



**MAYOR'S COMMISSION ON AGING**  
City of Oakland - Human Services Department  
150 Frank H. Ogawa Plaza, Suite  
4340 Oakland, CA 94612  
(510) 238-6137 · (Fax) 238-7207 · (TTY) 238-3254

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**City of Oakland Mayor's Commission on Aging**

**Wednesday, February 7, 2024**

**10:00 a.m. – 12:00 p.m.**

***In Person – Oakland City Hall  
Hearing Room 1***

*Issues that the public wishes to address that **are not** published on the agenda will be heard during the Public Forum section.*

**AGENDA**

1. Call to Order
2. Roll Call
3. Adoption of Agenda
4. Defer Approval of May 3, June 7, July 5, September 6, November 1, and December 6, 2023 MCOA Draft Minutes
5. Public Forum (Limit to 2 minutes)
6. Welcome New Commissioners
7. Oakland Department of Transportation (OakDOT) Upper Telegraph Project Presentation (attached)
8. Health & Human Services/Adult & Aging Services Updates
9. MCOA Stakeholder Groups and Other Updates
  - Health & Wellness
  - Communications
  - Advocacy – Senior Services Coalition (attached)
  - Chair Report – Mayor's Commission on Persons with Disabilities (attached), Oakland Community Engagement Committee (attached), MCOA Work Plan (attached)
10. Closing Remarks & Adjourn

**NOTE: THE COMMISSION MAY TAKE ACTION ON ANY ITEM ON THE AGENDA**

*This meeting location is wheelchair accessible. To request disability-related accommodations or to request an ASL, Cantonese, Mandarin, or Spanish interpreter, please email [mfrancisco@oaklandca.gov](mailto:mfrancisco@oaklandca.gov) or call 510-238-2331 or TDD/TTY (510) 238-3254 at least five working days before the meeting.*

*Please refrain from wearing scented products to this meeting as a courtesy to attendees with chemical sensitivities.*

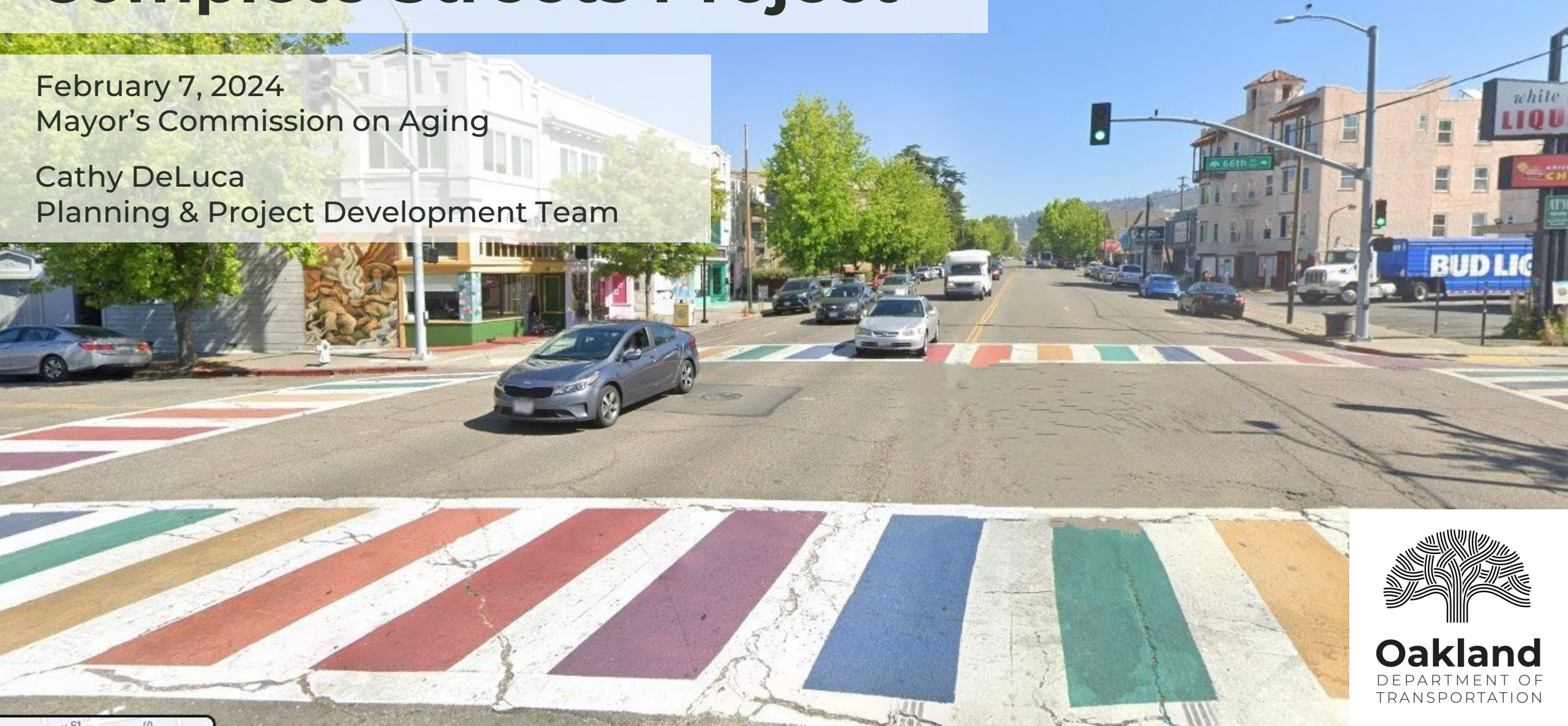
# Upper Telegraph Avenue Complete Streets Project

