

## Monthly Medical Plan Rates for Eligible Permanent Full-Time Employees

**Effective January 1, 2019**

Medical Plans	Bay Area Region*					
	Monthly Premium Cost			Monthly Employee Contribution		
	Employee Only	Employee + 1	Employee + 2 or more	Employee Only	Employee + 1	Employee + 2 or more
Anthem Select HMO	\$831.44	\$1,662.88	\$2,161.74	\$63.19	\$126.38	\$164.29
Anthem Traditional HMO	\$1,111.13	\$2,222.26	\$2,888.94	\$342.88	\$685.76	\$891.49
Blue Shield Access+ HMO**	\$970.90	\$1,941.80	\$2,524.34	\$202.65	\$405.30	\$526.89
Health Net SmartCare HMO	\$901.55	\$1,803.10	\$2,344.03	\$133.30	\$266.60	\$346.58
Kaiser (CA) HMO	\$768.25	\$1,536.50	\$1,997.45	\$0.00	\$0.00	\$0.00
PERS Choice	\$866.27	\$1,732.54	\$2,252.30	\$98.02	\$196.04	\$254.85
PERS Select	\$543.18	\$1,086.38	\$1,412.29	\$0.00	\$0.00	\$0.00
PERSCare	\$1,131.68	\$2,263.36	\$2,942.37	\$363.43	\$726.86	\$944.92
PORAC (POLICE ONLY)	\$774.00	\$1,623.00	\$2,076.00	\$5.75	\$86.50	\$78.55
Western Health Advantage	\$767.01	\$1,534.02	\$1,994.23	\$0.00	\$0.00	\$0.00

Medical Plans	Sacramento Area Region***					
	Monthly Premium Cost			Monthly Employee Contribution		
	Employee Only	Employee + 1	Employee + 2 or more	Employee Only	Employee + 1	Employee + 2 or more
Anthem Select HMO	\$946.14	\$1,892.28	\$2,459.96	\$177.89	\$355.78	\$462.51
Anthem Traditional HMO	\$1,178.79	\$2,357.58	\$3,064.85	\$410.54	\$821.08	\$1,067.40
Blue Shield Access+ HMO	\$881.01	\$1,762.02	\$2,290.63	\$112.76	\$225.52	\$293.18
Kaiser (CA) HMO	\$687.99	\$1,375.98	\$1,788.77	\$0.00	\$0.00	\$0.00
PERS Choice	\$798.58	\$1,597.16	\$2,076.31	\$30.33	\$60.66	\$78.86
PERS Select	\$508.68	\$1,017.36	\$1,322.57	\$0.00	\$0.00	\$0.00
PERSCare	\$1,027.99	\$2,055.98	\$2,672.77	\$259.74	\$519.48	\$675.32
PORAC (POLICE ONLY)	\$774.00	\$1,623.00	\$2,076.00	\$5.75	\$86.50	\$78.55
UnitedHealth Care HMO	\$928.85	\$1,857.70	\$2,415.01	\$160.60	\$321.20	\$417.56
Western Health Advantage	\$696.68	\$1,393.36	\$1,811.37	\$0.00	\$0.00	\$0.00

Medical Plans	Other Northern CA Region****					
	Monthly Premium Cost			Monthly Employee Contribution		
	Employee Only	Employee + 1	Employee + 2 or more	Employee Only	Employee + 1	Employee + 2 or more
Anthem Select HMO	\$592.23	\$1,184.46	\$1,539.80	\$0.00	\$0.00	\$0.00
Anthem Traditional HMO	\$1,334.38	\$2,668.76	\$3,469.39	\$566.13	\$1,132.26	\$1,471.94
Anthem EPO Del Norte PPO	\$866.95	\$1,733.90	\$2,254.07	\$98.70	\$197.40	\$256.62
Blue Shield Access+ HMO	\$976.81	\$1,953.62	\$2,539.71	\$208.56	\$417.12	\$542.26
BSC EPO	\$976.81	\$1,953.62	\$2,539.71	\$208.56	\$417.12	\$542.26
Kaiser (CA) HMO	\$783.13	\$1,566.26	\$2,036.14	\$14.88	\$29.76	\$38.69
PERS Choice	\$866.95	\$1,733.90	\$2,254.07	\$98.70	\$197.40	\$256.62
PERS Select	\$511.34	\$1,022.68	\$1,329.48	\$0.00	\$0.00	\$0.00
PERSCare	\$1,085.83	\$2,171.66	\$2,823.16	\$317.58	\$635.16	\$825.71
PORAC (POLICE ONLY)	\$774.00	\$1,623.00	\$2,076.00	\$5.75	\$86.50	\$78.55
Western Health Advantage	\$696.68	\$1,393.36	\$1,811.37	\$0.00	\$0.00	\$0.00

\* Alameda, Amador, Contra Costa, Marin, Napa, Nevada, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, Sutter, and Yuba

\*\* Blue Shield Access+ HMO is not offered in the following Bay Area Counties: Alameda, Contra Costa, Marin, San Francisco, San Mateo, Santa Clara, Solano, and Sonoma.

