



WHERE TO GO FOR SUPPORT DURING COVID-19

FOOD

- ❖ HEAD START

Pick-up & Delivery – Head Start Program Participants Only – (510) 238-3165

- ❖ OUSD

Food is available to any OUSD student or family or child under 18, FREE

For more information, visit www.ousd.org/Page/19078

- ❖ ALAMEDA COUNTY FOOD BANK

To find a location close to you, call (510) 635-3663 or visit www.accfb.org/health-and-safety/?popup

- ❖ CA DEPT. OF EDUCATION

“CA Meals for Kids” Mobile App - download thru Apple App Store, Google Play

- ❖ MEALS ON WHEELS

visit www.feedingseniors.org/ or call (510) 582-1263

- ❖ ST. VINCENT DE PAUL OF ALAMEDA COUNTY

Sacked lunches - Tuesday through Saturday, 10:45AM to 12:45PM - 675 23rd St

RENT & UTILITIES

- ❖ CATHOLIC CHARITIES OF EAST BAY

Rental & Utilities Assistance, Security Deposit Assistance

Call (510) 768-3100 or visit www.cceb.org/housing-services-in-the-county-of-alameda/

- ❖ BACS / Keep Oakland Housed

Rental & Utilities Assistance, Security Deposit Assistance

Call (510) 613-0300, ext. 2, or visit www.bayareacs.org

- ❖ CITY OF OAKLAND Eviction Moratorium Emergency Ordinance

Rent Adjustment Program contact (510) 238-3721 for more information

STATE OF CA EDD

File online www.edd.ca.gov or call (800) 300-5616

- ❖ Unemployment Insurance

Benefits: Range from \$40-\$450 per week for up to 26 weeks.

- ❖ Disability Insurance

Benefits: Approximately 60-70 percent of wages (depending on income); ranges from \$50-\$1,300 a week for up to 52 weeks.

- ❖ Paid Family Leave

Benefits: Approximately 60-70 percent of wages (depending on income); ranges from \$50-\$1,300 a week for up to 6 weeks.

- ❖ Paid Sick Leave

Paid to you at your regular rate of pay or an average based on the past 90 days.

FINANCIAL ASSISTANCE

- ❖ FEDERAL STIMULUS PACKAGE “CARES ACT”

\$1,200 (if single/\$2,400 if married filing jointly) PLUS \$500 for each child under the age of 17

- ❖ REMOTE BANKING <https://joinbankon.org/home/remotebanking/>

For those without bank or credit union accounts previously filed with the IRS, the time is now to do so to avoid waiting months for a check

- ❖ IRS DIRECT DEPOSIT - www.irs.gov/coronavirus/economic-impact-payments

Visit the IRS’ website page on Economic Impact (stimulus) payments and sign up with your account

- ❖ ALAMEDA COUNTY SOCIAL SERVICES

CalWORKS, CalFRESH, General Assistance, Medi-CAL

Call Eastmont Self-Sufficiency Center (510) 383-5300 or visit www.mybenefitscalwin.org/

TRANSPORTATION

- ❖ LYFT, Eden I & R, United Way Worldwide

One FREE 40-mile, round trip to access food or medical care - call 2-1-1 to schedule one week in advance, Mon-Fri 9am-5pm

- ❖ AC TRANSIT

Will begin operating a modified service schedule in response to the COVID-19 pandemic. Schedule similar to the existing Sunday service visit for up to date service schedule www.actransit.org/maps

HOUSING, SHELTER, HOMELESSNESS

- ❖ EVERYONE HOME

“Homestretch” program matches households to Alameda County’s Permanent Supportive Housing opportunities for people who are Literally Homeless

For more information, call (510) 567-8017 or visit www.everyonehome.org/our-work/home-stretch/

- ❖ BACS

Shelter for homeless and at-risk homeless individuals & families

For more information, call (510) 613-0330, ext. 2 or visit www.bayareacs.org

❖ ALAMEDA COUNTY & ABODE SERVICES “OPERATION COMFORT”

Isolation Housing for symptomatic or COVID-infected people experiencing homelessness that can't recover in "home isolation."