February 7, 2024

Mayor's Commission on Aging

Cathy DeLuca

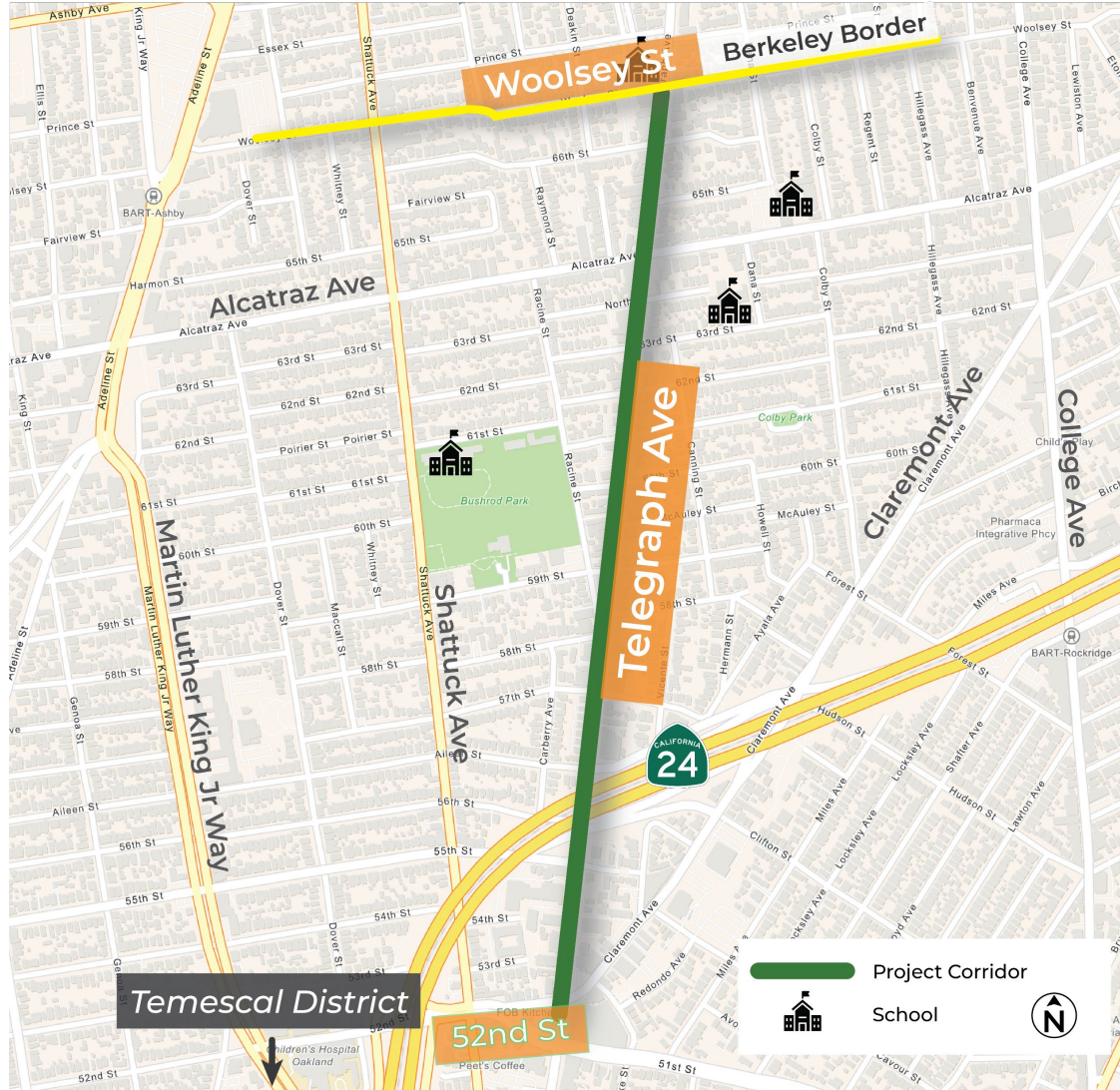
Planning & Project Development Team



**Oakland**  
DEPARTMENT OF  
TRANSPORTATION



# Upper Telegraph Avenue Complete Streets Project

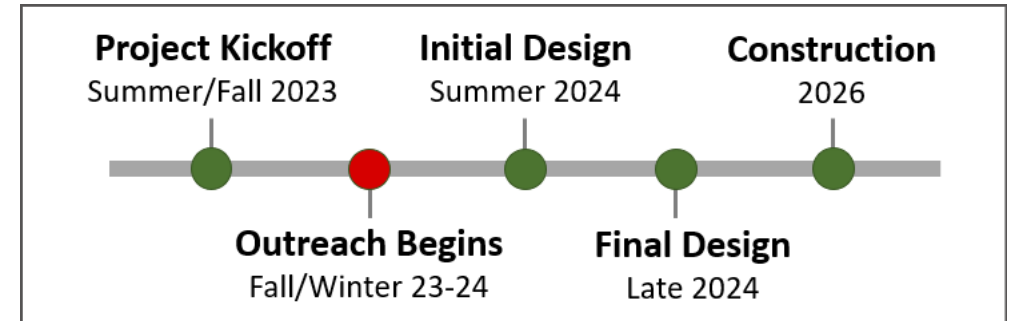


52nd Ave to Woolsey St (~ 1 mile)

Important Oakland/Berkeley connection, extension of existing Telegraph Projects

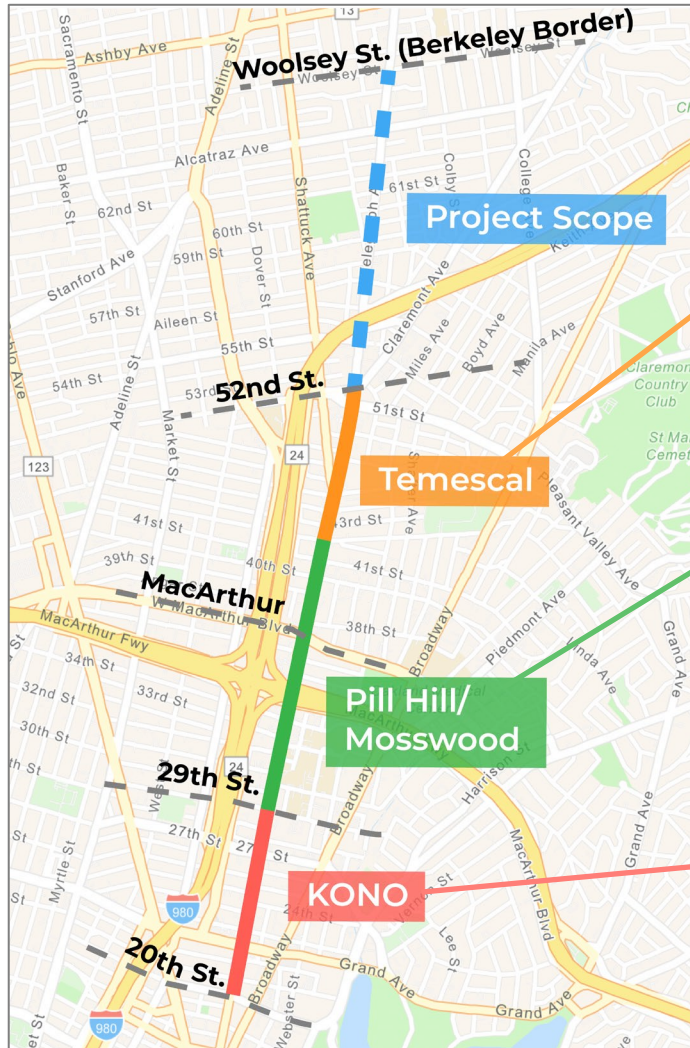
Paving Project provides opportunity to:

- Enhance safety for all street users
- Install accessibility improvements





# Previous Telegraph Projects



## Completed Features

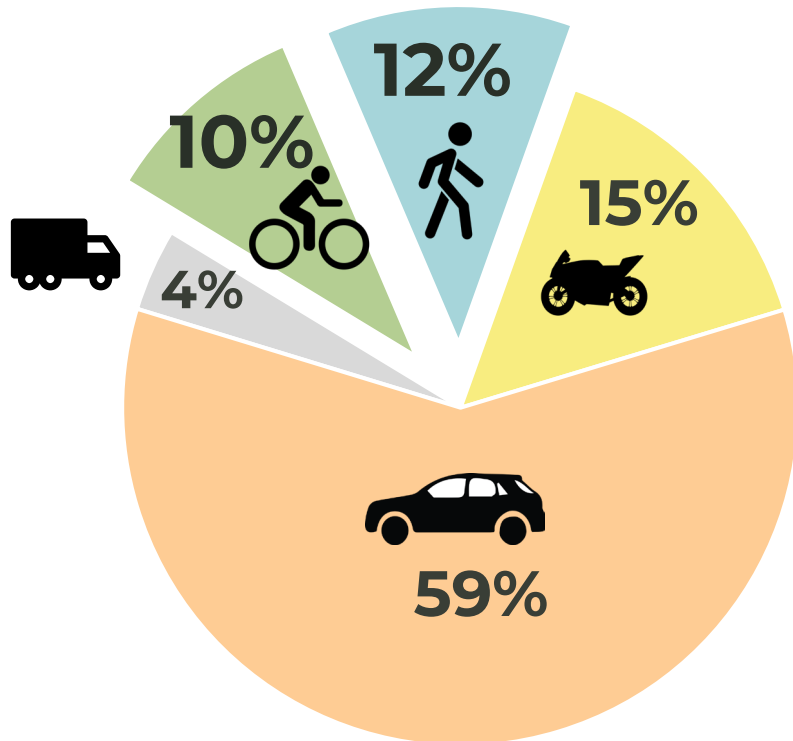
- Calmed traffic via Road Diet (4→2 lanes, + turn lane)
- Separated or buffered bike Lanes
- Bus boarding islands
- Enhanced pedestrian safety



# Traffic Crashes on Telegraph

52nd to Woolsey

52 Crashes (2017-2021)



# Biking on Telegraph



2019 Oakland Bike Plan recommends separated bike lanes on Telegraph

## Current Conditions



No bike lanes from 52nd to Aileen



Paint-only bike lanes from Aileen to Woolsey



# Pedestrian Safety



Major Goal of 2017 *Oakland Walks!* Pedestrian Plan:

## **Increase Pedestrian Safety**

via implementation of  
Pedestrian Safety Toolkit

## Pedestrian Safety Toolkit Treatments

(examples relevant to Telegraph)

High-visibility crosswalk  
markings

Pedestrian refuge islands

Pedestrian hybrid beacon  
or rapid flashing beacon



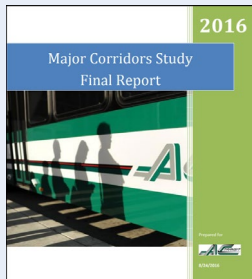


## Line 6

- 6th highest level of ridership of all AC Transit lines
- 12-minute headways
- Connects downtown Oakland to downtown Berkeley / UC campus

## Line 800

- All Nighter; Richmond BART to 24th St. BART (SF)



AC Transit Major  
Corridors Study



**Bus-only Lanes**  
by 2040



Project Goals	Planned Improvements	Possible Improvements
Increase bicyclist safety	Physical bike lane protection	
Increase accessibility	New and upgraded curb ramps	
Increase pedestrian safety	High-visibility crosswalks, daylighting	Refuge islands, flashing lights at crosswalks
Decrease speeds / calm traffic	Lane narrowing	Fewer vehicle lanes
Improve transit reliability	Bus boarding islands	Bus-only lanes, bus head-start lanes