\*\*\* El Dorado, Placer, Sacramento, and Yolo

\*\*\*\*Alpine, Butte, Calaveras, Colusa, Del Norte, Glenn, Humboldt, Lake Lassen, Mariposa, Mendocino, Merced, Modoc, Mono, Monterey, Plumas, San Benito, Shasta, Sierra, Siskiyou, Stanislaus, Tehama, Trinity, and Tuolumne

**Monthly Medical Plan Rates for Eligible Permanent Full-Time Employees**  
**Effective January 1, 2019**

Medical Plans	Los Angeles CA Region*****					
	Monthly Premium Cost			Monthly Employee Contribution		
	Employee Only	Employee + 1	Employee + 2 or more	Employee Only	Employee + 1	Employee + 2 or more
Anthem Select HMO	\$627.07	\$1,254.14	\$1,630.38	\$0.00	\$0.00	\$0.00
Anthem Traditional HMO	\$878.48	\$1,756.96	\$2,284.05	\$110.23	\$220.46	\$286.60
Blue Shield Access+ HMO	\$669.75	\$1,339.50	\$1,741.35	\$0.00	\$0.00	\$0.00
Health Net Saludy Mas	\$356.50	\$713.00	\$926.00	\$0.00	\$0.00	\$0.00
Health Net Smart Care	\$584.27	\$1,168.54	\$1,519.10	\$0.00	\$0.00	\$0.00
Kaiser (CA) HMO	\$618.64	\$1,237.28	\$1,608.46	\$0.00	\$0.00	\$0.00
PERS Choice	\$654.50	\$1,309.00	\$1,701.70	\$0.00	\$0.00	\$0.00
PERS Select	\$420.77	\$841.54	\$1,094.00	\$0.00	\$0.00	\$0.00
PERSCare	\$843.78	\$1,687.56	\$2,193.83	\$75.53	\$151.06	\$196.38
PORAC	\$774.00	\$1,623.00	\$2,076.00	\$5.75	\$86.50	\$78.55
UnitedHealth Care HMO	\$669.61	\$1,339.22	\$1,740.99	\$0.00	\$0.00	\$0.00

Medical Plans	Other Southern CA Region*****					
	Monthly Premium Cost			Monthly Employee Contribution		
	Employee Only	Employee + 1	Employee + 2 or more	Employee Only	Employee + 1	Employee + 2 or more
Anthem Select HMO	\$625.07	\$1,250.14	\$1,625.18	\$0.00	\$0.00	\$0.00
Anthem Traditional HMO	\$830.89	\$1,661.78	\$2,160.31	\$62.64	\$125.28	\$162.86
Blue Shield Access+ HMO	\$760.04	\$1,520.08	\$1,976.10	\$0.00	\$0.00	\$0.00
Health Net Salud y Mas	\$427.81	\$855.62	\$1,112.31	\$0.00	\$0.00	\$0.00
Health Net Smart Care	\$642.74	\$1,285.42	\$1,671.05	\$0.00	\$0.00	\$0.00
Kaiser (CA) HMO	\$628.63	\$1,257.26	\$1,634.44	\$0.00	\$0.00	\$0.00
PERS Choice	\$721.11	\$1,442.22	\$1,874.89	\$0.00	\$0.00	\$0.00
PERS Select	\$462.71	\$925.42	\$1,203.05	\$0.00	\$0.00	\$0.00
PERSCare	\$907.29	\$1,814.58	\$2,358.95	\$139.04	\$278.08	\$361.50
PORAC	\$774.00	\$1,623.00	\$2,076.00	\$5.75	\$86.50	\$78.55
Sharp	\$593.66	\$1,187.32	\$1,543.52	\$0.00	\$0.00	\$0.00
UnitedHealth Care HMO	\$646.65	\$1,293.30	\$1,681.29	\$0.00	\$0.00	\$0.00

\*\*\*\*\* Los Angeles, San Bernardino, Ventura

\*\*\*\*\* Fresno, Imperial, Inyo, Kern, Kings, Madera, Riverside, Orange, San Diego, San Luis Obispo, Santa Barbara, Tulare