



CITY OF OAKLAND MAYOR'S COMMISSION ON AGING (MCOA)

Wednesday, June 5, 2024

10:00 a.m. – 12:00 p.m.

In Person

City Hall, Hearing room 1



CITY OF OAKLAND MAYOR'S COMMISSION ON AGING

In Person
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10:00 a.m. – 12:00 p.m.

PUBLIC PARTICIPATION:

- The public may observe and/or participate in this meeting, in person at 1 Frank H. Ogawa Plaza, Hearing Room 1, Oakland, CA 94612.

For your safety, we strongly recommend you wear a mask.

OBSERVE:

- **To observe the meeting by television**, please tune in to KTOP-TV10 Programming, is also available on Channel 99 on AT&T U-Verse, or click this link to view <https://oakland.granicus.com/player/camera/2>.
- **To observe the meeting by video conference**, please click on this link: <https://us06web.zoom.us/j/87879786992?pwd=YVJ1eFNUZlduZTJpcjdWQWRzZjJ1UT09> at the noticed meeting time.
Instructions on how to join a meeting by video conference is available at: <https://support.zoom.us/hc/en-us/articles/201362193-joining-a-Meeting>

- **To listen to the meeting by phone**, please call the numbers below at the noticed meeting time: Or One tap mobile:

US: +16694449171,,87879786992# or +17193594580,,87879786992#

Or Telephone:

Dial (for higher quality, dial a number based on your current location):

US: +1 669 444 9171 or +1 719 359 4580 or +1 720 707 2699 or +1 253 205 0468 or +1 253 215 8782

or +1

346 248 7799

Webinar ID: 878 7978 6992

Instructions on how to join a meeting by phone are available at:

<https://support.zoom.us/hc/en-us/articles/201362663-Joining-a-meeting-by-phone>

PUBLIC COMMENT:

- **Join Us in Person**, 1 Frank H. Ogawa Plaza, Hearing Room 1, Oakland, CA 94612. To Comment in Person, members of the public must submit a separate speaker card for each item on the agenda to the commission clerk before the item is called.
- **Email Written Comments to MCOA@Oaklandca.Gov**. Written comments must be submitted at least 24 hour prior to the meeting time to be delivered to the commissioners.

If you have any questions, please email the Mayor's Commission on Aging at: mcoa@oaklandca.gov.



MAYOR'S COMMISSION ON AGING
City of Oakland - Human Services Department
150 Frank H. Ogawa Plaza, Suite 4340 Oakland, CA 94612
(510) 238-6137 · (Fax) 238-7207 · (TTY) 238-3254

City of Oakland Mayor's Commission on Aging
Wednesday, June 5, 2024
10:00 a.m. – 12:00 p.m.

In Person
City Hall – Hearing room 1

*Issues that the public wishes to address that **are not** published on the agenda will be heard during the Public Forum section.*

AGENDA

1. Call To Order
2. Roll Call
3. Adoption of Agenda
4. Approval of February 7, 2024, March 6, 2024, and May 1, 2024 MCOA Minutes
5. Public Comment (Specific Agenda Items, limit of two minutes)
6. Budget Updates: State and City – *Chair Lenore Gunst*
7. Advocacy Updates – *Tydia Hill*
8. Presentations:
 - Easy Does It Services – *Trevor Jacobson Executive Director*
 - Oakland LGBTQ Community Center – *Jessie Spivey, Director of Elder Services*
9. Scheduling of MCOA meetings at senior centers (July 2024 and December 2024 meetings)
10. Aging and Adult Services & Mayor's Commission on Aging Five-Year Strategic Plan: Planning Activities and Timeline – *Chair Lenore Gunst/Vice-Chair Blake Spears/HS Manager Ana Bagtas*
11. Health & Human Services/Adult & Aging Services Updates
12. Open Forum (Limit of two minutes)
13. Closing Remarks & Adjournment

NOTE: THE COMMISSION MAY TAKE ACTION ON ANY ITEM ON THE AGENDA

This meeting location is wheelchair accessible. To request disability-related accommodations or to request an ASL, Cantonese, Mandarin, or Spanish interpreter, please email MCOA@oaklandca.gov or call TDD/TTY (510) 238-3254 at least five working days before the meeting.



Mayor's Commission on Aging

City of Oakland – Human Services
Department Lionel J. Wilson Building
150 Frank H. Ogawa Plaza, Suite
4340 Oakland, CA 94612

Tel: (510) 238-3121 • Fax: (510) 238-7207 • TTY: (510) 238-3254

Wednesday, February 7, 2023
Held In Person

MINUTES

1. Call to Order

Chair Gunst called the meeting to order at 10:09 a.m. The meeting was held in person at Oakland City Hall, Hearing Room 1.

2. Roll Call

Present: Lenore Gunst, Blake Spears, Suzi Kalmus, Jennifer Seibert, Bob Scott, Jacqueline Johnson, Lisa Malul

Absent Excused: Ristina Ingram, Tydia Hill, and Asha Beene Clarke

A quorum was established.

Staff: Melissa Francisco (Human Services Department (HSD) Executive Assistant),
Soctt Means (HSD Director)

Guest: Cathy DeLuca, Planning and Project Development Team (OakDOT)

3. Adoption of Agenda

Motion: To approve the February 7, 2024 MCOA Agenda without modifications.

