite
4340 Oakland, CA 94612

Tel: (510) 238-3121 • Fax: (510) 238-7207 • TTY: (510) 238-3254

**Wednesday, March 1, 2023
Held via Teleconference**

MINUTES

1. Call to Order

Chair Gunst called the meeting to order at 10:08 a.m. The meeting was held via teleconference.

2. Roll Call

Present: Lenore Gunst, Asha Beene-Clarke, Dianna Garrett, Jennifer Seibert, Patricia Osage

Absent: Blake Spears

Absent Excused: Tydia Hill, Ristina Ingram, Suzi Kalmus

Late:

A quorum was not established.

Staff: Scott Means (Aging & Adult Services Manager), Marshay Boyd (Administrative Assistant)

3. Adoption of Agenda

The agenda was approved no modifications.

Motion: Jennifer Seibert/Asha Beene-Clarke

4. Approval of minutes: February 1, 2023

Due to not having a quorum, we could not do a motion for this item.

5. Public Forum (*Limit to 2 minutes*)

Chair Gunst opened this item with a brief message stating that the commission asked for public forum in advance, due to these meetings being back in person. There was one comment submitted by Tiffany Eng, asking if we have a aging plan and she submitted information on a grant. Chair Gunst advised that we are ineligible for that grant.

6. Beginning of the 2023 Commission on Aging Retreat

- **Introductions:** Chair Lenore Gunst

This item on the agenda was opened by Chair Gunst, who gave a brief introduction to the City of Oakland's Mayor Sheng Thao.

- **Welcome Mayor Sheng Thao**

City of Oakland Mayor Sheng Thao, gave a beautiful welcome speech that consisted of her gratitude to all of the Commission on Aging Commissioners and participants. She shared a brief personal story and explained how/why she personally connected with the Commission on Aging. The commission thanks her greatly for this speech.

- **Procedural overview and introductions:** *Scott Means, Human Services Manager*

Scott Means gave a brief overview of where the bathrooms were located, and that because they were at the Downtown Oakland Senior Center, there is still a Mandatory Vaccination requirement. Meaning, all guests must be vaccinated in order to walk around the building, and if they are not vaccinated, they would not be allowed to roam the building. He also explained the forms that were inside the agenda packet that everyone had.

- **Livable Oakland Overview/Accomplishments:** *Bryan Ricks*

Scott Means gave a brief introduction to former commissioner Bryan Ricks. Bryan Ricks provided great background on the Age Friendly Cities initiative, and the Livable Oakland groups that were created from that. He explained how the four domains Housing, Health and Wellness, Open Spaces, and Communications were established, and the work that has been done since they were created. Being a former commissioner and firsthand with the Livable Oakland work, he presented much needed facts to help the four domains plan on how to move forward.

- **Livable Oakland Breakout Groups**

Leading into this, Scott Means explained that he purchased 10 spectrum meals for the Commissioners to taste, which is important since the Commission on Aging makes decisions on what food is being served to seniors in senior centers. Scott provided directions on the breakout groups, such as where they should go and what papers they should be working on. The four domains broke out into their groups Housing, Health and Wellness, Open Spaces, and Communications, they all worked diligently on planning and implementing work.

- **Livable Oakland Breakout Groups Report Back**

Chair Lenore welcomed the groups back to give a brief overview of each groups worksheets and action plans. Started with Communications Subgroup, Commissioner Garrett provided a overview of their action plan and explained that this group is at the point of contracting. Next was Open Spaces, Dee Rosario a stakeholder in the group gave a overview that the plans for the multi-generational playground is in the works, just have to pick a location and get funding. Next was Health and Wellness, Commissioner Seibert gave an overview of their plans to provide access to better quality food, culturally sensitive food to seniors in Oakland. Also, their plan to implement a Case Management program to assist seniors. Lastly was Housing, Commissioner Beene-Clarke gave an overview on their 2 projects they are pushing forward on, to meet more housing needs for seniors in Oakland.

7. Adjournment *Chair Lenore Gunst*

Chair Lenore gave a brief recap on the work that was done, she thanked everyone for attending. Meeting adjourned 12:50pm.

Date and Time of Next Meeting

The next meeting will be held on Wednesday, April 5, 2023, at 10 a.m. in person at City Hall.