



CITY OF OAKLAND MAYOR'S COMMISSION ON AGING

Wednesday, January 4, 2023

10:00 a.m. – 12:00 p.m.

Teleconference

Please see the agenda to participate in the
meeting

CITY OF OAKLAND
MAYOR'S COMMISSION ON AGING

Teleconference
Wednesday January 4, 2023
10:00 a.m. – 12:00 p.m.

Pursuant to California Government Code section 54953(e), Board Members/Commissioners, as well as Citystaff, will participate via phone/video conference, and no physical teleconference locations are required.

PUBLIC PARTICIPATION

The public may observe and/or participate in this meeting many ways.

OBSERVE:

To observe the meeting by video conference, please click on this link: <https://zoom.us/j/91661011924> at the noticed meeting time.

Instructions on how to join a meeting by video conference is available at:
<https://support.zoom.us/hc/en-us/articles/201362193-joining-a-Meeting>

To listen to the meeting by phone, please call the numbers below at the noticed meeting time:

Or iPhone one-tap:

US: +16699009128, 91661011924# or +12532158782 ,91661011924#

Or Telephone:

Dial (for higher quality, dial a number based on your current location):

US: +1 669 900 9128 or +1 253 215 8782 or +1 346 248 7799 or +1 646 558 8656 or +1 301 715 8592 or
+1 312 626 6799

Webinar ID: 916 6101 1924

Instructions on how to join a meeting by phone are available at:

<https://support.zoom.us/hc/en-us/articles/201362663-Joining-a-meeting-by-phone>

COMMENT:

To comment by Zoom video conference, click the “Raise Your Hand” button to request to speak when Public Comment is being taken on the eligible Agenda item. You will then be unmuted, during your turn, and allowed to make public comments. After the allotted time, you will then be re-muted.

Instructions on how to “Raise Your Hand” is available at:

<https://support.zoom.us/hc/en-us/articles/205566129-Raising-your-hand-in-a-webinar>

To comment by phone, please call on one of the above listed phone numbers. You will be prompted to “Raise Your Hand” by pressing “*9” to request to speak when Public Comment is being taken on the eligible Agenda Item. You will then be unmuted, during your turn, and allowed to make public comments. After the allotted time, you will then be re-muted.

Instructions of how to raise your hand by phone are available at:

<https://support.zoom.us/hc/en-us/articles/201362663-Joining-a-meeting-by-phone>

If you have any questions, please email Marshay Boyd at Mboyd@oaklandca.gov



City of Oakland Mayor's Commission on Aging

Wednesday January 4, 2023

10:00 a.m. – 12:00 p.m.

Teleconference

Issues that the public wishes to address that **are not** published on the agenda will be heard during the Public Forum section. Raise your hand if you are viewing by video or dial *9 if you are joining by phone. You will have 2-minutes to speak on the item.

AGENDA

- 1. Call to Order**
- 2. Roll Call**
- 3. Re-adopt the Teleconference Resolution** (*Adopt Resolution 21-10-02 Determining that Conducting In-Person Meetings of the Mayor's Commission on Aging and its Committees would Present Imminent Risks to Attendees' Health and Electing to Continue Conducting Meetings Using Teleconferencing in Accordance with California Government Code Section 54953(e), a Provision of AB-361*)
- 4. Adoption of Agenda**
- 5. Approval of Minutes: December 7, 2022**
- 6. Public Forum** (*Limit to 2 minutes*)
- 7. Review: Stakeholder Groups and Subcommittees**
- 8. Advocacy Plan**
- 9. Retreat Discussion**
- 10. Age-Friendly Report: Open Spaces Stakeholders Meeting**
- 11. HSD Aging & Adult Services Update, Scott Means, Aging & Adult Services Manager**
- 12. Announcements**
- 13. Closing Remarks & Adjourn**

NOTE: THE COMMISSION MAY TAKE ACTION ON ANY ITEM ON THE AGENDA

Commission on Aging agendas are provided to subscribers at no charge. Meeting minutes are available to the public for review and copying at the Human Services Department, 150 Frank H. Ogawa Plaza, Suite 4340, Oakland, CA 94612.



This meeting location is wheelchair accessible. To request disability-related accommodations or to request an ASL, Cantonese, Mandarin or Spanish interpreter, please email smeans@oaklandnet.com or call (510) 238-6137 or TDD/TTY (510) 238-3254 at least five working days before the meeting. Please refrain from wearing scented products to this meeting as a courtesy to attendees with chemical sensitivities.



Mayor's Commission on Aging

City of Oakland – Human Services
Department Lionel J. Wilson Building
150 Frank H. Ogawa Plaza, Suite
4340 Oakland, CA 94612

Tel: (510) 238-3121 • Fax: (510) 238-7207 • TTY: (510) 238-3254

Wednesday, December 7, 2022
Held via Teleconference

MINUTES

1. Call to Order

Scott Means called the meeting to order at 10:03 a.m. The meeting was held via teleconference. Scott Means advised that the mayor's office has officially confirmed commissioners as of December 6, 2022.

2. Roll Call and Determination of Quorum

Present: Dianna Garrett, Jennifer Seibert, Lenore Gunst, Suzi Kalmus, Ristina Ingram, Tydia Hill, Patricia Osage, Blake Spears

Absent:

Absent Excused: Asha Beene-Clarke

Late:

A quorum was established.

