

**Fats, Oils, and Grease are naturally produced during cooking and baking.**

Common sources of FOG include:

- Meat fats
- Lard
- Shortening
- Butter
- Margarine
- Fatty/greasy food scraps
- Baked goods and pastries
- Cream-based sauces
- Cooking oil
- Oily salad dressing

**Do Not Put Any of These Items Down the Drain**

Call EBMUD's Environmental Services Hotline at 510-287-1651 or visit [www.ebmud.com/cleanbay](http://www.ebmud.com/cleanbay) where you can:

- Request a free grease scraper
- Find the closest grease disposal location
- Get additional information



# Avoid a Clog



## Keep Grease Out of Your Drain

**EBMUD  
Pollution  
Prevention**

Helping to  
Protect the  
Environment



 EAST BAY MUNICIPAL UTILITY DISTRICT

When **fats, oils and grease (FOG)** are put down your drain they can cause many problems further down the sewer pipe. Liquified grease and fat from animal products will solidify and clog pipes much like a clog in a human artery. Liquid oils can also coat pipes and contribute to blockages. Blockages may cause a sewage backup into your home, resulting in expensive clean up costs and repairs to your sewer pipes, home and belongings. Blockages may also trigger an overflow or backup of sewage into streets or waterways creating a public health risk and threatening the environment.



# A CLEAN BAY BEGINS WITH YOU.

[www.ebmud.com/cleanbay](http://www.ebmud.com/cleanbay)



## You Can Help! Please Do Not Dispose of Any Cooking Oils or Grease Down the Drain

**By following the guidelines below you may avoid sewer overflows, backups, and costly repairs:**

- ✓ Pour all cooled cooking fats, oils and grease that will harden (bacon grease, meat drippings) into a waxed food container such as a milk carton or container with a lid and dispose of it in the garbage or your kitchen scrap recycling.
- ✓ Mix small amounts of liquid grease into your kitchen scrap recycling (where available) or place in a lidded container with an absorbent material such as cat litter, and dispose of in the garbage.
- ✓ Wipe down greasy pots, pans or dishes with a paper towel or newspaper before washing. Dispose of paper in the garbage or your kitchen scrap recycling (where available).
- ✓ Using your EBMUD scraper, scrape greasy food scraps from pots, pans, and dishes into the garbage or kitchen scrap recycling (where available), not a garbage disposal.
- ✓ Do not wash grease down the drain or garbage disposal.
- ✓ For cooking oil (liquid oil/vegetable oil) please see drop-off locations at [www.ebmud.com/cleanbay](http://www.ebmud.com/cleanbay)