M/S/Carried: B. Spears /L. Malum/ Motion Carried.

4. Defer Approval of May 3, June 7, July 5, September 6, November 1, December 6, 2023 MCOA Draft Minutes

No action taken.

5. Public Forum (Limit to 2 minutes)

No public comments.

6. Welcome New Commissioners

Chair Gunst welcomed incoming Commissioners and sought a brief introduction from all Commissioners.

7. Oakland Department of Transportation (OakDOT) Upper Telegraph Project Presentation

Cathy DeLuca provided the Commission a detailed presentation on OakDOT's Upper Telegraph Project, which strives to improve connectivity and safety on Telegraph Avenue from 52nd Street to Woolsey Street as part of Oakland's Five-year Paving Plan.

8. Health and Human Services/Aging and Adult Services Updates

The Human Services Department's Interim Director, Scott Means, delivered a brief update on staffing and the mid-cycle budget process. Due to the reductive budget and its potential impact to Aging and Adult Services, Director Means intends to invite incoming Fiscal Manager Kurry Foley to a future meeting. Outreach Developer Jessi Cutter will attend the next meeting to discuss Zoom Public Meetings at Senior Centers.

9. MCOA Stakeholders Groups and Other Updates

▪ **Health and Wellness**

B. Spears reported on the distribution of 500 copies of the Seniors Resource Guide. Commissioners will deliver the resource guides to their respective Senior Centers. B. Spears additionally addressed hosting Listening Sessions after the new AAS Manager is in place, with an expected completion date of the end of summertime (September 22, 2024).

▪ **Communications**

B. Scott reported on the ongoing hand-off between former Commissioner Dianna Garrett and himself. Additionally, B. Scott discussed contract delays and the status of the Eden I&R database project.

▪ **Advocacy – Senior Services Coalition**

Chair Gunst reviewed the "Senior Services Coalition of Alameda County" attachment included in the MCOA Agenda Packet, highlighting the policy agenda and call to action.

▪ **Chair Report – Mayor's Commission on Persons with Disabilities, Oakland Community Engagement Committee, and MCOA Work Plan**

Chair Gunst reported on various meeting participation and referred to relevant presentation slide decks included in the MCOA Agenda Packet.

10. Closing Remarks

Next meeting to be held at East Oakland Senior Center, details forthcoming.

Motion: To adjourn the meeting of the Mayor's Commission On Aging.

M/S/Carried: J. Seibert/B. Spears/ Motion Carried.



Mayor's Commission on Aging

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Department Lionel J. Wilson Building
150 Frank H. Ogawa Plaza, Suite
4340 Oakland, CA 94612

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Wednesday, March 6, 2023
Held In Person

MINUTES

1. Call to Order

Chair Gunst called the meeting to order at 10:05a.m. The meeting was held in person City Hall Hearing Room 1.

2. Roll Call

Present: Lenore Gunst, Asha Beene-Clarke, Suzi Kalmus, Jennifer Seibert, Bob Scott, Jacqueline Johnson, Lisa Malul

Absent:

Absent Excused: Blake Spears, Ristina Ingram, Tydia Hill

Late:

A quorum was established.

Staff: Yvonne Dunbar (MCOA Clerk), Marshay Boyd (Admin Assistant)

3. Adoption of Agenda

The agenda was approved no modifications.

Motion: Jennifer Seibert/Motion carried unanimously

4. Defer Approval of May 3, June 7, July 5, September 6, November 1, December 6, 2023 MCOA Draft Minutes

Scott Means through the chair provided an update on a possible solution for getting the back minutes approved, and off the agendas moving forward. He suggests a few of the commissioners who were not present at those meetings, to watch the meeting recordings, so at the next meeting we can vote on these past minutes.

Motion: No motion at this time

5. Approval of the February 7, 2024 MCOA Draft Minutes – Handout

Chair Gunst confirmed that the handout was not present at this time.

6. Public Forum (*Limit to 2 minutes*)

(Insert commissioners name here) Aging on Disabilities gave brief explanation and invitation to attend their upcoming commission meeting. Mentioned wanting to be more involved with the

MCOA, because both commissions have similar interests.

7. City of Oakland Commissioner Pin Distribution (*Scott Means*)

Scott Means presented the commissioners with their pins, thanking them for their service.

8. Advocacy Presentation: *Wendy Peterson, Senior Services Coalition of Alameda County*

Wendy Peterson presented a wonderful presentation providing very detailed information about what the Senior Services Coalition of Alameda County is about, including the data they have collected and key points to what this data could be good for. Wendy provided her key messages and talking points document for all the commissioners and audience members to following along during her presentation. Wendy suggests a meeting where the MCOA presents at their coalition. Chair Gunst asked, how long should the meetings be. Wendy responded with 30 mins, a well-orchestrated meeting, and at the beginning of the meeting discuss why we are there, leading into other things. Should we provide advance meeting material Chair Gunst asked. Wendy replied, it would be more productive to have a personal connection rather than focusing on a piece of paper. Commissioner Scott asked about organization of the meeting with staff. Wendy responded Staff will coordinate the meeting details and will be helpful. Commissioner Siebert asked if two commissioners at a time, rather than individual one on one conversations. Chair Gunst believes one on one will be better for this. Commissioner Siebert asked if we could get a break down of data by district. Wendy will investigate it. Commissioner Beene-Clarke asked, what can we do more to make sure we are doing everything we can to make our presence known. Wendy suggests different ways to approach this.