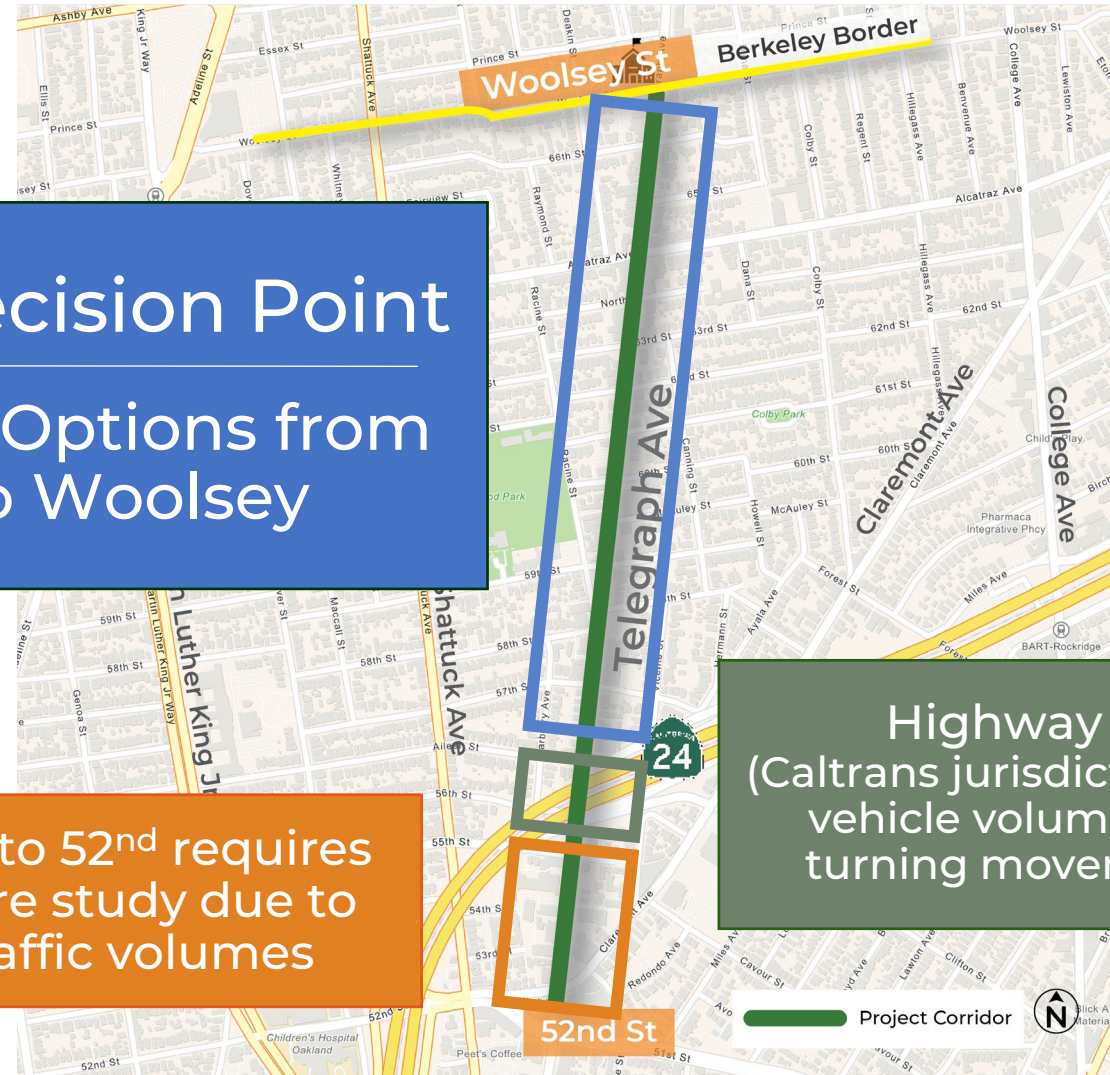


# Design Options

Major Decision Point  
Two Main Options from  
56<sup>th</sup> to Woolsey

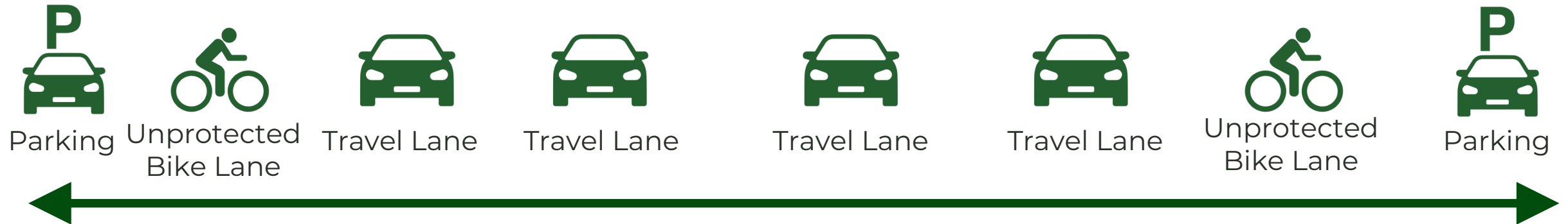
55<sup>th</sup> to 52<sup>nd</sup> requires  
more study due to  
traffic volumes

Highway 24  
(Caltrans jurisdiction, high  
vehicle volumes and  
turning movements)

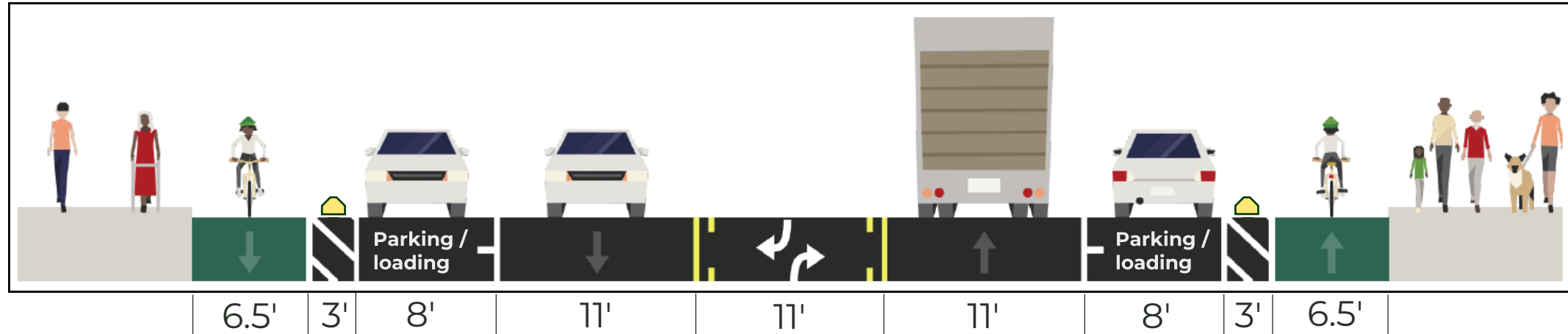




# Upper Telegraph Street: General Layout



# Concept 1: Lane Reduction + Separated Bike Lanes



## Design Elements

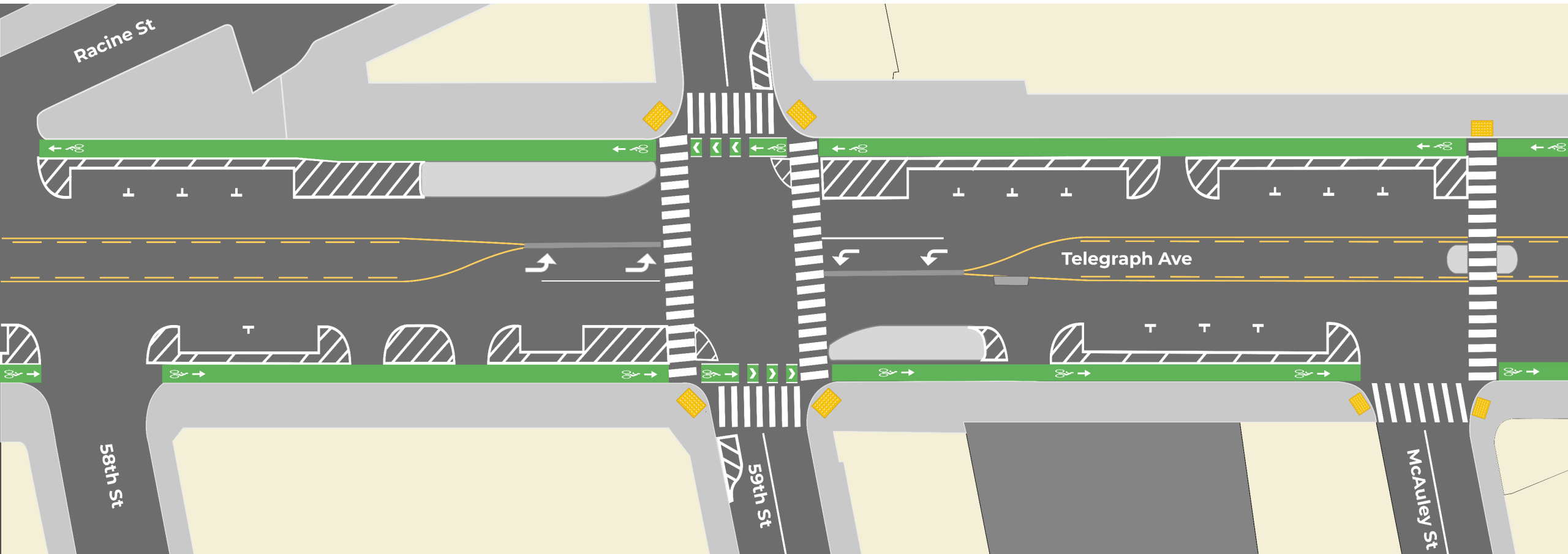
- One travel lane in each direction
- Center turn lane
- Separated bike lanes, 6.5 ft (materials TBD)
- Intersection left-turn lanes
- Bus boarding islands (increases transit reliability)
- Parking/loading on both sides
- New flashing lights at some crossings
- New pedestrian refuge islands

