



Mayor's Commission on Aging

City of Oakland – Human Services
Department Lionel J. Wilson Building
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Wednesday, January 4, 2023
Held via Teleconference

MINUTES

1. Call to Order

Chair Gunst called the meeting to order at 10:10 a.m. The meeting was held via teleconference.

2. Roll Call and Determination of Quorum

Present: Lenore Gunst, Blake Spears, Dianna Garrett, Tydia Hill, Ristina Ingram, Suzi Kalmus, Jennifer Seibert

Absent: Asha Beene-Clarke, Patricia Osage

Absent Excused:

Late:

A quorum was established.

Staff: Scott Means (Aging & Adult Services Manager), Marshay Boyd (Administrative Assistant)

3. Re-adopt the Teleconference Resolution (*Adopt Resolution 21-10-02 Determining that Conducting In-Person Meetings of the Mayor's Commission on Aging and its Committees would Present Imminent Risks to Attendees' Health and Electing to Continue Conducting Meetings Using Teleconferencing in Accordance with California Government Code Section 54953(e), a Provision of AB-361*)

Motion: Motion Carried Unanimously

4. Adoption of Agenda

The agenda was approved no modifications.

Motion: Jennifer Seibert/Suzi Kalmus/Motion Carried Unanimously

5. Approval of minutes: October 5, 2022

The November 2, 2022, meeting was informational, no approval needed.

Motion: Jennifer Seibert/Suzi Kalmus/Motion Carried Unanimously

***Modification of the Agenda: To hear emergency update**

Chair Gunst asked to modify the agenda so Scott Means can provide an emergency update from his HSD report. Motion: Motion Carried Unanimously. Scott Means provided information about the weather emergency in the Bay Area: excess rain, flooding, high wind, and creeks overflowing.

Senior Centers giving out massive amounts of food. Decided to close DOSC and NOSC for Thursday and Friday to encourage seniors to stay home, still offered online services, and offered enough meals to cover those closed days. I&A staff are still available (510) 238-3121 or (510) 238-6137 to be referred to a I&A staff member.

6. Public Forum (*Limit to 2 minutes*)

Audience member Susan Hammer a NOSC member, spoke on the center no longer having computers. She relied on NOSC computer lab and is hoping the center brings the computers back. Scott Means confirmed that we are in the process of making upgrades and will bring them back, but it won't be with 20 computers but more like 4 or 5 computers with tablets as well.

7. Review: Stakeholder Groups and Subcommittees

Chair Gunst opened this topic with giving a review of the four stakeholder groups, and which commissioners will take part in the different groups. Marshay shared a draft document of commissioner roles she created that visually shows where everyone has requested to be placed. This document will be shared with the commissioners. Commissioner Garrett requested for Marshay to share contact information of the commissioners.

8. Advocacy Plan

Chair Gunst opened this topic with mentioning we officially have our new Mayor, Mayor Sheng Thao, and we also have new council members. She recommends the commission establish good relationships with the new faces, to communicate the work we have been doing and create a plan of what we will need to move forward. Marshay shared a draft of a city council document she created to give a visual. The document is not complete until the city updates their information. Each commissioner confirmed which district they are in, Chair Gunst District 4, Vice-Chair Spears District 4, Commissioner Garrett District 6, Commissioner Hill District 3, Commissioner Ingram District 5, Commissioner Kalmus District 2, Commissioner Seibert District 6. The commission plans to put together talking points. Chair Gunst asked if each Stakeholder group leads create a list of their top 3 items and have it by next month's meeting.

9. Retreat Discussion

Chair Gunst opened this topic with a brief background about what the retreat is. She asked the commissioners if they would be interested in joining a small group of them to plan the retreat. Commissioners Gunst, Seibert, and Kalmus all volunteered. They agreed to push the retreat to March, there are options of having this year's retreat hybrid.

10. Age-Friendly Report: Open Spaces Stakeholders Meeting

Chair Gunst who is the lead of the Open Space stakeholder group gave us a update on this stakeholder group. The playground they are working on is expensive and are working on ways to raise money for it, as well as observing all the elements that make this playground necessary for that area. Meeting went well and the plans are still moving forward.

11. HSD Aging & Adult Services Update, Scott Means, Aging & Adult Services Manager

Scott Means gave us some information about the Older American Month event will possible be a live in person event at city hall. We will start meeting mid-February to plan the OAM event, and already have some community partners involved (UC-Davis The Good Life Program). This will be a great event, first

one since the pandemic.

OPED: Program is open and continues to serve the community. They are working to expedite the Taxi Script Service and launching the Go-Go Grandparent Platform that will provide Uber and Lift rides to seniors.

MSSP: Seniors are still opting into televisits, will continue to maintain cases with porch visits until they're comfortable letting people into their homes again.

SCP/FGP: The program is staffed by 1.5 FTEs. The program will continue to sufficiently serve the community while in the recruitment process.

ASSETS: We are hiring! If you know any older adults (strong need for bilingual) who would like to participate, send them our way. The senior aide TPT positions are minimum wage \$14.36/hour at 20hrs/week. There are also employment opportunities for Physical Fitness Instructors to apply as Recreation Specialists that will service the senior centers.

SENIOR CENTERS: Despite this, the Senior Centers continue to provide critical services that includes food distribution, membership registration and virtual/limited-indoor programming. Have upcoming events to RSVP for any upcoming events, presentations, or classes go to MyActiveCenter.com or call (510) 238-3284 M-F 9am-3pm. We have activities at all our centers. Introducing new Senior Center newsletter. A membership into an Oakland Senior Center is not a key into the city, but a membership into a community. Working on making our Senior Centers a community benefit, improving seniors experience.

12. Announcements

Free COVID testing is available at the following locations:

- East Oakland Senior Center – Parking Lot | 9255 Edes Ave, Oakland, CA 94603
To schedule an appointment: <https://curative.com/sites/31207>
Date/Time: Tuesdays | 8:00am -2:00pm
- Downtown Oakland Senior Center – Parking Lot | 200 Grand Ave, Oakland, CA 94610
To schedule an appointment: <https://curative.com/sites/31197>
Date/Time: Thursdays | 8:00am -2:00pm

13. Closing Remarks & Adjourn

The meeting was Adjourned at 11:22 a.m.

Date and Time of Next Meeting

The next meeting will be held on Wednesday, February 1, 2023, at 10 a.m. via teleconference.