- Chair Gunst opened the floor for public comment, (insert name) asked about maintaining relationships and keeping key departments in the loop with information. Wendy suggests maintaining communication.

9. Human Services Department (HSD)/Adult & Aging Services (AAS) Updates

Scott Means came up to introduce staff, also responding to a couple questions. Update on HSD items, we will not have gaps in staffing for the Downtown Oakland Senior Center. Aaron Wong has accepted the position of being the Senior Center Director for Downtown.

- **Jessi Cutter, Outreach Developer – Hosting Zoom Public Meetings at Senior Centers**
Scott Introduced Jessi, who is now outreach developer for the department. Jessi provided a brief understanding of what we need to host zoom public meetings at senior centers. MCOA plans to host a meeting there in the coming months, and Jessi let the commissioners know what they will need to consider before hosting the meeting. We need someone with expertise in amplified sound to help with understanding how to do that for these meetings at DOSC.
- **Scott Means, HSD Interim Director:**
Scott Means introduced Kurry Foley.
 - **Introduction of Kurry Foley, HSD Fiscal Manager**
Kurry Foley the HSD Fiscal Manager introduced herself by sharing a robust presentation about HSD's Budget and how the funds are being issued. Kurry answered questions from commissioners about future plans.

- **Potential Impacts of Oakland's Revised 2023-25 Budget**
Included in Kurry's presentation, information about the 2023-25 Budget was included.

10. MCOA Stakeholder Groups and Other Updates

- **Jennifer Siebert, April MCOA meeting at East Oakland Senior Center**
Commissioner Siebert presented the flyer for this meeting, as well as provided more details about what to expect. There will be provided food, an item that was missing off the flyer.
Commissioner Scott provided information about a current project his organization is launching.

11. Closing Remarks, & Adjourn

Commissioner Siebert asked about setting up the zoom link for the East Oakland Senior Center MCOA meeting. Marshay will set up the link for the East Oakland Senior Center MCOA meeting.
Meeting Adjourned 12:02pm

Date and Time of Next Meeting

The next meeting will be held on Wednesday, April 3, 2024, at 10 a.m. in person at City Hall hearing room 1.



Mayor's Commission on Aging

City of Oakland – Human Services
Department Lionel J. Wilson Building
150 Frank H. Ogawa Plaza, Suite
4340 Oakland, CA 94612

Tel: (510) 238-3121 □ Fax: (510) 238-7207 □ TTY: (510) 238-3254

Wednesday, May 1, 2024
Held In Person at City Hall
Hearing Room 1

MINUTES

1. Call to Order

Chair Gunst called the meeting to order at 10:11a.m. The meeting was held in person at City Hall Hearing Room 1.

2. Roll Call

Present: Lenore Gunst, Blake Spears, Suzi Kalmus, Bob Scott, Jacqueline Johnson, Lisa Malul, Tydia Hill

Absent:

Absent Excused: Asha Beene-Clarke, Jennifer Seibert

Late: Ristina Ingram

A quorum was established.

Staff: Ana Bagtas (Human Services Manager), Scott Means (Human Services Director), Yvonne Dunbar (MCOA Clerk), Marshay Boyd (Admin Assistant)

3. Adoption of Agenda

The agenda was approved no modifications.

Motion: Bob Scott/Jacqueline Jihnsion/Motion carried unanimously

4. Approval of February 7, March 6, and April 3 MCOA Draft Minutes

Chair Gunst confirmed the deferment of these minutes. Minutes must to be confirmed by both chair and vice-chair.

Motion: No motion at this time

5. Public Comment (specific agenda items, limit to 2 minutes)

Anwar, chair of Mayor's Aging on People with Disabilities gave brief explanation of what their commission have recently been doing. Also extending an invitation to attend their upcoming commission monthly meetings.

6. Presentation: Transportation Options for Oakland Seniors and Persons with Disabilities – AC

Transit and Oakland Paratransit for Elderly and Disabled (OPED) Program

Andrea Mok acting supervisor for Oakland Paratransit for the Elderly and Disabled gave a brief introduction of herself and team. Andrea gave a presentation on what services they offer, requirements for eligibility, and how to access the services. Chair Gunst open the floor to commissioners for questions, and then to the public. Andrea Mok provided informative feedback to the questions received.

- **MOTION to amend agenda**

Chair Gunst requested a motion to add an additional presentation from Department of Violence Prevention (DVP) to the agenda.

Motion: Blake Spears/Suzi Kalmus/Motion carried unanimously

- **Presentation: Department of Violence Prevention (DVP) – Chief Yoshi**

Chair Gunst gave a brief introduction of chief Yoshi. Holly Yoshi, Chief of department of violence prevention gave a very informative presentation on status of violence in Oakland and plans the City of Oakland is implementing to continue to tackle crime in Oakland. The department is under construction, currently building a team of life coaches who are in the field working hands on to reduce violence in the city. Chair Gunst opened this item up to the commissioners for questions and then to the public. Chief Yoshi provided great feedback to the questions that were asked.