Staff: Scott Means (Aging & Adult Services Manager), Marshay Boyd (Administrative Assistant)

3. Re-adopt the Teleconference Resolution *(Adopt Resolution 21-10-02 Determining that Conducting In-Person Meetings of the Mayor's Commission on Aging and its Committees would Present Imminent Risks to Attendees' Health and Electing to Continue Conducting Meetings Using Teleconferencing in Accordance with California Government Code Section 54953(e), a Provision of AB-361)*

Motion Carried: Blake Spears/Lenore Gunst/Motion Carried Unanimously

4. Adoption of Agenda

The agenda was approved no modifications

Motion Carried: Jennifer Seibert/Lenore Gunst/Motion Carried Unanimously

5. Approval of minutes: October 5, 2022

The November 2, 2022, meeting was informational, no approval needed.

Motion Carried: N/A

6. Commission on Aging Administrative Processes

Scott Means opened this item up with brief explanation of commissioners excusing themselves from

voting if it has connections to an agency they work for. Scott Means opened the floor to the commissioners to nominate a chair and vice chair, that will be voted on. There was brief conversation around the roles of the chair and vice chair, as well as liaisons to senior centers and what all these roles entail. Commissioner Garrett explained what the responsibilities are to the Livable Oakland stakeholder groups, as she is the current chair of the Communications stakeholder group. After discussions and nominations, the commissioners have nominated; Lenore Gunst as chair, Blake Spears as Vice-Chair, Communications sub committee Dianna Garrett and Ristina Ingram, Health and Wellness sub committee Tydia Hill and Blake Spears (Jennifer Siebert as an attendee), Housing sub committee Asha Beene-Clarke and Suzi Kalmus, Open Spaces Lenore Gunst and Scott Means. Liaisons with senior centers; DOSC Suzi Kalmus, EOSC Jennifer Seibert, NOSC Lenore Gunst, and WOSC Tydia Hill. Motion Carried: Jennifer Seibert/Dianna Garrett/Motion Carried unanimously through a roll call vote.

- Conflict of Interest
- Election of Chair and Vice Chair
- Age Friendly Subcommittees
- Liaisons to Senior Centers
- Other Initiative or Programmatic Based Work

7. Public Forum (*Limit to 2 minutes*)

No speakers at this time.

8. Age-Friendly Report: Communications Stakeholder Meeting

Commissioner Garrett opened this item with information from the December 1, 2022 Communications stakeholder meeting. It was a very short and concise meeting; they start contracting in January and are looking to really build the database late spring 2023.

9. HSD Aging & Adult Services/COVID-19 update, *Scott Means, Aging & Adult Services Manager*

Scott Means made this report brief. Updated us about the city council meeting that approved the commissioners, also about additional funding that was awarded to S.O.S. Meals on Wheels and how it will help seniors in Oakland. We have moved forward with the case management training. In January 2023 Scott Means will be presenting to emergency services about minor emergencies, he will speak to them about resiliency in seniors, to get them on board with our communications strategies, to inform seniors of minor emergencies. Mask mandate is no longer in effect at senior centers, staff are still choosing to mask and encouraging masking of visitors. Vaccine mandate is still in effect.

OPED: Program is open and continues to serve the community. They are working to expedite the Taxi Script Service and launching the Go-Go Grandparent Platform that will provide Uber and Lift rides to seniors.

MSSP: Seniors are still opting into televisits, will continue to maintain cases with porch visits until they're comfortable letting people into their homes again.

SCP/FGP: The program is staffed by 1.5 FTEs. The program will continue to sufficiently serve the community while in the recruitment process.

ASSETS: We are hiring! If you know any older adults (strong need for bilingual) who would like to participate, send them our way. The senior aide TPT positions are minimum wage \$14.36/hour at 20hrs/week. There are also employment opportunities for Physical Fitness Instructors to apply as Recreation Specialists that will service the senior centers.

SENIOR CENTERS: Despite this, the Senior Centers continue to provide critical services that includes food distribution, membership registration and virtual/limited-indoor programming. Have upcoming events to RSVP for any upcoming events, presentations, or classes go to MyActiveCenter.com or call (510) 238-3284 M-F 9am-3pm. We have activities at all our centers. Introducing new Senior Center newsletter. A membership into an Oakland Senior Center is not a key into the city, but a membership into a community. Working on making our Senior Centers a community benefit, improving seniors experience.

10. Announcements

Dianna Garrett requests Marshay to send out a complete contact list with all the commissioners information.

Free COVID testing is available at the following locations:

- East Oakland Senior Center – Parking Lot | 9255 Edes Ave, Oakland, CA 94603
To schedule an appointment: <https://curative.com/sites/31207>
Date/Time: Tuesdays | 8:00am -2:00pm
- Downtown Oakland Senior Center – Parking Lot | 200 Grand Ave, Oakland, CA 94610
To schedule an appointment: <https://curative.com/sites/31197>
Date/Time: Thursdays | 8:00am -2:00pm

11. Closing Remarks & Adjourn

The meeting was Adjourned at 11:02 a.m.

Date and Time of Next Meeting

The next meeting will be held on Wednesday, January 4, 2022, at 10 a.m. via teleconference.