## Considerations

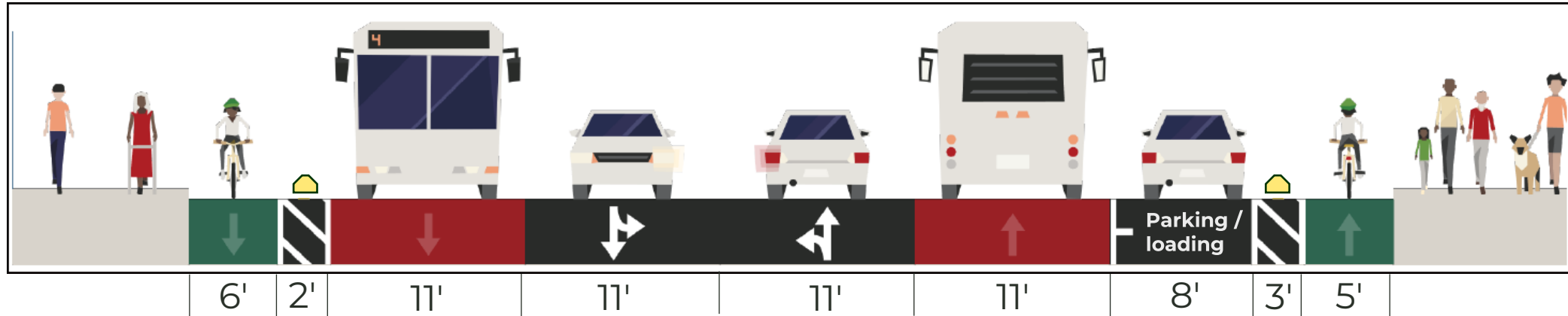
- Buses share single lane with all vehicles
- 25-30% of parking removed (to increase visibility between drivers & people walking and biking)



# Concept 1: Lane Reduction + Separated Bike Lanes



# Concept 2: Bus-Only Lanes + Separated Bike Lanes



## Design Elements

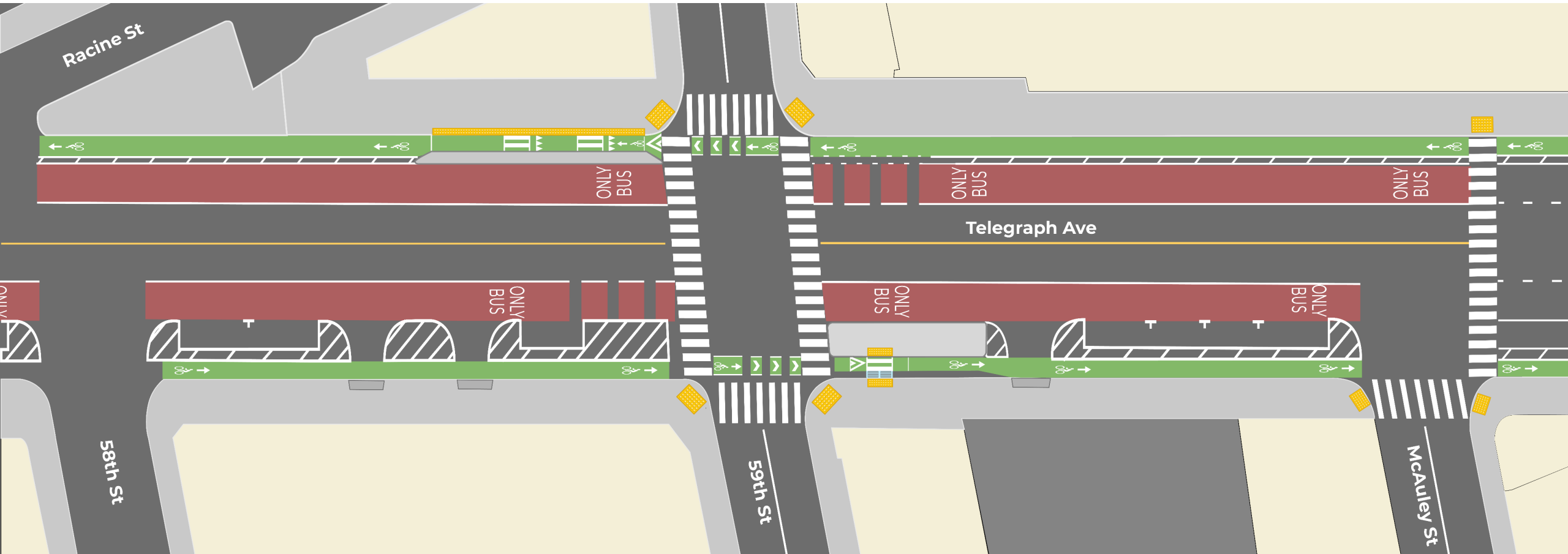
- Bus-only lane in each direction (increased efficiency & reliability; aligns with AC Transit's long-term goals)
- 1 travel lane in each direction (vs 2 today)
- Separated bike lanes, 5-6 ft (materials TBD)
- Parking/loading on one side of street
- New pedestrian-activated lights at some intersections

## Considerations

- 60-65% of parking removed (one full side +)
- Unable to fit pedestrian refuge islands
- Still 4 lanes to cross (likely 5 at signals)
- May be difficult to fit left-turn lanes
- At intersection, bike lane shares space with right turns
- On side without parking, bus stops shared with bike lane
- Narrow bike lanes put cyclists closer to opening car doors



# Concept 2: Bus-Only Lanes + Separated Bike Lanes



# Transit Analysis

Bus delay, in seconds, compared to existing conditions

	<b>4-to-3 Road Diet</b> (north of 56th)	<b>Bus-only Design</b> (north of 56th)
<b>Northbound</b>	- 9 seconds	- 26 seconds
<b>Southbound</b>	+ 2 seconds	- 39 seconds



# Design Challenges

Shared bus stop / bike lane



Paratransit access



Keeping cars out of the bus-only lane



# Fall 2023 / Winter 2024 Engagement

## POSTCARDS MAILED

to all Oakland addresses within ¼ mile of project

## ONLINE SURVEY

- Open 2 months: 12/12/23 to 2/12/24
- Available in Amharic, Chinese, English, Spanish
- 1,000+ respondents
- 24% of respondents were aged 50+

## OPEN HOUSE

- 1/17/24 @ Temescal Library (52<sup>nd</sup> & Telegraph)
- ~ 75 attendees

## PUBLIC MEETINGS & EVENTS

- Neighborhood Council meetings
- Oakland Bicycle & Pedestrian Advisory Commission
- 1/7/24 Temescal Farmers Market
- 2/7/24 Oakland Mayor's Commission on Aging
- 2/26/24 Oakland Mayor's Commission on Persons with Disabilities

## BUSINESS+ VISITS

- E.g., Meetings with Telegraph BID, churches
- Visits to businesses / establishments on corridor

# Preliminary Survey Results

(as of 1/25/24; survey open until February 12)