7. Announcement: Development of the next Aging and Adult Services/Mayor's Commission on Aging 5-Year Plan

Chair Gunst opened this item on the agenda up with explaining what the Mayor's Commission on Aging 5-year plan is about, how we are ending the current 5-year plan, and how the MCOA intends on starting the planning of the new 5-year plan. Chair Gunst invited Human Services Manager Ana Bagtas to give a more detailed explanation of this process. Ana is excited to get this strategic plan started as she specializes in this area; she provided a great overview of how the team will get into the weeds of things. Ana asked the commissioners to be involved by reaching out to chair Gunst showing interested in join the Strategic Planning team.

8. Advocacy for Senior Services

Chair Gunst turned this item over to Commissioner Hill who provided an understanding of how the MCOA plans to advocate for seniors and our Aging department. The stakeholder groups have a lot of goals and are requesting more help from the commissioners on reaching out to councilmembers from different districts to be the voice for our seniors in Oakland. This action will be done by the commissioners, they will not lean on the help of Human Services Department staff. Chair Gunst opened this item up to commissioners and public for comments and questions, Commissioner Hill and Chair Gunst provided great feedback to the questions asked.

9. Calendaring of MCOA meetings at senior centers

Chair Gunst suggested that the commissioners discussed what months to host the next in the community MCOA meetings at the remainder senior centers (North Oakland, West Oakland, and Downtown senior centers). The commissioners collectively agreed to July 2024, October 2024, December 2024, and February 2025 meetings in the community. Chair Gunst suggested reaching out to the Kayla Brown Senior centers supervisor to find out each center's schedules, and which

months would be best to host which community session. Also, to reach out to the councilmembers in each district to support these meetings, like Councilmember Reid District 7 did for our April 2024 MCOA meeting that was held at the East Oakland Senior Center.

10. Health & Human Services/Adult & Aging Services Updates

This item was deferred.

11. Open Forum (Limit of two minutes)

No comments at this time.

12. Closing Remarks, & Adjourn

Motion: Lisa Malul/Suzi Kalmus/Motion carried unanimously

Meeting Adjourned 12:03pm

Date and Time of Next Meeting

The next meeting will be held on Wednesday, June 5, 2024, at 10 a.m. in person at City Hall hearing room 1.





Trouble Playing Video? [Open it in a Browser](#)

easydoesitservices.org



Core Services

- Emergency Personal Care Attendants
- Wheelchair Rescue
- Wheelchair Repair
- Private Accessible Transportation

easydoesitservices.org



Image Description

Drew and Peni pose for a photo in front of one of our Accessible Transportation Vans, in front of the Oakland Museum of California. Peni is decked out in all purple (power chair included) and wearing a Judy Heumann quote.



Wheelchair Rescue

Serving Alameda, Albany, Berkeley, Castro Valley, Emeryville, Hayward, San Leandro, San Lorenzo, and Oakland.

7 Days a Week | 9 am - 11 pm

Also known as FASTER (Fast Accessible Safe Transportation and Emergency Repair.) EDI Repair Technicians troubleshoot broken devices over the phone, meet to attempt on-site repairs, and make sure individuals get home safely.

Free

easydoesitservices.org



Fast
Accessible
Safe
Transportation
Equipment
Repair

Image Description

A closeup of the FASTER (Fast, Accessible, Safe, Transportation, Equipment Repair) acronym appearing on the side of one of our accessible transportation vans.



Wheelchair Repair

7 days a week | 9:00 a.m. – 5:00 p.m.

Our repair technicians are qualified to diagnose and resolve various issues with wheelchairs, scooters, and a wide range of assistive devices. We do not service equipment under warranty.

\$15 per hour

easydoesitservices.org



Image Description

Rodney poses for a photo while making adjustments to a client's manual wheelchair.



Equipment Loans

We use donated parts to keep the service affordable and have a limited supply of wheelchairs and other devices to loan while equipment is being repaired.

easydoesitservices.org



Image Description

Ed helps a client board one of our accessible transportation vans.



Easy Does It Emergency Services is requesting from the Oakland Mayor's Commission on Aging that they publicize the availability of these two emergency services for persons with disabilities residing in Oakland and include information on how to contact Easy Does It Emergency Services.



 Call Urgent Dispatch

(510) 704 -2111

easydoesitservices.org

Administrative Offices, **(510) 845-5513**

Monday through Friday 9:00 a.m. to 4:00 p.m.

**Live
as You
Choose**



ELDER

SERVICES

THE OAKLAND
LGBTQ COMMUNITY
CENTER



INTRODUCTION

ELDER SERVICES

Seniors and Elders have always been a part of The Oakland LGBTQ Community Center. The Elder Services program really accelerated in 2023, when the center absorbed Lavender Seniors and its programming. In February 2023 the center hired its first Elder Services Director and in January 2024, we hired an Elder Services Coordinator.