For more information, email COVIDHOUSING@acgov.org

HEALTHCARE (INSURANCE)

❖ MEDI-CAL / COVERED CA

If you need health coverage right away, you can apply for Medi-Cal online. Applications for Medi-Cal will be accepted without proof of income documentation during the COVID-19 crisis.

For more information, call (800) 300-1506 or visit www.coveredca.com

❖ LOCAL HEALTHCARE PROVIDERS:

Asian Health Services – 818 Webster Street, Oakland - (510) 986-6800

Roots Community Health Center - 9925 International Blvd., #5, Oakland – (510) 777-1177

Roots Community Health Center-Pediatric Clinic - 2700 International Blvd., #11, Oakland – (510) 533-1248

East Oakland Health Center - 7450 E. 14th Street, Oakland – (510) 835-9610

Family Justice Center for Alameda County - 470 27th Street, Oakland – (510) 267-3230

Hawthorne Health Center - 1700 28th Avenue, Oakland – (510) 535-6440

Highland Hospital Pediatrics - 1411 E. 31st Street (6th Floor), Oakland – (510) 437-4887

La Clinica de la Raza - 1515 Fruitvale Avenue, Oakland – (510) 535-3500

Dr. John Karl Konstantin - 2584 MacArthur Blvd., Oakland - (510) 530-5400

West Oakland Health Center - 700 Adeline Street, Oakland – (510) 835-9610

LEGAL

❖ EAST BAY COMMUNITY LAW CENTER

<https://ebclc.org/> Ph. 510.548.4040

❖ WESTERN CENTER ON LAW AND POVERTY

<https://wclp.org/> Ph. 213.487.7211

❖ CATHOLIC CHARITIES OF EAST BAY

<https://www.cceb.org/> Ph. 510) 768-3100

❖ CALIFORNIA IMMIGRANT YOUTH JUSTICE ALLIANCE

<https://cijja.org/> Ph. 213-629-2512 ext. 134

❖ BAY AREA LEGAL AID

<https://baylegal.org/> Ph. (510) 663-4755

❖ SUPERIOR COURT OF ALAMEDA COUNTY

<http://www.alameda.courts.ca.gov/>

SENIOR/AGING SERVICES

- ❖ SPECIAL SHOPPING HOURS FOR SENIORS
 - Safeway – Tuesdays and Thursdays, 7am-9am
 - Target – Tuesday and Wednesday, 8am, reserved first hour on those days
 - Whole Foods – Daily, 8am (one hour before normal opening at 9am)
- ❖ MEALS ON WHEELS
 - visit www.feedingseniors.org/ or call (510) 582-1263
- ❖ Oakland Paratransit Services (OPED)
 - visit www.oaklandca.gov/services/apply-for-paratransit-services or call (510) 238-3036

INTERNET, PHONE

- ❖ INTERNET
 - Comcast / Xfinity “Internet Essentials”** - www.comcastcorporation.com/COVID-19/
 - New customers who sign up for Internet Essentials will receive 60 days of FREE internet service, increase speeds from 15/2 to 25/3, 40 hours of Xfinity Wi-Fi hotspots per month and open on an unlimited basis. No Disconnection or Late Fees
 - Xfinity Wi-Fi Free For Everyone
 - Everyone On** <https://www.everyoneon.org/find-offers?partner=CETF>
 - Provides telephone communications access for all deaf and disabled Californians
 - Find Low-Cost Internet Service and Computers in Your Area
- ❖ PHONE
 - CA Lifeline - www.californialifeline.com/en
 - The California LifeLine Program (California LifeLine) is a state program that provides discounted home phone and cell phone services to eligible households
 - California Phones from the California Telephone Access Program (CTAP)** - californiaphones.org/application
 - Provides free specialized phones and accessories for your mobile phone to all qualified Californians. These devices make it easier to hear, dial, and call. A Program of the CPUC
 - Deaf and Disabled Telecommunications Program (DDTP)** - ddtp.cpuc.ca.gov/

INCOME TAX RETURNS - ext. deadline 7/15/2020

- ❖ ANNUAL TAX RETURN
 - Earn it, Keep it, Save it** - <https://earnitkeepitsaveit.org/site-lists/>
 - Free tax preparation services through the following virtual methods
- ❖ IRS – Internal Revenue Service – irs.gov
- ❖ FTB – Franchise Tax Board– ftb.ca.gov