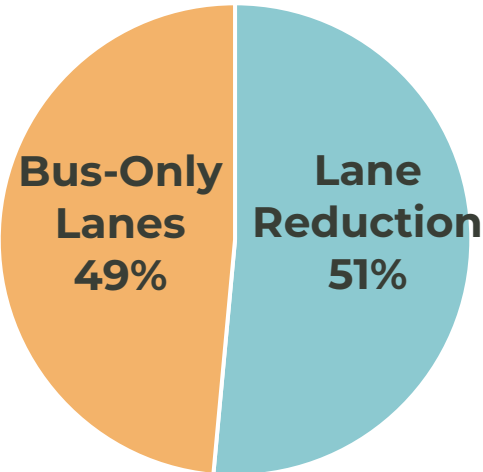
**1,094** Surveys taken

**24%** Of survey respondents were age 50+

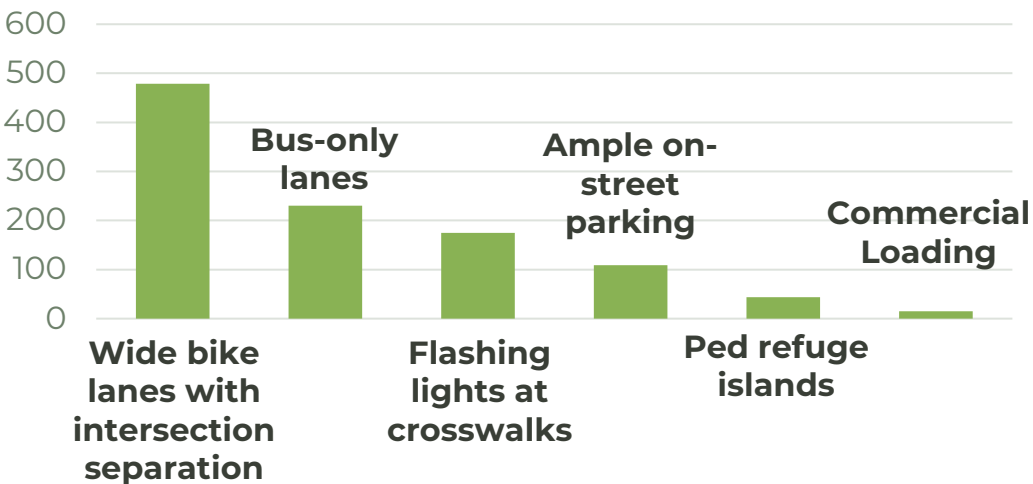
## Public Feedback To Date

Preference for the two designs has been evenly split across most engagement

### Which Design Do You Prefer?



### What One Feature Must the Design Have?





# Project Schedule

Timeframe	Activity
Summer/Fall 2023	Traffic Studies & Design Options
Fall 2023/Winter 2024	Outreach / Survey
Early 2024	Open House
Summer 2024	Initial Design (+ Outreach)
Fall 2024	Revised Design
Early 2025	Final Design
2026	Construction Start

# More Information

Cathy DeLuca

CDeLuca@oaklandca.gov

510-519-1605

**Sign up for updates on the Telegraph Avenue Project webpage:**

<https://www.oaklandca.gov/projects/upper-telegraph>



City of  
Oakland

Department of  
Transportation

### Policy Agenda

**The Senior Services Coalition of Alameda County is committed** to advancing policy change that improves the lives of older adults in Alameda County. Aging in place, living with dignity, being part of a community, feeling safe, maintaining health and mobility, being able to exercise choice – these are expectations that all of us have as we age. Community-based supportive services are a necessary part of the equation in helping all of us address the challenges of aging and thrive in our communities, now and in the future – a future in which one in five people will be over 65.

SSC's Policy Agenda looks to that future, connecting the dots between policy and people, and addressing the longer-term implications of immediate policy choices that we face today.

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### Our Priorities for Action

**Invest in Services** – Population growth, increased acuity levels, and inadequate state and local investment in service capacity are hampering the ability of community-based organizations to focus on prevention. **SSC must champion funding for the broad array of community-based supportive services that meet the needs of Alameda County's diverse aging population.**

- Fight to protect state and local investments in aging services from deficit driven cuts, and build support for state and county investment in community-based services, including:
  - CDA-administered programs such as Case Management, Senior Nutrition, Legal Assistance, Visiting, Family Caregiver Support, Information & Assistance, Senior Centers;
  - Medi-Cal covered services such as Adult Day Health Care, MSSP, IHSS, PACE, optional benefits, dental, and Enhanced Care Management, Community Supports;
  - Other state and local programs such as APS Home Safe, Healthy Brain Initiative, Older Adults Healthy Results, Fixing to Stay, and Home Sharing.
- Advance revenue solutions that will ensure the range and capacity of services necessary to address current and future needs, and to stem the increase of homeless older adults.
- Work to illuminate barriers to access and gaps in capacity and availability of services.
- Inform thoughtful planning for innovation & leveraging in local bond measure allocations.

**Invest in CBOs** – Community-based organizations advance the public good by serving vulnerable populations and support marginalized communities. But inadequate public funding, inflation, and policies that favor large and for-profit businesses not only limit the growth of community-based organizations, they threaten their sustainability. **SSC must illuminate the issues, identify solutions, and champion the interests of CBOs.**

- Empower, support and mobilize community-based organizations to increase rates, address barriers and inequities, reduce administrative burden, and improve access to contracting opportunities.
- Support legislation that levels the playing field for nonprofits in contracting, regulation and incentives, and that recognizes nonprofits as the community assets they are.



# Senior Services Coalition of Alameda County

AGING IS SOMETHING WE ALL HAVE IN COMMON

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**Transform Systems** – Silos, regulations and inequitable frameworks exclude CBOs from opportunities to partner and contract, limit older adults’ access to care, and ignore the power of supportive services to improve health outcomes. **SSC must facilitate collaborative solutions and systems change that establishes community-based services as key partners with healthcare.**

- Champion change that increases capacity and access to case management and supportive services countywide for low- and moderate-income seniors alike, addresses systemic inequities that exclude older adults, and address barriers to contracting that exclude CBOs.
- Facilitate improvements in care coordination across CBOs and health entities to improve access to services and continuity of care.
- Support design and implementation of an aging services data exchange framework in concert with key stakeholders and health care partners.
- Bring our aging lens and advocacy to the table to inform implementation of local CalAIM initiatives.
- Work to align MPA, CalAIM, DxF and other state policy and regulatory initiatives with local priorities and the needs of community-based organizations and older adults.
- Bring the consumer voice forward to inform and spur person-centered, age-friendly reforms.

**Advance Economic Security** – The economic reality for Alameda County’s growing aging population is grave. **SSC must advance solutions that improve access to housing, healthcare, cash assistance, and to nutritious food and other supportive services that bolster economic security and prevent displacement and homelessness.**

- Work to incorporate seniors’ needs in local housing and homeless initiatives, and support bond initiatives and other investments that create service-enriched, deeply affordable and low-income housing, and anti-displacement solutions.
- Champion investment in programs and services that older adults need for optimal health, economic stability, and quality of life.
- Champion funding for housing and homeless solutions that address the diverse needs of older adults, including Assisted Living Waiver expansion, housing subsidies including the Older Adults and Adults with Disabilities Housing Stabilization program (SB 37), deeply affordable housing, and case management and assistance programs like APS Home Safe.
- Work to increase funding for programs and solutions that create a financial buffer for low-income older adults, including SSI/SSP, senior employment and other programs.
- Support investment in programs and policies that support unpaid and paid caregivers.
- Support reforms of the Social Services Transportation Improvement Act to address the growing population of older adults.
- Ground advocacy in communications that illuminate the reality of economically insecure older adults, center equity, and connect the dots between people, policy and solutions.



# AGE FRIENDLY CITIES

## Oakland Commission on Aging

Mayor's Commission on Persons with Disabilities

January 22, 2024



# **Currently 25+% of Oakland Residents are over 55**

And the over 85 population is due to  
increase by 400% by 2060





# Age Friendly Cities

- World Health Organization – AARP
- One territory and 440 communities are signed up
- California became 8<sup>th</sup> state in nationwide network
- California, Alameda County, **Oakland**, Richmond, Berkeley, San Leandro, Emeryville are all working on this



## Creating an Age-Friendly Oakland

Livable communities for all ages



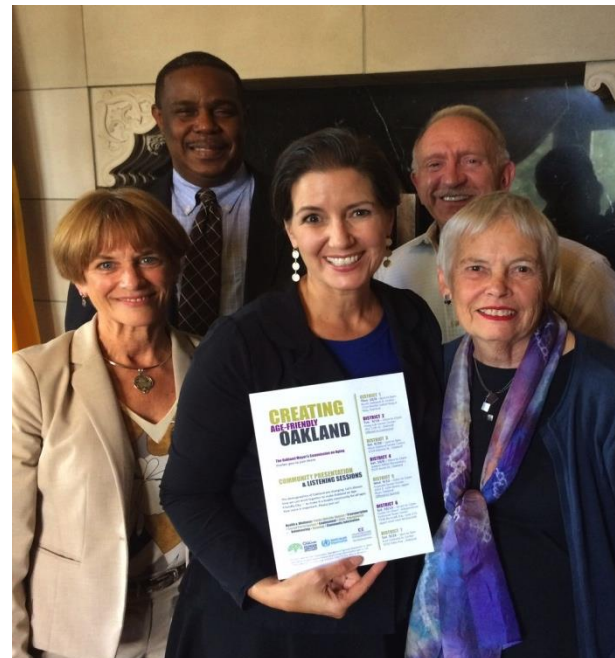
### Eight Age-Friendly Domains for Livable Cities

1	<b>Health &amp; Wellness:</b> Do supports and services provided within communities work to maintain health, independence and quality of life?
2	<b>Outside Spaces &amp; Parks:</b> Does the outside environment and public building space interact with individuals to support aging?
3	<b>Transportation:</b> Do older adults have access to transportation and the ability to move around within their communities?
4	<b>Social Participation &amp; Inclusion:</b> Do seniors have access, information and the ability to participate in leisure, social, cultural and spiritual activities in the community that build relationships?
5	<b>Volunteering &amp; Civic Engagement:</b> Are there accessible opportunities to volunteer and engage in the community political process?
6	<b>Community Information:</b> Do people receive timely, practical information to manage their lives, attend events, stay connected and be informed about emergency preparedness??
7	<b>Employment &amp; Learning:</b> Do older adults have access to learning or employment opportunities if they wish to pursue them?
8	<b>Housing:</b> Are seniors safe and sheltered and do they have a choice of housing design and location if their needs change?