THE TEAM

Elder Services

Jessie R. Spivey (he/him)
Director of Elder Services
jessie@oaklandlgbtqcenter.org

Julian Leus (they/them)
Elder Services Coordinator
julian@oaklandlgbtqcenter.org

510-882-2286
<https://www.oaklandlgbtqcenter.org/>
<https://lavenderseniors.org/>

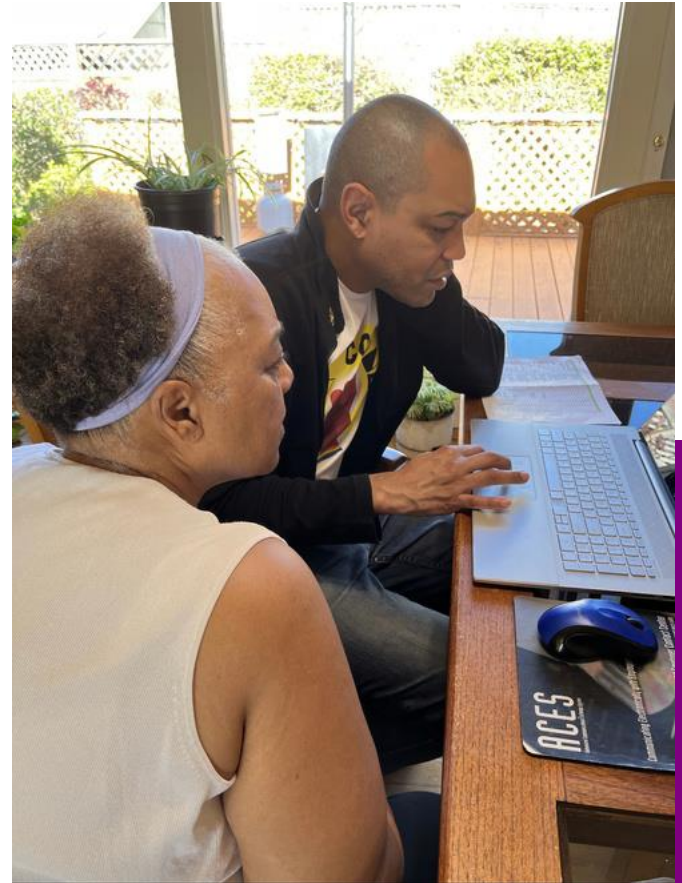


ABOUT US

Elder Services

The Center's Elder Services promotes a positive and healthy quality of life for elder LGBTQ+ individuals 55+ by ensuring they continue to be supported, respected, and connected as they advance in age. We collaborate with existing agencies working with LGBTQ+ Seniors to connect people to needed resources and work to identify gaps in services so that we can find ways to fill those gaps.

We host support groups and activities designed to help keep LGBTQ+ Seniors engaged with other Seniors and younger members of our community.





