

ALAMEDA COUNTY AREA AGENCY ON AGING

Older Americans Act / Older Californian Act / County General Fund Programs

SPECTRUM LUNCH REGISTRATION FORM 2024-2025

This form is valid from July 1, 2024 to June 30, 2025

TO BE COMPLETED BY SITE	No meal served until completed form received		
Meal Site	Date received by site:		
□ New Participant □ Renewal – Annual Registration	Received & reviewed by:		
□ Add Site – Previously registered at	_ Date sent to Spectrum:		

Instructions

- 1. Complete all three pages All information will be kept strictly confidential.
- 2. Sign and date last the page.
- 3. Turn in to Meal Site before receiving first meal.

Please Print Participant Information

First/Familiar	Last/Family		
Name	Name		_ M.I
Guests younger than 60 mi Allowable exceptions:	// quires that you are 60 years or older ust pay the \$14.00 non-senior meal ra Spouse of a registered participant - Name: Resident at Senior 55+ Housing Meal Site		
	circle one: Apt/Unit/	Space #	
□ Unsheltered			
City	Zip Code		
Home Phone ()	Mobile/Cell Phone () _		
Email Address			
	nunicate with you regarding our program mails		
Is another person in your house	ehold a Spectrum Meals participant?	□ Yes	□ No
If yes, Name:	Relationship:		<u> </u>
Emergency Contact – Does em	ergency contact live with participant?	□ Yes	□ No
Name	Relationship		
Home Phone ()	Cell Phone ()		
	CONTINUED ON PAGE 2		Page 1 of 3

Are you the Head of H	ousehold?	□ Yes	🗆 No			
Number of people in h	nousehold?	🗆 1 - I	live alone	□ 2	□ 3	□ 4 or more
Please indicate your h	ousehold gros	s month	ly income -	FY202	4 Incom	ne Guidelines
1 person	2 persor	1	3 perso	n		4 person
□ \$0 - \$1,225	🗆 \$0 - \$1,703] \$0 - \$2,152		□ \$0 - \$	\$2,600
🗆 \$1,226 - \$2,725	1,704 - \$3	,117 🗌] \$2,153 - \$3	3,504	□ \$2,60	01 - \$3,892

□ \$3,505 - \$5,842

🔲 \$3,893 - \$6,488

□ \$3,118- \$5,192

3 \$2,726 - \$4,542

□ \$4,543 - \$5,450	□ \$5,193 - \$6,230	□ \$5,843- \$7,010	□ \$6,489- \$7,785
□ \$5,451 - \$7,050	□ \$6,231- \$8,054	□ \$7,011 - \$9,063	□ \$7,786 - \$10,067
□ \$7,051 +	□ \$8,055 +	□ \$9,064 +	□ \$10,068 +
 Decline to State What is your gender? Male Transg 	(Check only one) gender Female to Ma	le 🛛 Gendergu	ieer/Gender Non-binary
□ Female □ Trans □ Declined/not state	gender Male to Fema d	le 🗆 Not listed	/Please specify:
What was your sex at	birth? (Check only on e □ Declined/not	-	
How do you describe y Straight/heterosexu Questioning/Unsurv Declined/not stated	ual 🛛 🗆 Bisexual e 🔹 🗆 Not listed	-	ian/Same-Gender Loving
Are you a U.S. Veterar	n? □ Yes	s 🗆 No	
Ethnicity: 🗆 Hispanic	or Latino 🛛 Not Hi	spanic or Latino	□ Declined/not stated
Race (Check all that a □ Caucasian/White □ Other Race Asian:	African America	n/Black 🛛 Americ	can Indian/Alaska Native
🗆 Asian Indian	🗆 Cambodian	Chines	se .
Filipino	□ Japanese	🗆 Koreai	
Laotian	☐ Vietnamese	Other /	Asian
Hawaiian/Other Pacifi Guamanian Other Pacific Island	🗆 Hawaiian	🗆 Samoa	งท
□ Decline to State Preferred spoken lang □ English □ M	_	tonese 🛛 Viet	tnamese 🗆 Japanese
□ Spanish □ D	ari/Farsi 🛛 🗌 Taga	alog 🛛 🗆 Oth	er
Preferred written lang □ English □ S	uage:	nslation is needed	

CONTINUED ON PAGE 3

NUTRITION SCREENING INITIATIVE

Read the statements below.

Г

Please CIRCLE THE NUMBER in the "YES" column for those that apply.

	YES
I have an illness or condition that made me change the kind and/or amount of food I eat.	2
I eat fewer than 2 meals per day.	3
I eat fewer than 2 servings (1/2 cup each) of fruits or vegetables each day. I eat less than 1 serving of milk or dairy products each day.	2
I regularly consume 3 or more alcoholic beverages each day.	2
I have trouble biting, chewing, or swallowing and/or I have tooth or mouth problems that make it hard for me to eat.	2
I don't always have enough money to buy the food I need.	4
I eat alone most of the time.	1
I take 3 or more different prescribed or over-the-counter medications a day.	1
Without wanting to, I have lost or gained 10 pounds in the last 6 months.	2
I am not always physically able to shop, cook and/or feed myself.	2
Score TOTAL	
Declined to State	

Please read and initial each item

- _____ Spectrum Senior Meals is an Older American's Act congregate nutrition program. The first priority is group dining. If I am unable to join for group dining, I may pick up a to-go meal offered with an online social activity. Both options are available with a \$4 suggested contribution.
- To cancel a reservation, I'll notify the site before the meal service time, enabling them to offer the meal to someone else. Ideally, I'll provide a 24-hour notice, but same-day communication is acceptable if necessary. Failure to notify multiple times will result in the cancellation of all future reservations.
- If I receive reusable containers for a to-go meal, I will follow the careful use guidelines and return all containers within 5 business days, whether or not I have a future reservation.

I have either completed this form myself or, if I had assistance, I have reviewed it to ensure that the information provided is true and accurate.

Date: ____

To be completed by Spectrum Office		
Received Date:	Ву:	
Entered into ServTracker Date:	Ву:	
Information Packet Mailed Date:		