Brought to you by the Oakland Mayor's Commission on Aging

# Initial Partners

- **Oakland Mayor Libby Schaaf**
- **Mayors Commission on Aging**
- **Center for Elder's Independence**
- World Health Organization/AARP
- SPUR
- EBALDC



# Overarching Goals of MCOA

Inform seniors about services and activities to engage, stay healthy, and live well and independently in Oakland

Provide a forum for seniors and persons with disabilities to be seen and heard

Create alliances with city officials, staff, individuals and organizations who support and serve seniors

Advocate for older adults and persons with disabilities

Make Oakland an Age-Friendly city for older adults, persons with disabilities, our families and friends as members of the AARP/WHO Livable Communities network





# Exciting Work



2018

Listen

- Create Livable Oakland Team
- Meet with Mayor
- District Listening Sessions
- Online/paper survey

Learn & Prioritize

2019

- Identify priorities
- Share with leaders/partners
- PUC Grant
- Host AARP Roundtable

2020

Create Action Plan

- Commission Sub committees
- Action planning
- SMART goals



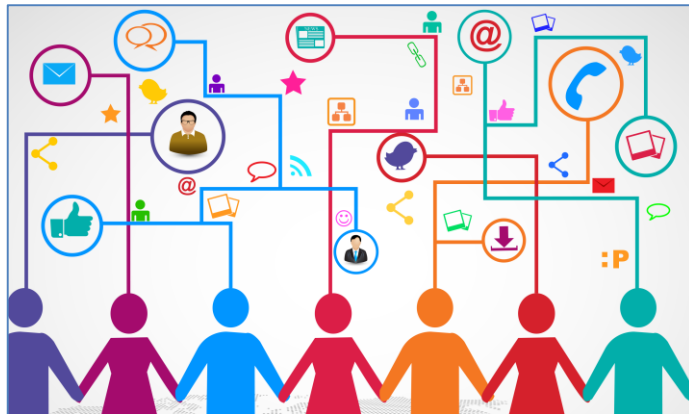
# Findings Helped Set Priorities



**Health & Wellness**



**Housing**



**Communication**



**Open Spaces**

# Communications

## Commission Co-leads

Dianna Garrett (c)

Bob Scott(c)

Lenore Gunst

## Priorities:

- Cut through communication silos and support centralized resource for information for seniors
- Support information distribution in all languages and formats that seniors need

## Goals:

1. Pilot a centralized communication platform that can reach all Oakland senior residents
2. Seek permanent funding to support effort



# Communications Stakeholders

St Mary's  
Eden I & R  
City of Oakland Aging and Adult Services  
Alameda County Commission on Aging  
League of Women Voters  
Senior Affordable Housing Communities  
City of Oakland Senior Centers  
Vietnamese Senior Center  
Unity Council  
Community Tech Network  
Family Bridges  
SOS Meals on Wheels  
City of Oakland Emergency Operations Plan  
North Oakland Village  
Various District City Council staff



CITY OF OAKLAND Mayors' Commission on Aging





# Budget Ask 2023-2025

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- \$184,266 for two-year pilot
- Council can direct new funds
- Council directed up to \$200,000 of Sugar Sweet & Beverage funds as a direct distribution to Eden I&R for this project



# 2023 Work – Postponed

Jan – May:

- Finalize budget (March)
- Meet with Council (March)
- Contracting process (April/May)

June – October:

- Data inventory and structure build at Eden I&R
- Populate with existing data
- Secure test partners

**2023-2025 Budget  
Put HOLD on  
Project**



# Key Partner/Stakeholder



## Eden I&R

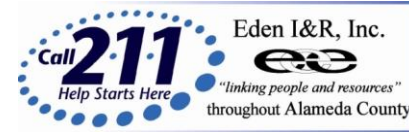


Mission: Linking people and resources

Vision: We envision a community empowered with information and connected to resources so that all people obtain health, happiness, hope, and improved livelihoods.

# EDEN I&R/211 stats

FY 22/23



- 69,660 total contacts
- 113,161 total referrals
- Free, confidential, 24/7
- Proactive outreach to programs such as CalFresh, Medi-Cal, EITC, etc.
- Free Lyft rides and designated operator of paratransit programs for the cities of Hayward and Alameda
- Public Safety Power Out Care Coordination





# 211 caller demographics



FY 22/23

- 70% Female
- **51% Living with a Disability**
- 26% Single Mothers with Minor Children
- **17% Seniors (up from 15% in FY 2018)**
- 99% Low, Very Low, Extremely Low Income



# SENIOR DATA



**Eden I & R**  
linking people and resources

## Housing Workgroup for Age Friendly Communities Senior 211 Calls by Location

Date Range

7/1/2022

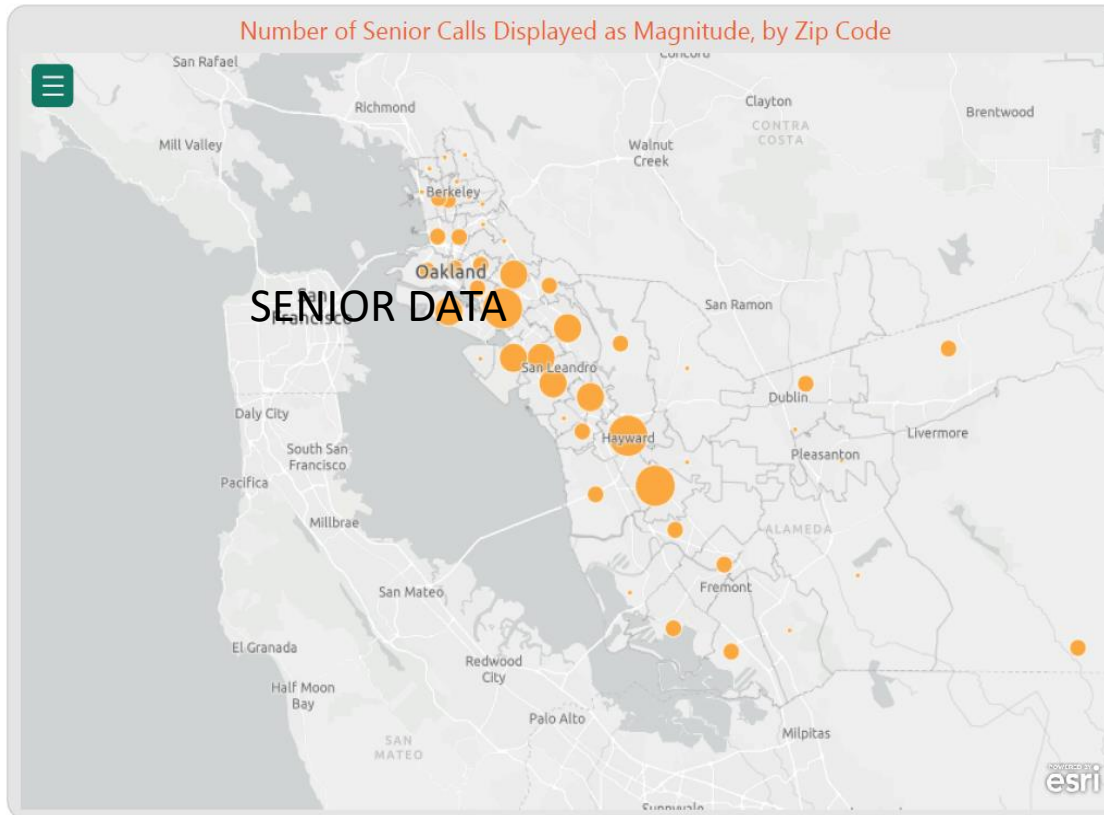
6/30/2023

Age Range

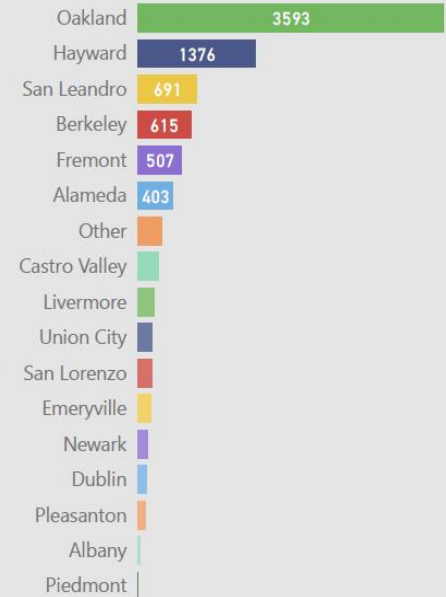
62

120

Number of Senior Calls Displayed as Magnitude, by Zip Code



Number of Senior Calls, by City



# Top Needs



- ▶ Housing/Shelter
- ▶ Utilities
- ▶ Legal Services
- ▶ Information Services
- ▶ Material Goods
- ▶ Public Assistance Programs
- ▶ Food