OUR PROGRAM

Elder Services

CASE MANAGEMENT

Program participants work with a dedicated Elder Services Coordinator

DIRECT SERVICES

We provide a number of direct services including housing resources and referrals

FOOD PANTRY

The Center's pantry is available to all program participants

MENTAL HEALTH

Program participants have access to mental health subsidies and referrals



OUR PROGRAM

Elder Services

SENIOR ACTIVITIES

We host a number of senior focused activities throughout the year

SEXUAL HEALTH

Program participants have direct access and linkage to the GBWC

SUPPORT GROUPS

We offer a number of support groups for program participants

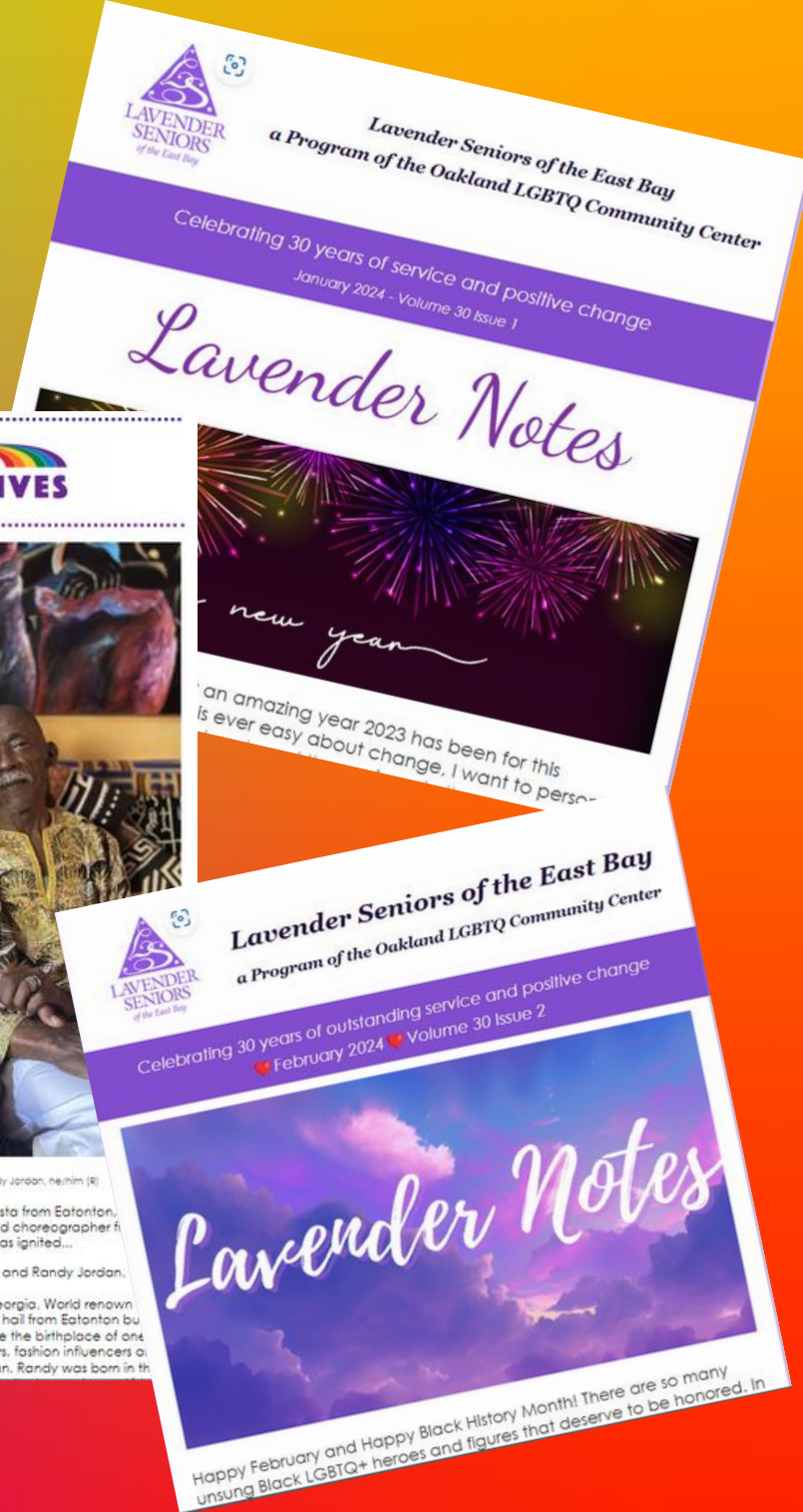
TRANSPORTATION ASSISTANCE

Program participants can receive resources, referrals and incentives

LAVENDER NOTES

Elder Services

Lavender Notes is a monthly newsletter for program participants and community partners. It features Stories of our lives, a popular column that highlights an LGBTQ+ Senior in the community. Special announcements, Activities, Community Calendar and a Resource Hub are also included.



WHO WE SERVE

Elder Services



**LGBTQ+
SENIORS**



**AGES
55+**

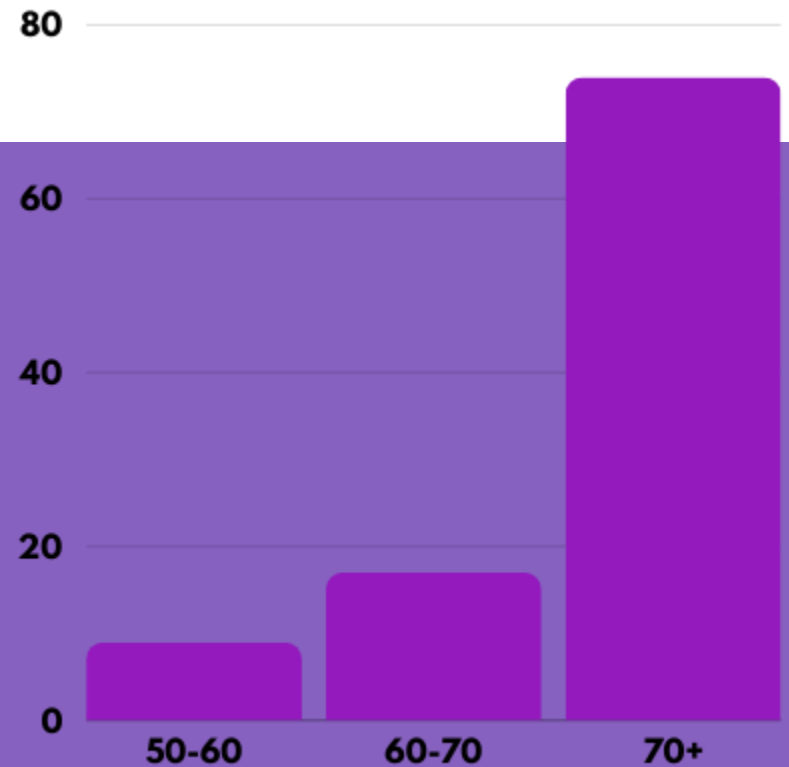
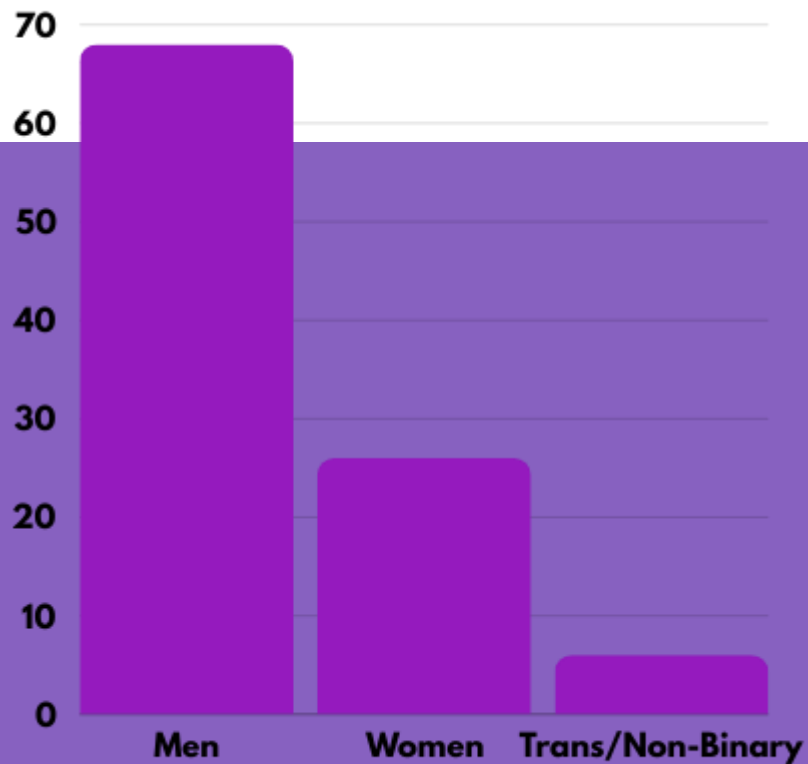