# Current landscape



CITY OF  
**OAKLAND**

Nearly 30% of Oakland's residents are seniors

Many Seniors do not have a relationship with a senior center

4 city-run senior centers; 3 community partner-run senior centers

Each center has its own communication mechanisms—no single platform with the ability to reach out to all Oakland seniors with relevant and timely information

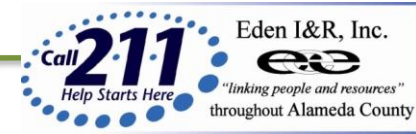
Many seniors do not speak English; need to provide communication in multiple languages



CITY OF OAKLAND



# SOLUTION



A senior portal that offers robust information to ***all*** Oakland seniors about food, housing, ways to get involved, voter information, healthcare, senior services and emergencies



# Phase 1: Senior communications platform



Database of  
seniors

Regular  
communication  
through text  
messages, voice  
recordings and  
emails

Multilingual  
communication

Timely disaster  
response  
communication



# Phase One: Database Scope

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**Build a database of Oakland seniors and sharing basic information with them in the format and language they need.**

Need to be able to push information to phones in-language and receive questions in-language.

Oakland senior service providers (or interested seniors) could input seniors contact information:

# Collect Information

- First name
- Last name
- Street address
- City State Zip (sortable)
- Year of birth
- Land line phone
- Mobile phone
- Email address
- Agency affiliation (sortable)
- Language preference (sortable)
- Preferred method of contact (email, text, phone call, postal mail)
- Hearing or sight or functional/mobility needs
- Electricity dependent
- External transportation dependent





# Database: 10 Areas of Interest

- o Housing
- o Emergency alerts
- o Activities –volunteer opportunities, senior center info
- o Healthcare (Medicare and Medi- Cal)
- o Transportation
- o Parks and public spaces
- o Food
- o Digital literacy training ( help getting online)

Other City of Oakland or Oakland service providers can push various information out to seniors in their preferred method of contact.



# A short list of examples

- An affordable housing location in Oakland is opening their wait list
- Oakland has a new farmers market opening
- Unity Council is changing their senior center hours
- Park opening or closing
- Oakland City communication about transportation resources
- HICAP help with Medicare/Medi-Cal registration
- Family Bridges has a new class for Chinese-language seniors
- Oakland emergency cooling centers are opening



# Conduct Two-Year Test:

- 1) Build the database with Eden I&R
- 2) Test the database with three test partners:
  - Unity Council** (Language expertise)
  - Downtown Oakland Senior Center**  
(City expertise)
  - St. Mary's Center** (Unhoused and transitioning expertise)



# Additional notes

- Partners would explain the resource to their constituents and ask them to fill out a form with information that would help populate the Eden I&R database.
- Partners and the city would send messages to initial database to test system and work out any issues and collect feedback from seniors.
- We need a way to measure results to show City Council.
- Build in reports from the beginning: How many messages sent? Category of messages? Languages used ? Feedback from seniors or some sort of survey
- We can then slowly roll the resource out to other service providers in Oakland.





# Additional Notes:

- Deadline for activity information so we could consolidate popular information into a regular call (weekly or bi-weekly?)
- Is there a way to repeat the message? (Make the originating phone number a contact; let it go to voice mail so it is recorded.)
- Agreed time to execute for Eden I&R?
- Emergencies different from activities or other activities? You tell us
- Frequency -10 recorded calls a week in various languages?
- If they have questions, call to 211 with questions in language.
- We need to include training and advertising to Oakland Seniors.



# Thoughts? Questions? Suggestions?

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What do you think?

Would this be helpful to your constituents?

Which services providers should be invited to participate?

## Thank you!

Contact:

Lenore Gunst, Chair—

Mayor's Commission on Aging

415-300-6744 or [lmcjunker@gmail.com](mailto:lmcjunker@gmail.com)





# AGE FRIENDLY CITIES

## Livable Oakland

Mayor's Commission On Aging (MCOA)  
**Oakland Engaging Communities Committee**  
January 23, 2024



# **25% of Oakland Residents are over 55**

And the over 85 population is due to  
increase by 400% by 2060





# Mayor's Commission On Aging

The Mayor's Commission on Aging (MCOA) works in partnership with the Department of Human Services to develop and evaluate programs to address the special needs of our City's diverse senior residents.

## OVERARCHING GOALS OF MCOA

- Inform seniors about services and activities to engage, stay healthy, and live well and independently in Oakland
- Provide a forum for seniors and persons with disabilities to be seen and heard
- Create alliances with city officials, staff, individuals and organizations who support and serve seniors
- Advocate for older adults and persons with disabilities
- Make Oakland an Age-Friendly city for older adults, persons with disabilities, our families and friends as members of the AARP/WHO Livable Communities network



# Age Friendly Cities

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## Creating an Age-Friendly Oakland

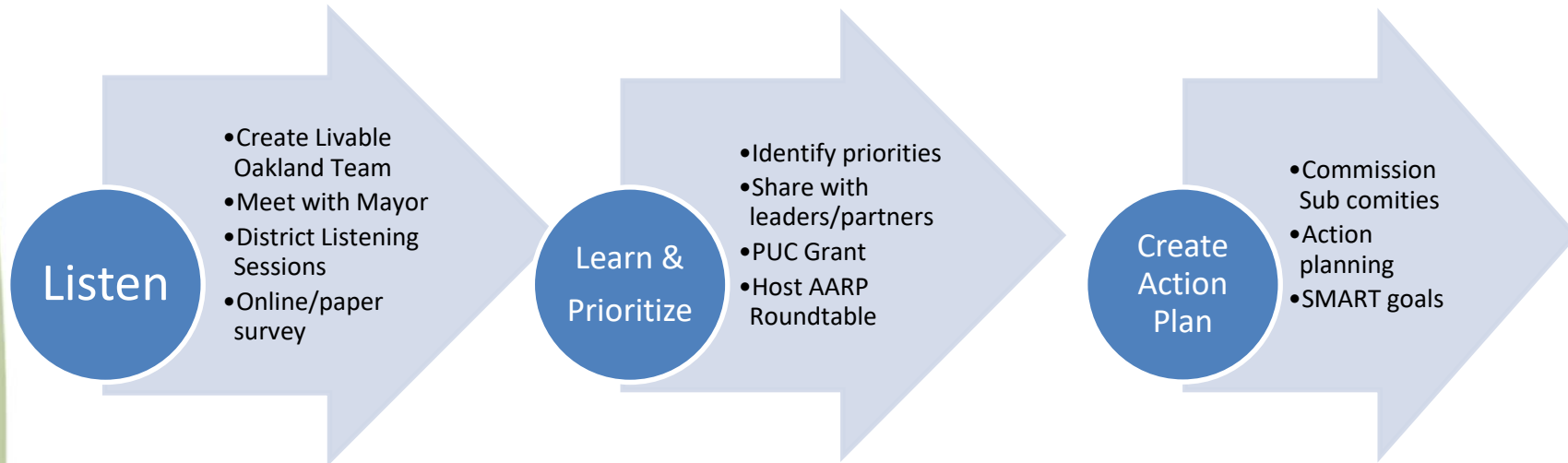
Livable communities for all ages



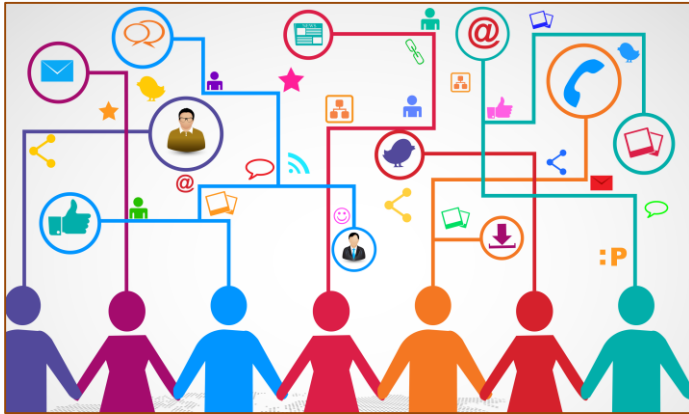
### Eight Age-Friendly Domains for Livable Cities

1	<b>Health &amp; Wellness:</b> Do supports and services provided within communities work to maintain health, independence and quality of life?
2	<b>Outside Spaces &amp; Parks:</b> Does the outside environment and public building space interact with individuals to support aging?
3	<b>Transportation:</b> Do older adults have access to transportation and the ability to move around within their communities?
4	<b>Social Participation &amp; Inclusion:</b> Do seniors have access, information and the ability to participate in leisure, social, cultural and spiritual activities in the community that build relationships?
5	<b>Volunteering &amp; Civic Engagement:</b> Are there accessible opportunities to volunteer and engage in the community political process?
6	<b>Community Information:</b> Do people receive timely, practical information to manage their lives, attend events, stay connected and be informed about emergency preparedness??
7	<b>Employment &amp; Learning:</b> Do older adults have access to learning or employment opportunities if they wish to pursue them?
8	<b>Housing:</b> Are seniors safe and sheltered and do they have a choice of housing design and location if their needs change?