**ALAMEDA &
SURROUNDING
COUNTIES**



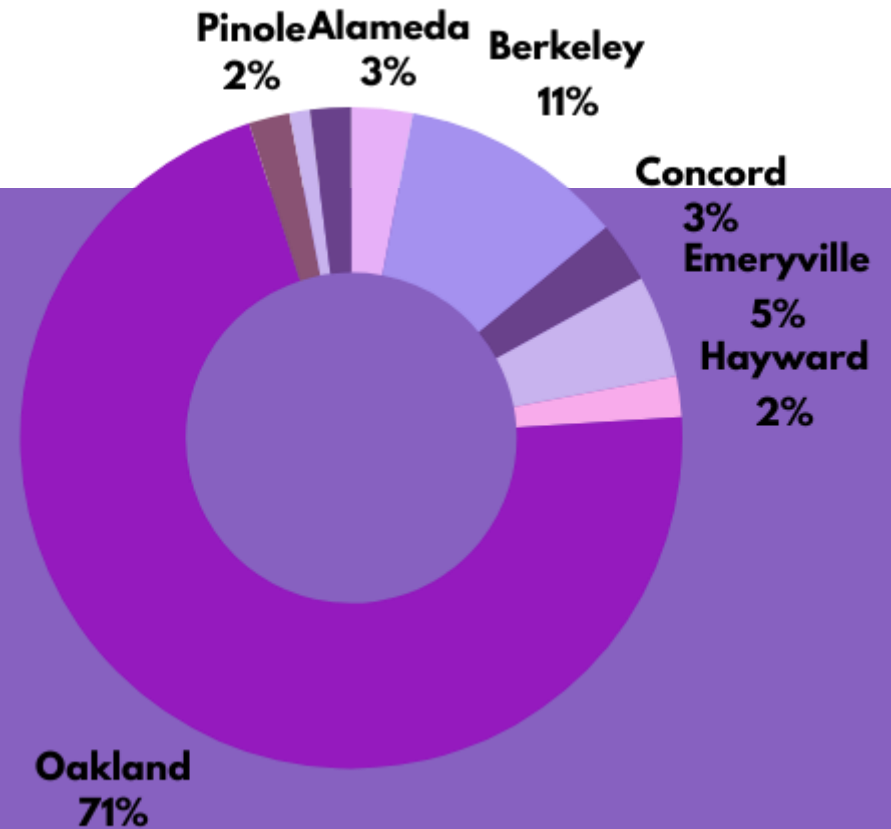
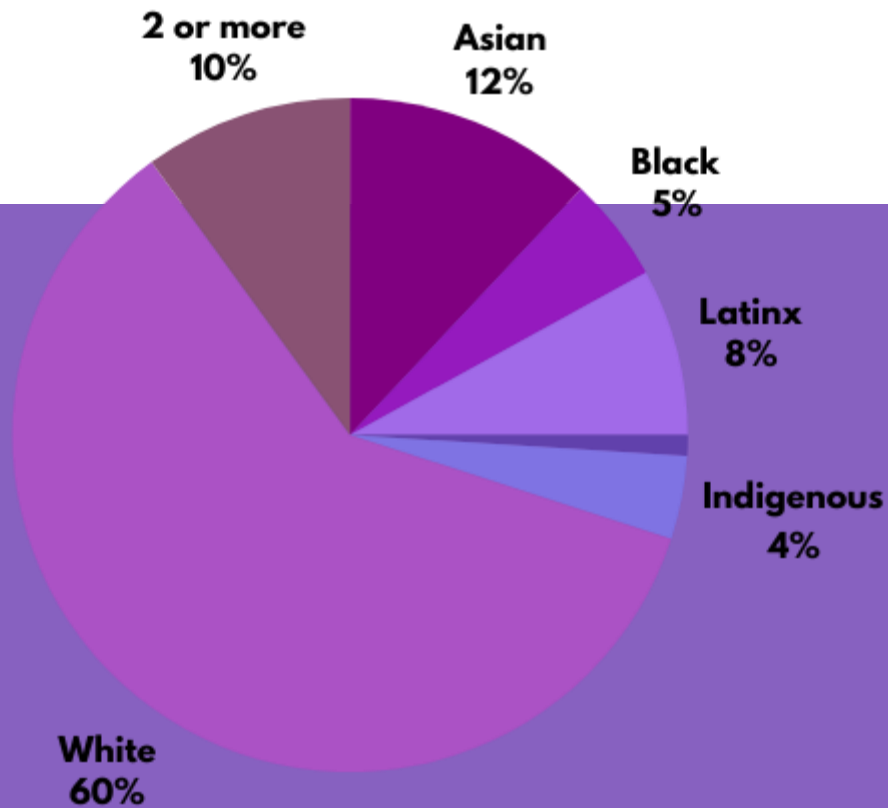
WHO WE SERVE

Elder Services



WHO WE SERVE

Elder Services



NEW OFFERINGS

Elder Services

2024 brings two new offerings to Elder Services, to address the current mental health crisis facing the nation.



LGBTQIA+ Elders Therapy Group

WEDNESDAYS IN-PERSON AT
THE OAKLAND LGBTQ CENTER
FACILITATED BY GRACE WALCOT, AMFT

Oakland LGBTQ COMMUNITY CENTER

LAVENDER SENIORS of the East Bay



Participants must be pre-screened by Facilitator

For more info:
510-882-2286
info@lavenderseniors.org

Elder Services

Oakland LGBTQ COMMUNITY CENTER

LAVENDER SENIORS of the East Bay

A new program for LGBTQ+ Seniors

THE HEART TO ART PROJECT
DERRICK BELL ART

THE MISSION:
USING ART AS THERAPY
TO HELP HEAL,
INSPIRE, AND
EMPOWER US TO
BECOME THE BEST
VERSION OF
OURSELVES.

Art! Healing! Empowerment!

Tuesdays
@
The Oakland LGBTQ Center

featuring
Derrick Bell

For sign up info: info@lavenderseniors.org

THIRD FRIDAY LUNCH BUNCH

Elder Services

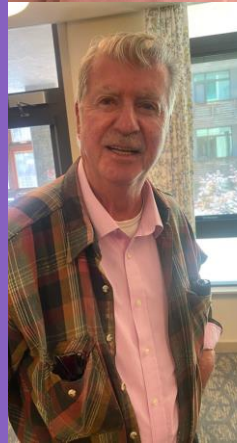
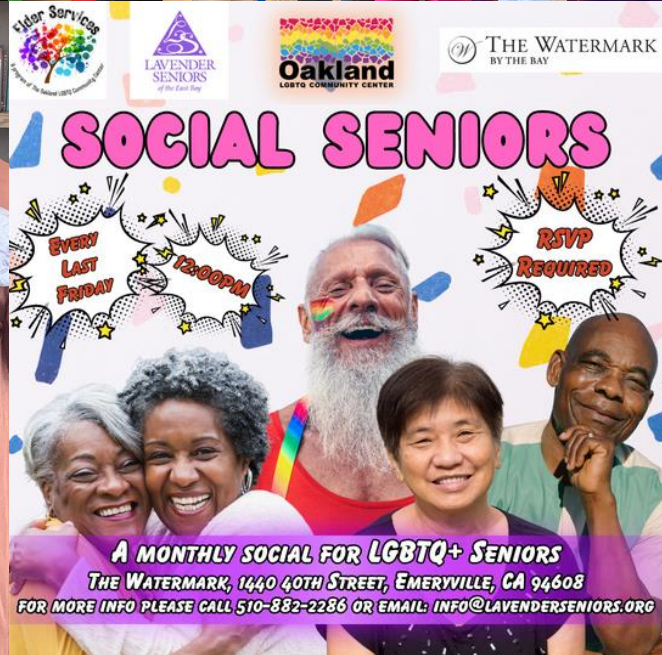
Third Friday Lunch Bunch has been a long time staple of Lavender Seniors. Lunch Bunch continues to provide a safe space for LGBTQ+ Seniors while offering good company, great food, and various presenters and performers. In December 2023, Lunch Bunch had its highest attendance rate in history with a whopping 90 RSVPs!



SOCIAL SENIORS

Elder Services

Social Seniors was a part of the early days of Elder Services at the Center but after its resurrection in 2023 and a new partnership with The Watermark by the Bay, it has become one of the most well known social gatherings for LGBTQ+ Seniors in the East Bay.



THE FUTURE

Elder Services

Rainbow Buddies
Carpool Buddies
Senior Gay Men's Affinity Group
Senior Lesbian Affinity Group
Lavender Seniors
30th Anniversary





THANK YOU

Thank to our
partners and
sponsors who help
make these
moments magical
for our LGBTQ+
Senior community!