# Path to Action Plan



# Findings Set Priorities



**Communication**



**Health & Wellness**



**Housing**



**Open Spaces**



# Communication

## Commission Co-leads

Dianna Garrett (c)

Bob Scott

Eden I&R

## Priorities:

- Cut through communication silos and support centralized resource for information for seniors
- Support information distribution in all languages and formats that seniors need

## Goals:

1. Pilot a centralized communication platform that can reach ALL Oakland senior residents
2. Seek permanent funding to support effort

# Communication Stakeholders

St Mary's Center  
Eden Information & Referral  
City of Oakland Aging and Adult Services  
Alameda County Commission on Aging  
League of Women Voters  
Senior Affordable Housing Communities  
City of Oakland Senior Centers  
Vietnamese Senior Center  
Unity Council  
Community Tech Network  
Family Bridges  
SOS Meals on Wheels  
City of Oakland Emergency Operations Plan  
North Oakland Village  
Various District City Council staff



CITY OF OAKLAND Mayors' Commission on Aging



# Health & Wellness

## Commission Co-leads

Blake Spears

Jennifer Siebert

## Priorities:

- Provide targeted case management services
- Close Food gaps and improve congregate Meals
- Develop and distribute 500 senior resource guides to seniors

## Goals:

- Transform Senior Centers to Resource Navigation Hubs
- Advocate for wrap around health services to support senior wellness to age in place

# Health & Wellness Stakeholders

KTOP

Oakland Senior Centers

Oakland Human Resources

Senior Centers Advisory Council

Mayor's Commission On Aging

Adult & Aging Services Assets program

SOS Meals on Wheels

Mercy Brown Bag

Federal Grant – Senator Barbara Lee





# Housing

## Commission Co-leads

Asha Benne-Clark

Lisa Malul

Suzi Kalmaus

## Priorities:

- Assess and improve ability to connect people to housing and supportive services
- Focus on homelessness prevention

## Goals:

- Improve housing systems navigation for seniors
- Develop home repair resources to make accessibility and environmental health improvements for seniors
- Establish and fund 2-year pilot

# Housing Stakeholders

## **Critical partners:**

- Rebuild Together Oakland
- City of Oakland Community Housing
- Oakland Senior Centers
- EDEN Information & Referral/211



# Open Spaces/Recreation

## Co-leads

Lenore Gunst

Michael Coleman

## Priorities:

- Increase Outdoor Access for Seniors
- Collaborate with City Departments to create more senior-friendly outdoor spaces
- Improve street safety and public transit for seniors & disabled persons

## Goals:

1. Seek permanent funding to support effort
2. Collaborate with MCPD, OakDOT, Public Works, government leaders, business community
3. Conduct multi-phase fundraising capital campaign

# Open Space Stakeholders

- Oakland District 3
- Miracle Playgrounds
- AC Transportation Commission
- City of Oakland Public Works/Capital Improvements
- East Oakland Neighborhood Collaborative
- East Bay Regional Parks Foundation
- OakDOT/Oakland Bicyclist & Pedestrian Advisory Commission (BPAC)
- Bike East Bay
- Mayor's Commission on Persons with Disabilities (MCPD)



# 2024 Outcomes

- **Communication** - Create a centralized data base of information for seniors
- **Health & Wellness** – Distribute comprehensive resource guide (Alameda County Area Agency on Aging)
- **Housing** – To offer a home preservation program, so seniors can stay housed
- **Open Spaces** – To build an intergenerational playground





# Advocate & Educate

## Co-Leads

Tydia Hill  
All MCOA

## Priorities:

1. Collaborate with community-based organizations on City, County and Statewide advocacy
2. Educate & raise awareness about seniors to City Council and Staff
3. Engage with more Oakland Seniors

## Goals:

- Update Oakland Seniors' Needs Assessment (Survey & Listening Sessions)
- Hold four MCOA meetings at Oakland senior centers
- Hold the Older American's Day Event May 1
- 2024 "Get Out The Vote" Election Support



# Advocacy Partners

- Senior Services Coalition of Alameda County
- East Bay Foundation on Aging
- League of Women Voters
- United Seniors of Alameda County
- EDEN Information & Referral/211
- Oakland Senior Centers Advisory Council & Staff
- Oakland City Council
- Mayor's Commission On Aging
- Mayor's Commission on Persons with Disabilities
- AARP/Capital Impact Partners



# Thank You

## MCOA THANKS YOU FOR SUPPORTING OAKLAND SENIORS & PERSONS WITH DISABILITIES

Please join us on the first Wednesday of the month (excluding August), in Hearing Room 1 of Oakland City Hall for the standing meeting of the Mayor's Commission On Aging.

Lenore Gunst [lmcjunker@gmail.com](mailto:lmcjunker@gmail.com)

415-300-6744

Blake Spears [dbspears1@gmail.com](mailto:dbspears1@gmail.com)

510-504-7156



# MCOA Work Plan 2024

<i>Month</i>	<i>January</i>	<i>February</i>	<i>March</i>
	MCOA Meeting	MCOA Meeting	MCOA Meeting
<b><i>Location</i></b>	City Hall, HR One	City Hall, HR One	E. Oakland Senior Center (Siebert, MCOA Liaison)
<b><i>Primary Focus:</i></b>	Draft Work Plan 2024	MCOA 2024 Work Plan	Annual Planning Retreat
<b><i>Presenter 1</i></b>		AC Transit ReAlign Project OakDOT 7th Street	CM Treva Reid, MCOA Chair: CM Welcome
	City Clerk's Office		
<b><i>Presenter 2</i></b>	Form 700 Training	MCOA Blake Spears	Senior Services Coalition
<b><i>Work Plan:</i></b>	New Commissioner Orientation	Senior Services Kick-Off	Welcome New Adult & Aging Services Mgr
		MCOA Schedule/ Planning	
		City Engagement Committee	Livable Oakland Listening Session
	<i>Suggested Primary Focus Topics:</i>	<i>Presenters</i>	
	<i>Housing</i>	<i>RTO, At Home W/Growing Older, SAHA</i>	
	<i>Communications</i>	<i>EDEN I&amp;R, Comm Work Group</i>	
	<i>Public Safety/Public Works</i>	<i>OPD, OFD, EMS, Parks/Rec, OAKDot</i>	
	<i>Transit</i>	<i>OakDOT, Adult &amp; Aging Services</i>	
	<i>Health/Wellness</i>	<i>Food: Mercy BB, SOS Meals/Spectrum</i>	
	<i>Advocacy</i>	<i>LWV, Senior Services Coalition</i>	
	<i>VOTE!!!</i>	<i>Voter Reg/Vote</i>	

***Overarching goals for MCOA work plan:***

Inform seniors about services and activities available to enhance our ability to engage, stay healthy, and live well and independently in Oakland

Provide a forum for seniors and persons with disabilities to be seen and heard

Create alliances with city officials and staff and with individuals and organizations of influence who support and serve seniors

Advocate for older adults and persons with disabilities on important issues and developments that impact us.

Make Oakland an age-friendly city for older adults, persons with disabilities, our families and friends as members of the AARP/WHO Livable Communities network

Create, execute, evaluate and update Oakland's Livable Communities work plan



***Presenters (2/meeting): What do we want to learn about?***

Center for Elders' Independence (PACE) senior healthcare

Satellite Affordable Housing

SOS Meals on Wheels; Mercy Brown Bag

At Home With Growing Older Home modification workshop

Rebuilding Together Oakland

City of Oakland Departments and Services: Mayor's Office, Community Housing, Parks and Recreation, Ci

Transportation: AC Transit, BART, OakDOT

Oakland's Adults & Aging Services: Go Go Grandparents, Senior Companions, Assets, Senior Centers

Senior Services Coalition

OPD/OFD Public Safety

Digital Support for Seniors

Area Agency on Aging

Eden I&R

Front Porch (Home Match)

Senior Rentals Support

Renew Alameda County; Habitat for Humanity

Alameda Alliance for Health (MediCal benefits)

Health & Human Services Targeted Case Managers

Oakland's Targeted Case Managers

Oakland Land Trust

Oakland Emergency Preparedness Team

Emergency Medical Services/Emergency Preparedness/FEMA